BOURNE LOSER?

DESPITE NEW LEADING MAN JEREMY RENNER, THE BOURNE LEGACY IS JUST ANOTHER CHASE MOVIE DISGUISED WITH SUPERSPY BAFFLEGAB, METRO'S REEL GUYS AGREE PAGE 25

VANCOUVER metro®

WEEKEND, August 10-12, 2012

News worth sharing.

metronews.ca | twitter.com/vancouvermetro| facebook.com/van

GL 湖濱海鮮酒家
Golden Lake SEAFOOD RESTAURANT

Dine In * Dinner 5pm-10pm
20% OFF Dim Sum 9am-11am (Mon-Fri)
天天茶市
10% OFF Pick up / Free Delivery
3555 East Hastings, Van, BC
604.298.2468

JUBILANT EMBRACE

Canadian women's soccer team members Emily Zurrer, rear, and Chelsea Stewart celebrate their Olympic bronze-medal victory against France at the London Games on Thursday. Canada won 1-0. More Olympics coverage, pages 38-40. HUSSEIN MALLA/THE ASSOCIATED PRESS

Freshman year

• Pan American bronze medallist Eric Sehn makes his Games debut at the 10-metre platform preliminary round Friday at 2 p.m. on Sportsnet. Another Canadian — Riley McCormick, an Olympic sophomore — is also vying for a finals spot

• James, Bryant, Durant — U.S. fans will be crushed if they deliver anything less than gold 3 EVENTS TO WATCH, PAGE 40

• Olympic athletes are nailing it in London with colourful mani-pedis. Check out the gallery at metronews.ca.

Better off Med

Pan-sautéed salmon over Mediterranean vegetables not only tastes sensational, but it's good for you PAGE 33

VancouverGold
Paying you the Highest Prices, Guaranteed.
Terms and Conditions can be found at www.VancouverGold.ca

Vancouver • 604.764.5134 • 254 West Broadway
Mon-Fri 9am-6pm , Sat 10am-5pm, Sun 11am-4pm
Surrey • 604.582.GOLD (4653) • 120-10362 King George Hwy
Mon-Fri 9am-5pm , Sat 10am-5pm
NEW! Richmond • 604.273.GOLD (4653) • 5951 No 3 Rd
Mon-Fri 10am-6pm, Sat 10am-5pm, Sun Closed
NEW! North Vancouver • 604.984.GOLD (4653) • 65 Lonsdale Ave
Mon-Fri 10am-6pm, Sat 10am-5pm, Sun Closed

5% Cash Bonus on Jewellery with this Coupon
Expires: August 24/2012.
One coupon per transaction.

Honest Friendly Transparent
www.vancouvergold.ca

fido

Discover our new affordable combos

Just choose the one that suits your needs. Our **three types of combos** match the right phone with the right plan to give you **great value**. Enjoy affordable text and talk with this one or **discover them all in store**.

Text & Talk

Plans from **$20** per month[1]

And a phone from $0
with 2-year Fido Agreement[2]

Includes the Fido ADVANTAGE™
FidoTRADE | FidoDOLLARS | *Fido LiveANSWERS*

FIDO STORES

ABBOTSFORD
32330 South Fraser Way, Unit 4
Meadow Fair Plaza
Seven Oaks Shopping Centre

BURNABY
Brentwood Mall
Crystal Mall
Lougheed Town Centre
Metrotown Centre

CHILLIWACK
Cottonwood Mall

DELTA
Scottsdale Mall

KELOWNA
Orchard Mall

LANGLEY
Willowbrook Shopping Mall

MAPLE RIDGE
Haney Place Mall

NEW WESTMINSTER
368 – 800 Carnarvon Street
Royal City Centre

NORTH VANCOUVER
Capilano Mall

PORT COQUITLAM
101A – 2748 Lougheed Highway
Coquitlam Centre

RICHMOND
4020 No 5 Road
Aberdeen Centre
Lansdowne Centre
Yaohan Centre

SURREY
135 – 17455 – 56th Avenue
12845 – 96th Avenue
9 – 3268 King George Blvd.
7488 King George Highway, Unit 505
7500 Scott Road, Unit 104
109 – 9385 – 120th Street
1 - 8388 – 128th Street
Central City Shopping Centre
Guildford Town Centre
Panorama Village Mall

VANCOUVER
2430 Commercial Drive
6338 Fraser Street
8269 Granville Street
215 Keefer Street
3189 Main Street
1209 Pacific Avenue
1211 Pacific Blvd.
481 Robson Street
6596 Victoria Drive
519 West Broadway
2959 West Broadway
Arbutus Village
Champlain Heights Mall
First Avenue Market, Unit 102
Kingsgate Mall
Oakridge Centre
Pacific Centre

FUTURE SHOP
BEST BUY
WIRELESSWAVE
booth wireless
WIRELESS etc...
LONDON DRUGS
COSTCO WHOLESALE
THE MOBILE SHOP
Walmart

Learn more about our new combos.
Visit a store, call **1-866-301-3436** or go to **fido.ca**.

Offers subject to change without notice. A one-time $35 Activation Fee applies; receive a credit for the entire amount of the $35 Activation Fee on your invoice with new activation on a 2- or 3-year Fido Agreement. Device savings recovery fees and/or service deactivation fee apply according to the terms of your agreement. **1.** Additional airtime, long distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra & billed monthly. Local airtime minutes only. Plans include messages sent from Canada to Canadian wireless numbers. Sent/received premium messages (alerts, messages related to content and promotions), sent international texts (except on select plans) and messages sent while roaming not included and charged at applicable rates. Subject to Fido Terms and Conditions & Acceptable Use Policy, **fido.ca/terms**. **2.** With new activation on a 2-year Fido Agreement on a Standard plan. Taxes extra. © 2012

Elections B.C. panel to study potential pitfalls of online voting

Looking to increase voter turnout. Two Canadian cities that have implemented online systems report mixed results

KATE WEBB
kate.webb@metronews.ca

Elections BC is looking for ways to click with more voters by possibly introducing online voting.

In his annual report published last fall, chief electoral officer Keith Archer asked the province to give him the power to introduce a variety of new voting technologies, including Internet voting, on a pilot basis.

The province announced Thursday it has asked him to convene an independent panel, which he will chair, to examine any potential technological and logistical barriers. Archer will select four other experts in technology, cryptography, Internet security and electoral administration to help him with his research.

"I think it's very exciting and we'll be really interested to see what the panel comes up with," said deputy chief electoral officer Nola Western.

"There's certainly a lot of interest, both at the election administrator level and by the public."

B.C. municipalities such as Nanaimo and Vancouver have expressed interest in piloting online-voting projects in hope of increasing their dismally low civic-election turnouts. So far none has gone ahead.

Halifax and Markham, Ont., have implemented online systems, with mixed results.

"Certainly it's something that people express hope (about), that Internet voting would increase turnout, but I'm not sure that that has been the actual experience in some places that have implemented it," Western said.

Antony Hodgson, president of Fair Voting B.C., a non-partisan non-profit aiming to enhance democracy through a number of measures, including electoral reform, said he has reservations.

"Voters should not be asked to trust a system they cannot monitor, so we approve of the goal of increasing turnout and voter participation, but do not believe at this point that online voting could be made sufficiently secure in the foreseeable future to be relied on in a public election," he said.

Online voting could one day be a reality in B.C. now that the government has asked Elections BC to look into the idea.
CONTRIBUTED/ISTOCK

Western assured that fully assessing security and authenticity threats will be among the panel's top priorities. She also conceded that increased accessibility, rather than voter turnout, is the most likely benefit of any online voting system the panel might recommend.

The panel is expected to hold its first meeting in late September or early October and work out a timeline for completion of its work.

Elections BC will create a website where the public can find out more about the panel and provide input.

Follow Kate Webb on Twitter @MetroK8

Homicide suspect allegedly crashes into police cruiser

Vancouver police Sgt. Randy Fincham briefs media Thursday.
ELIZABETH HAMES/FOR METRO

A suspect in Vancouver's latest homicide is in custody after he drove into a police cruiser on Thursday morning.

Police discovered the body of a man in his 50s in the back alley of an apartment building at 3433 Renfrew St. just after 9 p.m. Wednesday, said police spokesperson Sgt. Randy Fincham Thursday.

The victim had been stabbed multiple times, and a 911 caller reported hearing screams in the area just before officers arrived at the scene, he said.

Officers learned of a person of interest in the man's death later that evening, and by 4 a.m. they had spotted their suspect driving his car along Lougheed Highway at Boundary Road.

The man refused to stop, resulting in a brief pursuit that ended when he smashed into an oncoming police cruiser around East Broadway and Slocan Street, said Fincham.

The suspect was injured in the crash, and an officer suffered minor abrasions when his airbag deployed.

A 47-year-old Burnaby man was arrested and faces charges of dangerous driving, obstruction and driving while prohibited. He was also wanted on an outstanding Burnaby warrant for assault.

Although he is a suspect in Wednesday's suspicious death, he is currently facing no homicide-related charges.

Fincham said the deceased was a victim of a targeted attack, and he and the suspect knew each other.

The victim reportedly had dealings with police in the past, but he had no criminal record. The suspect's name will not be released until the dangerous driving charges are finalized in court.

ELIZABETH HAMES/FOR METRO

1 NEWS

Mobile news

The London zoo has been holding special animal athletic events to coincide with the Olympics. Scan the code to see who's king of this competitive jungle.

CHOONHA CHOODONG
日韓料理
KOREAN & JAPANESE FUSION RESTAURANT

BRAND NEW ALL YOU CAN EAT MENU
Large Kirin Beer *(with all you can eat menu)* for just $5.49
$13.95 Lunch: 11am - 2:30pm (Children under 4 eat free)
$23.95 Dinner: 5pm - 10:30pm (Children under 4 eat free)

- Korean Style BBQ, Creative Sushi & Fresh Sashimi
- 13 Private rooms + Karaoke Room Available

BIRTHDAY SPECIAL
Birthday person eats free when group includes 8 or more paid meals.

604.874.4131 • 36 EAST BROADWAY, VANCOUVER BC

Marpole Midden.
Musqueam land dispute nearing 100 days

Despite the optimism of B.C.'s minister for aboriginal relations that a land dispute over Marpole Midden will be resolved, members of the Musqueam First Nation are going ahead with a planned march to mark 100 days of protest at the disrupted site.

Minister Mary Polak said the more than $16 million offered to the Musqueam band for three pieces of land would be enough for them to buy the Marpole Midden — a traditional Musqueam village site on South Marine Drive by the Arthur Laing Bridge — from the condo developer.

"We've accelerated the payments of cash so that transfer of title can happen even sooner than it would have originally planned," she said Thursday.

But Musqueam band spokeswoman Cecilia Point said they will march on Thursday and are also planning to send a petition — with 3,000 signatures — to Premier Christy Clark's constituency office.

Musqueam Chief Ernest Campbell visits the Marpole Midden site on Thursday. PHYLICIA TORREVILLAS/METRO

Band member Rhiannon Bennett said the money given to them by the province is from separate deals that have been in the works for a long time.

"We are choosing to redirect that money to buy back our land," she said. "That's how we're choosing to spend our money. That is not money they're providing for us from the goodness of their hearts so we can buy it back."

PHYLICIA TORREVILLAS/METRO

Identity twist? NYC hammer attacker may have used local man's name

When a Spanish tourist was abruptly pummelled in the head by a hammer-wielding stranger on a New York City park bench last week, there seemed to be little mystery about who attacked him — a suspect was arrested nearby and confessed, authorities said.

Now the case may not be so straightforward: Prosecutors are investigating whether the suspect gave authorities a phony name after a Vancouver chess master told them he believes the man is using his identity.

John C. Yoos, 43, says he knew nothing about the attack until a friend contacted him on Monday after seeing a news report. The friend thought it was odd that a man with the same name and age had been arrested, Yoos said. He looked at photos accompanying news stories and recognized the suspect as an acquaintance from years ago.

"It's a little bit disconcerting because, obviously, it's been widely reported. It's my name and my age on it," he said. "I'd be very happy if this was clarified soon — that this is not, in fact, me."

Yoos, a U.S. citizen, said he was told the man also gave his Social Security number. At the moment, the suspect is being held without bail on attempted murder and other charges relating to the hammer attack.

THE ASSOCIATED PRESS

Not so smart meters

Hydro proposes meter fix

BC Hydro says homeowners must share responsibility for electrical safety after two recent fires that followed the installation of smart meters. A cracked meter base plate, or socket, may be the cause of at least one of the fires. Hydro says owners are responsible for the socket, but if installers find problems with the equipment the utility will fix it at no cost to the owner. THE CANADIAN PRESS

Surrey

Teen arrested for bus groping

A 17-year-old boy is charged with sexual assault after a woman was fondled on a bus in Surrey. The incident happened on July 24 when a woman said a man sat beside her and placed his hands on her inner leg before getting off the bus and disappearing. The woman was riding the same bus Tuesday morning when she spotted him again and called the Transit Police.

THE CANADIAN PRESS

From left, Christine Sinclair, Sophie Schmidt, and Melissa Tancredi smile on the victory podium after being presented with their bronze medals on Thursday after their Olympic soccer match in Coventry, England. FRANK GUNN/THE CANADIAN PRESS

Bronze as good as gold for hero's hometown club

Role model. Club president hopes Christine Sinclair's feats on the pitch will inspire other girls to take up soccer

PHYLICIA TORREVILLAS
phylicia.torrevillas@metronews.ca

The soccer club where Team Canada captain Christine Sinclair started her illustrious career will benefit from the team's bronze-medal finish at the Olympics, the club president says.

Sinclair, of Burnaby, was the tournament's leading scorer, with six goals, and led the squad to Canada's first Olympic medal in a traditional summer team sport since 1936.

Sinclair scored three times in Canada's heartbreaking and controversial semifinal loss to the United States.

If the Twitterverse has its way, Sinclair will be the top choice for closing ceremony flag-bearer.

Zeljko Cecic, president of the Burnaby Girls Soccer Club, says they are proud of Sinclair, who led the club to six league titles, five provincial titles and two top-five national finishes. He hopes Sinclair's achievements will encourage other young girls to take up the sport.

Best foot forward

"Many of the players at Burnaby Girls Soccer Club consider Christine Sinclair to be their soccer hero."

Zeljko Cecic, president of the Burnaby Girls Soccer Club

"All the national-team players serve as great role models for our young players," he said on Thursday. "Many of the players at Burnaby Girls Soccer Club consider Christine Sinclair to be their soccer hero.

"The bronze medal demonstrates the strength of Canada's grassroots girls' soccer programs and hopefully will encourage spectators to put on their soccer cleats and experience the thrill and camaraderie we observed with the national team at the Olympic tournament," he added.

Cecic said he's sure young girls who look up to Sinclair and who have watched her great performance will be inspired and boost registration in the club.

"The mental toughness and determination she demonstrated in the Olympic tournament will further strengthen the bond with Christine Sinclair," he said.

Follow Phylicia Torrevillas on Twitter @ptorrevillas

Randall Hopley arrives at court in Cranbrook on Thursday.
BILL GRAVELAND/THE CANADIAN PRESS

Judge orders psychiatric assessment for child abductor

Admitted child abductor Randall Hopley "made the bogeyman real," a British Columbia judge said Thursday as she ordered a psychiatric assessment for the man.

B.C. Supreme Court Justice Heather Holmes ordered a 60-day assessment to determine whether Hopley should be labelled a dangerous or long-term offender.

Hopley, 47, kidnapped three-year-old Kienan Hebert from his home in Sparwood last September, only to return him unharmed several days later.

Holmes said Kienan and his family appear to have moved on from the ordeal, but she said the impact of Hopley's crimes could have been far worse.

"In my view, common experience tells us there's nothing more frightening to parents than to lose a child," Holmes told the court.

"Mr. Hopley made the bogeyman real in their home. It seems like victims of such an event will never feel safe in their home again."

The judge noted the Hebert family decided not to file a victim-impact statement.

"Mr. Hopley was lucky in his choice of victims," Holmes said. "The family was able to cope and move forward."

THE CANADIAN PRESS

Traveller's spirit and Scotiabank support help Shanghai native start Canadian journey

As the operator of a Shanghai travel agency, Yuxiang Zhang had a love of travel that he put to the test when he decided to move to Canada. But when he faced worries about this colossal trip, he discovered how Scotiabank's multinational team and services can provide a smooth landing.

Mr. Zhang's personal journey began after he visited Becky, his only daughter, who had migrated to Canada in 1999. Seeing how she was enjoying her life in a friendly, multicultural country he decided to become a family class immigrant.

"I was excited to join my daughter, but I was also unsure about the details, such as how would I move forward without speaking English?" says Mr. Zhang, who also wondered about practical issues such as the process to transfer money to a Canadian bank.

Fortunately, Becky convinced him to attend an immigration seminar in Shanghai, hosted by Scotiabank and The Cross-Cultural Community Services Association, where Bank officials answered every question, ranging from the Canadian job market to government services. He also learned about the ***Scotiabank StartRight***® Program[1] for Newcomers, which includes a free day-to-day bank account for one year[2], a wide range of credit card options[3] and a number of other customized services and benefits.

"Before the workshop, I was very worried, but after I felt relieved, and it gave me the courage to move forward," recounts Mr. Zhang, who arranged for his Canadian and U.S dollar bank accounts with Scotiabank, and applied for a credit card, while still in Shanghai, through the Bank's partnership with China Everbright Bank.

After landing in Toronto in late 2009, Mr. Zhang went alone to the Scotiabank branch at the Steeles and Silverstar location to activate his accounts. Speaking only Mandarin and Russian, he wasn't sure how things would go. Luckily, he was greeted by Isa Ho, Branch Manager, and her multilingual staff. "Surprisingly, it went well, and my accounts and debit card were ready, and my credit card came within a week," marvels Mr. Zhang.

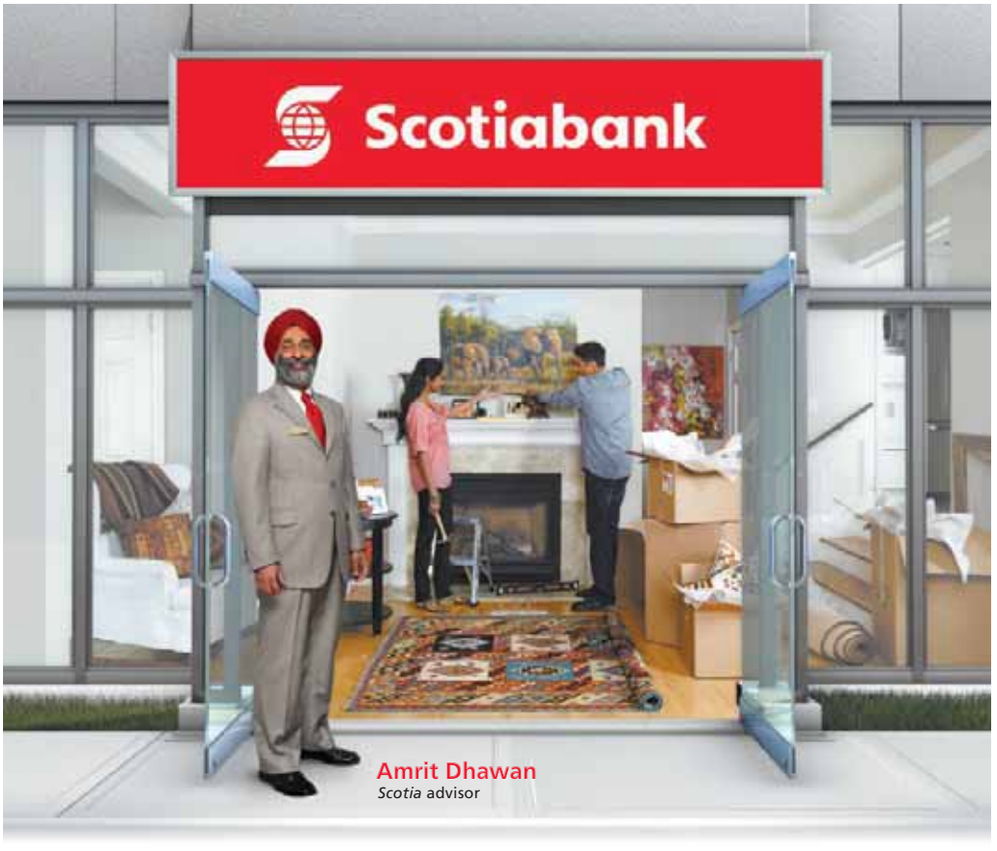
Isa, a Canadian immigrant who speaks both Cantonese and Mandarin, is well-prepared to serve newcomers. She often calls them long distance before they move, to help them prepare. "I tell them about banking options and what are the best schools for their kids," says Isa, a 32-year veteran of Scotiabank, who still remembers first seeing donuts when she arrived. "When they get here, we answer their questions about Canadian customs, and explain about banking in Canada. Also, since many newcomers want to buy a home, we educate them on Canadian mortgages and how to avoid credit mistakes."

Today, Mr. Zhang is enjoying life in Canada, and whenever he has the chance, he speaks to others about the opportunities in Canada and "the friendly, open and trustworthy service I experience at Scotiabank."

That's good news for Isa Ho who teaches her Scotiabank team to, "Welcome every newcomer with a smile, speak their language, and serve them with our hearts."

With Scotiabank's help, Mr. Yuxiang Zhang is discovering a world of opportunities in Canada.

THIS ADVERTORIAL IS PREPARED BY SCOTIABANK®.



"Amrit helped open the door to our new home in Canada."

The ***Scotiabank StartRight***® Program[1], specially designed for newcomers, makes owning your home a reality.[2] Let one of our knowledgeable *Scotia*® advisors show you how.

Start Right Here. Find your nearest Scotiabank branch, visit scotiabank.com/startright or call 1-866-800-5159.

Scotiabank StartRight® PROGRAM FOR NEWCOMERS

BANKING • ESTABLISHING CREDIT • OWNING YOUR HOME • SAVING

1. The *Scotiabank StartRight* Program, created for Canadian Landed Immigrants from 0–3 years in Canada, International Students and Foreign Workers. The *Scotiabank StartRight* Mortgage Program, created for Canadian Landed Immigrants and Foreign Workers from 0–5 years in Canada.
2. Offer available for one year when you open a new *Scotia One*™ account with Scotiabank. Free banking means that we will waive your Monthly Account Fee only. All other fees not covered by your banking package will continue to apply, including additional fees charged by other financial institutions and access fees to use non-Scotiabank banking machines (e.g., *Interac*®*, VISA* or PLUS* fees). Cardholder service fees continue to apply for using cross border debit service. Please see the Day-to-Day Banking Companion Booklet for further details about these services and fees.
3. Subject to meeting Scotiabank's credit criteria and security requirements. An unsecured VISA card may be available up to certain credit limits; a secured VISA card requires security equal to 100% of approved credit limit for Foreign Workers and Permanent Residents and 120% of approved credit limit for International Students. VISA card security can be cash security, Canada Savings Bonds or Guaranteed Investment Certificate. In addition, to be eligible for a personal borrowing product, you must be a Canadian resident and have reached the age of majority.

® Registered trademarks of the Bank of Nova Scotia.
™ Trademark of the Bank of Nova Scotia.
* VISA Int/Lic. User The Bank of Nova Scotia
** Interac Inc. owner of mark *Interac*. The Bank of Nova Scotia is an authorized user of the trademark.

® Registered trademarks of The Bank of Nova Scotia.
1. The *Scotiabank StartRight* Program, created for Canadian Landed Immigrants from 0–3 years in Canada, International Students and Foreign Workers. The *Scotiabank StartRight* Mortgage Program, created for Canadian Landed Immigrants and Foreign Workers from 0-5 years in Canada.
2. Applicable to residential mortgages only and subject to Scotiabank lending criteria for residential properties. CMHC/Genworth Financial Canada mortgage default insurance may be required for Loan to Value ratios (LVRs) greater than 50% to a maximum of 95%. Maximum LVRs available may be less than 95%.

Virus devastates stock at two B.C. fish farms

More than 500 tonnes of young salmon are heading to the rendering plant after a deadly fish virus was found at two separate B.C. farms.

The Canadian Food Inspection Agency (CFIA) confirmed Tuesday that both Mainstream Canada's Miller Channel farm and Grieg Seafoods' Culloden Point farm are contaminated with infectious hematopoietic necrosis virus (IHN).

Grieg Seafoods says there are about 150 tonnes of Atlantic salmon at its infected Jarvis Inlet site near Campbell River. Mainstream Canada's problem farm at Clayoquot Sound houses about 400 tonnes of Atlantic salmon. The CFIA has ordered both companies to cull all the fish at those farms to contain the disease.

Not all salmon at the Grieg Seafood farm carry the virus, but Stewart Hawthorn, managing director, said "the humane thing to do" is to cull the fish before they get sick.

Dr. Gary Marty, fish pathologist with the B.C. Ministry of Agriculture, said infected Atlantic salmon lose most or all of their blood-producing cells, making them unable to oxygenate their blood or fend off disease. Fish then become lethargic, with a swollen belly, bulging eyes and hemorrhaging at the fins.

Quoted

"This happens to be the year of IHN."

Laurie Jensen, spokesperson for Mainstream Canada

Marty said it's likely the farmed salmon contracted the disease from wild salmon, which are naturally immune to the disease. The only other possible cause, he said, would be if someone deliberately infected the Atlantic salmon with the disease.

It's the second time this year Mainstream Canada has had to remove all its fish from an IHN-infected site in Clayoquot. The company's Dixon Bay farm tested positive for the virus in May.

ELIZABETH HAMES/FOR METRO

Hundreds gang up on a water balloonist during last year's water fight in Stanley Park. CONTRIBUTED/JEROME KASHETSKY

Splashing out. Get set for Vancouver's Largest Waterfight

Hundreds of gleeful people in bathing suits and flip-flops will charge, water guns blazing, at Lumberman's Arch in Stanley Park Saturday for a wet and wild annual flash mob known as Vancouver's Largest Waterfight.

Jimmy Dean, a warehouse worker who is one of the organizers, said 300 to 500 people are expected to attend for the seventh year running. The only rules are to be safe and not leave any mess behind.

"It's a free, family-fun event. It's about community gathering, having fun and getting wet, and teamwork as well, because a lot of people like to put little teams together," he said.

"Every year the park rangers in Stanley Park come and attend and they usually watch over, and they're usually smiling from ear to ear."

Dean, a water-fight veteran who has just purchased a brand new arsenal for this year, offered some tips for first-timers.

"A bigger gun is a better gun," he said. "There's lots of water to refill — the whole park is going, so water is unlimited. And dodge the water balloons, because there's always someone who brings water balloons."

Quoted

"Every year the park rangers in Stanley Park come and attend and ... they're usually smiling from ear to ear."

Jimmy Dean, one of the water fight's organizers

He'll be packing a battery-powered two-litre Super Soaker water cannon, freeing up his other hand to brandish a smaller pistol "for close range."

The original date set for last month got rained out, but with Saturday's forecast looking sunny with a high of 24 C, this one could last for hours. It starts at 1 p.m. and Dean recommends arriving before 2:30 to soak up the peak of the madness, but he said in past years it has lasted as late as 5.

For details, search for "Vancouver's Largest Waterfight! (re-do!)" on Facebook.

KATE WEBB/METRO

A morning receipt for an afternoon treat.

Just $2 Plus tax

July 30 – August 26

Keep this morning's receipt and return after 1pm to enjoy a $2† Grande Cold Beverage that is made just for you.

starbucks.ca/treatreceipt

† Plus tax. Save your morning Starbucks receipt (prior to 12:59pm), bring it back the same day after 1:00pm to a participating store and get any handcrafted Grande (473 ml) cold drink (Frappuccino® blended beverages, Starbucks Refreshers™ beverages, Iced Tea, Iced Coffee, Smoothies) for $2.00 plus tax. Offer valid 7/30/12–8/26/12. Not valid with other offers or discounts. Not valid if transferred, copied or reproduced.
©2012 Starbucks Coffee Company. All rights reserved.

Glacier National Park

Father dies in mountain fall

The RCMP say a mountain climber is dead and another is injured after a father and son fell during an excursion on a B.C. mountain.

The climbers, aged 22 and 52, were on Mount Rogers in Glacier National Park near Golden on Wednesday.

The Mounties say the climbers were descending the mountain when they slipped in the snow, eventually falling 10 metres into a crevasse in the ice. The father died, while the son survived and managed to contact help.

THE CANADIAN PRESS

Mission

Ferndale locked down following contraband find

Prisoners at the minimum-security Ferndale institution in Mission were locked in their cells Thursday after a search turned up thousands of dollars in contraband.

Officials say steroids and other unauthorized items worth nearly $3,000 were seized during a search. There's no word whether any charges are being considered.

Nearly 200 prisoners live in the residential-style units at the Fraser Valley facility. THE CANADIAN PRESS

Can you record shows on the go?

You can with Optik TV.™

You can set your PVR from your smartphone so you never have to worry about getting home on time.

Get Optik TV from $20 /mo. for the first 6 months in a bundle.*

Optik TV. The best in entertainment.

Call **310-MYTV (6988)**, go to **telus.com/optiktv** or visit an **authorized dealer**.

TELUS

the future is friendly®

TELUS AUTHORIZED DEALERS

Vancouver
Bentall Tower Three
Oakridge Centre
Pacific Centre
2163 West 4th Ave.
2338 Cambie St.
925 West Georgia St.
689 Thurlow St.
1855 Burrard St.
3121 West Broadway
2748 Rupert St.
950 West Broadway
1707 Robson St.
1092 Kingsway
625 Howe St.
551 Robson St.

Abbotsford
Sevenoaks Shopping Centre
32915 South Fraser Way
2142 Clearbrook Rd.
2602 Mt. Lehman Rd.
32465 South Fraser Way
2140 Sumas Way

Aldergrove
26310 Fraser Hwy.

Burnaby
Brentwood Mall
Crystal Square
Lougheed Mall
Metropolis at Metrotown
4501 North Rd.
4711 Kingsway
3855 Henning Dr.
3430 Brighton Ave.

Chilliwack
Cottonwood Mall
Eagle Landing
45300 Luckakuck Way
7544 Vedder Rd.

Cloverdale
17725 64th Ave.

Coquitlam
Coquitlam Centre
3278 Westwood St.
3000 Lougheed Hwy.
2988 Glen Dr.
1071 Austin Ave.
2700B Barnet Hwy.

Delta
Scottsdale Centre
7235 120th St.
1517 56th St.

Langley
Walnut Grove Town Centre
Willowbrook Shopping Centre
19638 Fraser Hwy.
19700 Langley Bypass
20159 88th Ave.
20202 66th Ave.

Maple Ridge
Haney Place Mall
22661 Lougheed Hwy.

Mission
32670 Lougheed Hwy.
32555 London Ave.

New Westminster
Royal City Centre

North Vancouver
Capilano Mall
Lynn Valley Centre
1295 Marine Dr.
1801 Lonsdale Ave.
1392 Main St.

Pitt Meadows
19800 Lougheed Hwy.

Richmond
Admiralty Centre Mall
Ironwood Mall
Parker Place
Richmond Centre
12571 Bridgeport Rd.

Surrey
Central City Shopping Centre
Grandview Corners
Guildford Town Centre
13734 104th Ave.
12477 88th Ave.
7380 King George Hwy.
15325 Hwy. 10
15925 Fraser Hwy.

West Vancouver
Park Royal Shopping Centre

White Rock
Semiahmoo Shopping Centre
3189 King George Hwy.

*Offer available until August 14, 2012, to residential customers who have not subscribed within the past 90 days to TELUS TV. Final eligibility for service will be determined by a TELUS representative. Minimum system requirements apply. TELUS home services bundle required. TV service includes the Essentials, required for all Optik TV subscriptions. Regular rate (currently $26/month) starts on month 7. TELUS reserves the right to modify regular rates without notice. TELUS, the TELUS logo, Optik TV and the future is friendly are trademarks of TELUS Corporation, used under licence. Samsung and the Samsung logo are trademarks or registered trademarks of Samsung Canada. © 2012 TELUS.

Dirty job. Divers recover leaky generator ahead of Shoreline Cleanup

A dive team scouring the sea floor surrounding North Vancouver's Cates Park Thursday hauled up an old generator that was leaking oil and gas into the Burrard Inlet.

The dive was part of an effort to raise awareness about the upcoming Great Canadian Shoreline Cleanup, which runs Sept. 15 to 23.

They also recovered a rusty cellphone, the components of which are toxic when not properly disposed of, and four abandoned crab traps with live crabs inside them, which would have died had the divers not set them free.

Last year, volunteers with the Great Canadian Shoreline Cleanup collected more than 140,000 kilograms of garbage from ocean and lake shores across the country. For info or to sign up, visit shorelinecleanup.ca.

KATE WEBB/METRO

Vancouver Aquarium diving safety officer Jeremy Heywood shows debris found in the Burrard Inlet. VANCOUVER AQUARIUM/WWF

Nanaimo

Sticky fingers?

A former bank manager has been charged with theft and fraud. Police allege Frederick Scott Deering, 48, stole $60,000 from dormant accounts while working at TD Canada Trust. THE CANADIAN PRESS

Sun Peaks

Ruling overturned

A ruling that the provincial government failed to adequately consult a First Nation about the incorporation of the Sun Peaks ski resort has been overturned by the B.C. Court of Appeal. THE CANADIAN PRESS

Brits get a load of Spandy

Comedy Olympics. Vancouver street performer heads across the pond

PHYLICIA TORREVILLAS
phylicia.torrevillas@metronews.ca

Spandy Andy knows how to make a splash.

Vancouver's most noted street performer brought his zany moves and his popular tight, bright and tiny spandex to perform for onlookers enjoying their Summer Olympics experience.

The 25-year-old busker created a new YouTube video, which features his crazy dancing in some very popular spots in London.

"The most exciting part of my adventure so far was my bellyflop into the Buckingham Palace fountain," Spandy told Metro Thursday. "It was such a fun finish after a big dance in the sun for hundreds of onlookers."

Spandy also danced by the London Eye, in Trafalgar Square and his YouTube video features double-decker buses, the Olympic countdown clock and the Olympics rings.

Vancouver street performer Spandy Andy is in London busking. SHANE OOSTERHOFF/CONTRIBUTED

"When performing in my 'budgy smugglers,' I've gotten a lot of unique reactions," he said. "From whistles to threats, I've heard it all."

"It's also been difficult finding a spot to perform," he added. "At every spot, police or security have stopped me within the first few songs. I finally found a place I can perform, the Camden Market."

Although he's had a few brushes with the law, he said it's worth it to make the spectators smile.

"I've seen lots of Canadians and I've been recognized by other Vancouverites visiting London," he said. "Lots of high-fives."

"I also love the international audiences," he added. "Dance is definitely an international language."

HELPFUL GUY-VICE:
YOU JUST GOT A GREAT DEAL ON MGD. HIGH FIVE, FIST POUND OR GUY HUG. NEVER FULLY EMBRACE.
GREAT TASTING MGD NOW ON SALE FOR A GREAT PRICE.
*Must be legal drinking age. Available at participating retail stores while supplies last.
MILLERGENUINEDRAFT.CA

Dueck Auto Group NOBODY BEATS A DUECK DEAL!

HUGE SUMMER SAVINGS

A NEW 2012 CHEVROLET CRUZE OR SONIC FOR ONLY $93 BI-WEEKLY $0 DOWN

2012 CHEVROLET CRUZE LS

#2CR5195, **10 airbags, 5 yr 160,000 km warranty, power windows, power locks, keyless entry**

$14,965

BI-WEEKLY $93
PAYMENT BASED ON 3.49% FOR 84 MONTHS

52 MPG Highway
3.4L/100km hwy/8.2L/100km city

0% financing for 84 months or 0% lease for 48 months on LT and LTZ models

2012 CHEVROLET SONIC LS

#2SO0599, **Remote keyless entry, tilt steering, 5 yr. 160,000 km. warranty, traction control, OnStar**

$14,965

BI-WEEKLY $93
PAYMENT BASED ON 3.49% FOR 84 MONTHS

0% financing for 84 months or 0% lease for 48 months on LT and LTZ models

2012 CHEVROLET ORLANDO LS

#2QR2144, **Best fuel economy on any 7 seater, OnStar, XM radio, 2.4L DOHC, 6 spd. manual.**

$19,250

BI-WEEKLY $119
PAYMENT BASED ON 3.49% FOR 84 MONTHS

0% finance for 84 months available on 2LT and LTZ models

2012 CHEVROLET EQUINOX LS FWD

#2EQ4915, **Automatic trans., Bluetooth, OnStar, 5 yr 160,000 km warr. Power windows, locks, keyless entry**

$25,910

BI-WEEKLY $155
PAYMENT BASED ON 2.49% FOR 84 MONTHS

0% finance for 84 months available on LT and LTZ models

50 MPG Highway
5.6L/100km hwy/12.2L/100km city

CHEVROLET Cadillac GMC BUICK

Dueck GM Downtown
888 Terminal Avenue, Vancouver
1.866.232.8972
www.dueckdowntown.com

Dueck GM on Marine
400 SE Marine Dr, Vancouver
1.866.228.8996
www.dueckonmarine.com

Dueck GM Richmond
12100 Featherstone Way, Richmond
1.866.328.0483
www.dueckrichmond.com

SHOP 24/7 AT dueckgm.com

Come Early! Beat the RUSH!! Get the best selection!!

*Prices net of all rebates, incentives and GM customer loyalty programs. Price does not include reg. fee of $549 Tax and levies due upon, Taxes due upon signing. Gas ratings are estimated Highway. Specific offers may apply to select models and cannot be combined or redeemed as cash. *First 2 bi-weekly payments up to a max $500 on any new vehicle.

Must pass pregnancy test.
U.S. school changes rule after it's said to have violated law

A U.S. school is changing a policy that kicked pregnant students out of class and required them to be taught at home, the school's board chairman said Wednesday.

No one at Delhi Charter School in rural Louisiana realized there was anything wrong with the policy until the American Civil Liberties Union's state chapter threatened to sue, said chairman Albert Christman.

The policy has gotten "everybody up in a roar," he said.

The school required students who were suspected of being pregnant to take a pregnancy test. If they refused, or tested positive, they had to be home-schooled. The ACLU said the policy violated Title IX of the 1972 federal education law, which requires equal opportunities for both sexes.

Too many schools do not realize pregnant students should receive equal treatment, the National Women's Law Center said in a June report.

"Despite enormous advances for women and girls in education since 1972, schools across the country continue to bar pregnant and parenting students from activities, kick them out of school, pressure them to attend alternative programs, and penalize them for pregnancy-related absences," the law centre said in the report.

Louisiana Department of Education spokesman Barry Landry said he did not know the state's policies for pregnant students.

THE ASSOCIATED PRESS

Teen moms

- Fatima Goss Graves of the National Women's Law Center said she had never seen a school policy "that said you must take a pregnancy test in order to attend school. Or one that pushes, so overtly, students out."
- Albert Christman, the Delhi school board chairman, said "just a handful" of students were affected by the policy, which dates to 2006.

Supporters awaiting Pussy Riot verdict

Masked activists demonstrate in support of members of the feminist punk group Pussy Riot in front of the Russian Embassy in Berlin Thursday. Prosecutors in Russia on Tuesday called for three-year prison sentences for the women who gave an impromptu performance in Moscow's main cathedral to call for an end to Vladimir Putin's rule, in a case that has caused international outrage and split Russian society. OLIVER LANG/DAPD/THE ASSOCIATED PRESS

Surveillance testing

Balloons inflate border-patrol agents' hopes

Something new will soon be floating in the skies above the Texas-Mexico border as federal authorities test balloon-like military surveillance devices to see if they might help with border monitoring. U.S. Border Patrol spokesman Henry Mendiola says the large, tethered devices called aerostats likely will take flight by Friday in the Rio Grande Valley. He could not say how many there would be nor how long testing would last. THE ASSOCIATED PRESS

New York's sex scene

City the buzz kill to vibrator promo

A vibrator giveaway that attracted long lines in New York City came to an abrupt end when the city told the promoters to pack it up. The Trojan condom company set up "Pleasure Carts" on Wednesday in two Manhattan neighbourhoods, and were set to give away 10,000 vibrating sex toys. THE ASSOCIATED PRESS

RBC Royal Bank

STUDENTS
WIN* $1,000
EVERY DAY.

Get an eligible student bank account, credit card or line of credit to enter^.

rbc.com/studentwin

Advice you can bank on™

TM

* No purchase necessary. Contest runs from July 3, 2012 to September 30, 2012. Weekly draws begin July 6, 2012. Winners will be announced starting on July 11, 2012 and throughout the Contest Period. Correct answer to skill testing question required. For full Contest rules and how to enter without purchase, please visit rbc.com/rules. ^ Eligible products include the RBC Student Banking® account, RBC No Limit Banking for Students® account, any RBC Royal Bank® credit card with a valid graduation date, and the Royal Credit Line® for Students. Credit cards are subject to credit approval. Personal lending products are provided by Royal Bank of Canada and are subject to its standard lending criteria. Some conditions and restrictions apply. To get a list of eligible credit cards for students, please visit: www.rbc.com/studentcards.
® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. VPS68959

HUGE SALE!!!

MASSIVE PRE OWNED BLOWOUT PRICING AS LOW AS $499

WHOLESALE TO THE PUBLIC AUGUST 8TH TO 12TH

2012 MODEL CLEAROUT

FREE LIFETIME OIL, LUBE & FILTER

FREE LIFETIME CAR WASHES

RICHMOND SUBARU

OPEN SUNDAY 11 - 5 PM

3511 NO. 3 ROAD RICHMOND 604-273-0333 www.richmondsubaru.com

Russia. PM says someone must take rap for latest bungled space launch

Russia's Prime Minister Dmitry Medvedev said Thursday that this week's failed space launch has dented the nation's prestige and that those to blame must be held responsible.

A Proton-M booster rocket launched Monday failed to place two communications satellites into target orbits, a mishap that followed several other botched launches.

An official investigation is underway.

Medvedev said Thursday the failure could have been caused by "traditional sloppiness."

He says he will chair a government meeting next week to look into the case and name those responsible for the failure.

"We can't tolerate that any longer," Medvedev said at the start of a Cabinet session. "We are losing our prestige and billions of rubles."

Russia's space program has suffered a series of humiliating failures blamed on manufacturing flaws and engineering mistakes.

They included the loss of a robotic probe designed to study a moon of Mars that was launched in November and eventually came crashing down in January.

In August 2011, a Soyuz booster rocket failed, raising the prospect of leaving the space outpost unmanned.

THE ASSOCIATED PRESS

Wounded prestige

Officials said the failed launches were rooted in the post-Soviet industrial meltdown that has badly hurt a once-proud space program, stymying its modernization. Despite a steady increase of funding thanks to oil revenues, Russia's space industries continue to rely on outdated equipment and an aging workforce, and quality standards have degraded.

- Recent failures followed other botched launches. Russia lost three navigation satellites in 2010, a military satellite in 2011 and a telecommunications satellite that year.

NASA's photo-snapping rover Curiosity at work on Mars

Curiosity returned another postcard from Mars as it begins a two-year mission. This image provided on Thursday by NASA shows a portion of the first 360-degree colour panorama of Gale Crater. The panorama was stitched together using thumbnail images taken by the rover's mast camera. Curiosity landed in Gale Crater last Sunday. The craft is the most complex rover ever designed, and NASA says it's behaving "basically flawlessly."

NASA/THE ASSOCIATED PRESS

NASA prototype crashes

Would-be moon lander soon to land in scrap heap

A prototype NASA lander crashed and burned in a test flight at Kennedy Space Center in Florida.

NASA says it appears that the methane-powered Morpheus lander is a total loss.

Nobody was hurt in the unmanned test Thursday.

Video shows the spider-like vehicle taking off and seconds later tilting and crashing to the ground. It was built with low-cost equipment.

THE ASSOCIATED PRESS

Five-fold increase

New swine-flu strain linked to fairs

Don't pet the pigs.

That's the message state and county-fair visitors got Thursday from health officials who reported a five-fold increase in cases of a new strain of swine flu that spreads from pigs to people.

Most of the cases are linked to fairs, where visitors are in close contact with infected pigs.

This flu has mild symptoms and it's not really spreading from person to person. Health officials say it's not a pandemic situation. THE ASSOCIATED PRESS

Limited time offer!

LESS THAN $1 A DAY

$25/mo UNLIMITED Data + Talk + Text

7-Day Money-Back Guarantee. Try us today.

mobilicity.ca

Taxes are extra. Limited time offer. Offer/Credit valid only while customer is on automatic monthly payments (preauthorized credit/debit payment). Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones. Premium and special numbers are excluded. 7 Day Money Back Guarantee is non-transferable, requires original receipt and applies only if phone/accessories/packaging are returned in as-new resalable condition and if usage does not exceed any of 30 minutes, 30 text messages or 1 MB of data. No refund on SIM card purchased with a services-only purchase. See Service Terms and Conditions for more details (mobilicity.ca/terms-of-use). Additional terms and conditions apply. Subject to change without notice. © 2012 Mobilicity. 'Mobilicity', 'Now that's smart.', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

mobilicity™
Now that's **smart.**

Mobilicity Stores

Burnaby
Station Square
Crystal Mall

Delta
8673 120th St, Unit B

Richmond
Aberdeen Centre
Admiralty Centre
Lansdowne Centre
Presidents Plaza

Surrey
Central City
Guildford Town Centre

Vancouver
1641 Commercial Dr, Unit 105
568 Dunsmuir St
6330 Fraser St
526 West Broadway
Harbour Centre
Tinseltown
1463 Kingsway Ave
Commercial Drive
SkyTrain Station

North Vancouver
Lonsdale Quay,
144 Chadwick Crt

Authorized Dealers

Burnaby
Mobo Electronics:
Madison Centre 1899 Rosser Ave
Cellular Baby:
Metropolis at Metrotown
Metrotown Centre

New Westminster
MVP Electronics:
807 Carnarvon St

North Vancouver
Cellular Baby:
Capilano Mall

Port Moody
iBay Communications Inc:
2929 St. John St, Unit 2

Richmond
Cellular Baby:
Richmond Centre

West Vancouver
Cellular Baby:
Park Royal South

Vancouver
Leading Age Computer & Electronics:
3399 Kingsway
Kingdom Photo:
3263 West Broadway
Mobilicity:
3081 Main St
Deltastyle:
1523 West Broadway
Green Cartridge:
740 East Broadway
Mobile Republic:
807 Hornby St
1238 Robson St
Cellular Baby:
120 – 1160 Davie St

Surrey
Freedom Wireless:
210 – 7028, 120th St
Surrey Wireless:
9536 120th St
Wise Electronics:
104 – 7945 132nd St

Langley
H S Mobile World & Electronic Services:
20477 Fraser Hwy

Face-chewer 'ripped me to ribbons': Victim

Investigation. Ronald Poppo tells police his attacker was acting nice before turning 'berserk'

A homeless man whose face was mostly chewed off in a bizarre assault alongside a busy Florida highway told police that his attacker "just ripped me to ribbons."

In a recorded interview with investigators, Ronald Poppo said the man who approached him at first seemed friendly. Then the man, Rudy Eugene, seemed to become angry about something that had happened on Miami Beach, where thousands were partying through the holiday weekend in late May.

"For a while he was acting nice. Then he got flustered. He probably remembered something that happened on the beach and was not happy about it," Poppo said in the interview that was taped July 19 and first reported Wednesday by Miami news station WFOR-TV.

Poppo said Eugene "turned berserk" and attacked with his bare hands, screaming that both men would die.

"He just ripped me to ribbons. He chewed up my face. He plucked out my eyes. Basically, that's all there is to say about it," Poppo said.

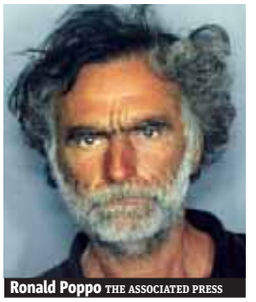
Eugene, 31, was shot and killed by a Miami police officer during the attack. Lab tests found only marijuana in his system.

Poppo, 65, remains in a long-term-care facility after losing an eye, his eyebrows, his nose and parts of his forehead and right cheek in the May 26 attack. His other eye was severely damaged.

Poppo recalled Eugene telling him that his Bible was stolen in Miami Beach and that Poppo was the one who took it. Poppo said he told Eugene he did not have anything, had not been to Miami Beach and "did not antagonize the offender in any way."

Eugene's family has said they can't explain his bizarre behaviour. They described him as a mild-mannered and religious person who smoked marijuana.

THE ASSOCIATED PRESS



Ronald Poppo THE ASSOCIATED PRESS

Florida shooter to use 'stand your ground' law against murder charge

The U.S. man charged in the fatal shooting of an unarmed black teen that led to national protests will try to have the murder charge dismissed under Florida's "stand your ground" self-defence law, his attorney said Thursday.

George Zimmerman, a neighbourhood-watch volunteer, shot 17-year-old Trayvon Martin after a confrontation in Zimmerman's gated community, where Martin was visiting.

The hearing, which likely won't take place for several months, will amount to a mini-trial involving much of the evidence collected by prosecutors as well as expert testimony from both sides.

Legal experts say it's likely that Zimmerman himself would testify since he is the sole survivor of the Feb. 26 confrontation.

Janet Johnson, a Jacksonville defence attorney who has represented defendants in other "stand your ground" cases, said Zimmerman has a good chance to win his claim if he can also show he was in a place where he had a legal right to be and that he didn't create the danger.

THE ASSOCIATED PRESS

Tropical storm Ernesto...

A vendor recovers a cooler after high waves swept through Veracruz, Mexico, Thursday. Tropical Storm Ernesto headed into Mexico's southern Gulf coast as authorities in the flood-prone region prepared shelters, army troops and rescue personnel for drenching rains.

FELIX MARQUEZ/THE ASSOCIATED PRESS

$29
for a Haircut, Shampoo, Conditioning, Style, Blow Dry, Moroccan Oil Restorative Treatment and Partial Highlights ($160 Value)
Mention promo code: metro23
Not valid with other offers. 5 foil partial highlights. Limit 1 voucher per visit. By appointment only. Valid for any length of hair. Wheelchair accessible.
VIP Salon & Spa
Online Appointment Booking Now Available!
856 Kingsway, Vancouver, BC • (604) 569-3009
3764 Hastings Street East, Burnaby, BC • (604) 569-3788
vipsalon.ca • email: info@vipsalon.ca

Daredevil Nik Wallenda walks a tightrope high above the beach in front of the Atlantic Club Casino Hotel and the Tropicana Casino & Resort in Atlantic City, N.J. on Thursday. THE PRESS OF ATLANTIC CITY, SEAN FITZGERALD/THE ASSOCIATED PRESS

Stunt on the beach one very tall order

High tide. Daredevil Wallenda takes another scary stroll, this time unsupported

Like anyone taking a walk on the beach, Nik Wallenda on Thursday found sand in places he didn't want it.

For Wallenda, it was on the tightrope he traversed some 100 feet over the beach.

"It felt really slippery," he said. So slippery that he considered doing the 1,300-foot walk barefoot.

But ultimately, Wallenda decided to keep on the buckskin and suede shoes his mother made him, and he completed the walk without any real difficulties.

For Wallenda, a member of the seventh generation of the famous daredevil family that's been putting on shows for two centuries, it was another in a long line of death-defying feats.

In June, he walked farther — and higher up — over Niagara Falls.

This time, though, he was unharnessed as seagulls flew by, a couple of banner-pulling planes zipped around, boats came to shore so their occupants could watch and all eyes on the beach — save those of a few diligent lifeguards — were looking at Wallenda high above.

Local officials estimated that 150,000 people saw him make the half-hour stroll, step by careful step, in person.

There were expectations of a boon for Atlantic City and the Tropicana Casino & Resort, which put on the event.

Quoted

"It felt very slippery."

Nik Wallenda on the tightrope that supported his high-wire walk.

The crowd got a preview of the Wallenda Family Experience show opening at the casino on Sunday and the city got a spectacle of the sort it wants as it continues to deal with declining gambling revenue caused largely by the opening of casinos in nearby states.

Noreen Saggese, a teacher from Washington Township, N.J., was staying at the Tropicana with a cousin to celebrate her 59th birthday.

"There's no net and there's no harness," she said as she prepared to watch the walk. "It's thrilling."

After the walk, Wallenda, 33, had a rehearsal for his family's show. But first, he made time for a quick, calm news conference.

Where this walk ranks among his greatest hits? A diplomatic dodge:

"I'll always remember this walk because of the crowd that turned up, that beautiful boardwalk and the sand."

THE ASSOCIATED PRESS

Summer's Here.
How's your Beach body?
NEED TO LOSE 1" TO 3" FAST?

- Discover non-invasive Lipolaser & Eurowave. (Electro Muscle Stimulation)
- **Lipo Laser safely melts away FAT and CELLULITE from your waistline, legs, buttocks & love handles.**
- One 18 minute Eurowave Core session is equivalent to 200 - 500 perfectly formed sit ups.
- **Eurowave can also help Build, Tighten, and Tone and major muscle group.**

Special Introductory Session Only $125

Vancouver Lipo Laser
A Muscle Toning Clinic

3335 West 4th Ave., in Kits | 604 904 0888 | www.vancouverlipolaser.com

Sears
NATIONAL BRA FIT weekend

NEW LOWER PRICE
19.98
ALL WARNER'S® and VOGUE BRA®/MD boxed bras.

NEW LOWER PRICE
24.98
ALL WonderBra® and PLAYTEX® boxed bras.

NEW LOWER PRICE
12.98
ALL WonderBra, WARNERS and PLAYTEX boxed briefs.

YOU DON'T HAVE TO WAIT FOR A SALE,
WE'VE LOWERED OUR PRICES ON BOXED BRAS!

NATIONAL BRA FIT WEEKEND AUG. 10-12

NE082G312 © 2012. Sears Canada Inc.

Iran holds Syrian conference as regime fights off rebel push

Call it dialogue. Allies stand together amidst international pressure for Assad to step down

As Syrian forces struggled to drive rebels from the country's largest city, the regime's key ally Iran tried Thursday to start an alternative political process to address the crisis.

Iran gathered an array of nations ranging from strong supporters of Damascus to far-flung nations a world away from the Syrian civil war.

The one-day forum is unlikely to result in any international consensus, but it shows Iran's resolve to stand by President Bashar Assad as his forces try to crush the 17-month-old uprising.

On Thursday, Syrian rebels said they were low on ammunition but still managed to put up resistance against a regime ground offensive in the city of Aleppo, a centre of fighting for more than two weeks.

Tehran billed Thursday's conference as a way to focus on dialogue — an alternative to Western-led initiatives that call for Assad to give up power.

Iran has said in the past that the Syrian regime's critics fail to take into account violence by the rebels.

"Iran is against the killing of unarmed people and citizens by any side," Iranian Foreign Minister Ali Akbar Salehi said at the gathering.

He also warned that sending weapons to the opposition will only fuel the crisis, and he accused rebels of using civilians as "human shields".

Russia in the past has urged the West to allow Tehran to take part in international discussions on how to settle the Syrian crisis, arguing that the Islamic republic could play an important role. Moscow has been the main protector and ally of Assad's regime, shielding it from U.N. sanctions over its brutal crackdown on an uprising that has evolved into a full-blown civil war.

The U.S. dismissed the Iranian gathering.

"It's just hard for us to imagine that after putting so much effort into keeping Assad in power ... how they (Iran) can be a constructive actor in facilitating a political solution to the crisis," State Department spokesman Patrick Ventrell said.

THE ASSOCIATED PRESS

Conference attendees

- Iran said some 30 countries attended the meeting, including Russia and China, as well as far-off Benin, Cuba and Mauritania.
- The meeting was called at short notice, and most countries were represented at the ambassador level.

Bosnia. Wildfires set off blast in old minefield; more explosions feared

As firefighters tried to contain two wildfires near an ammunition factory in southern Bosnia on Thursday, one of the blazes began setting off explosions in a minefield left over from the country's war in the 1990s, officials said.

No one was injured, but heavy winds and the risks of entering the minefield were making it difficult for the firefighters and several military helicopters assisting them to battle the two blazes in the populated area.

Both fires were threatening the Igman ammunition factory on the outskirts of Konjic village from opposite sides, with one of them burning in the heavily mined forest.

This summer has been one of the hottest on record in Bosnia, and it hasn't rained in the country for two months. That has led to fires, one of which was raging just 500 metres from people's houses.

Further south, several villages were evacuated because of other fires that have been raging around the southern city of Mostar.

A Bosnian man looks at the raging wildfires near the Bosnian town of Konjic on Thursday. SULEJMAN OMERBASIC/THE ASSOCIATED PRESS

In eastern Bosnia, near the town of Gorazde, another wildfire was burning in a minefield, but the blaze was not close to people's homes and didn't appear to be setting off explosions, officials said.

Bosnia's 1992-1995 war turned it into one of the world's most mine-infested countries.

THE ASSOCIATED PRESS

Nagasaki anniversary shines a light on nuclear energy

A woman and a boy pray next to lanterns along a river, paying tribute to the victims of the atomic bombing in Nagasaki, southern Japan, Thursday. They were two of the 6,000 people who gathered at a peace park near the epicentre of the 1945 blast, including students and the mayor of one of the towns most affected by last year's nuclear plant disaster. Japanese officials have pledged to seek a society less reliant on nuclear energy as the country marks the 67th anniversary of the atomic bombing of Nagasaki. KYODO NEWS/THE ASSOCIATED PRESS

Colorado. Lawyers for movie shooting suspect say client is mentally ill

Attorneys for the suspect in the Colorado movie theatre shootings said Thursday their client is mentally ill and that they need more time to assess the nature of his illness.

James Holmes' lawyers made the disclosure at a court hearing in suburban Denver where news media organizations were asking a judge to unseal court documents in the case.

Holmes, a 24-year-old former Ph.D. student at the University of Colorado, Denver, had the familiar, dazed demeanour that he has had in previous court appearances.

Holmes is accused of going on a July 20 shooting rampage at a midnight showing of the latest Batman movie in Aurora, killing 12 people dead and injuring 58 others.

Defence attorney Daniel King made the revelation about Holmes as he argued defence attorneys need more information from prosecutors and investigators to assess their client.

THE ASSOCIATED PRESS

Four girls abused

Peace Corps gives cash for victims

The Peace Corps has voluntarily agreed to contribute $20,000 to a fund for four girls sexually abused by a former volunteer. A Peace Corps representative and the U.S. Attorney's Office both said the donation was not an indication that the Peace Corps bore any responsibility for the crime.

THE ASSOCIATED PRESS

Egypt

Violence rages in Sinai peninsula

Gunmen sprayed a police station in Egypt's Sinai with bullets Thursday, setting off a brief firefight with police. It was the latest in a series of attacks against security forces in the volatile peninsula.

This comes in the wake of a deadly weekend attack that killed 16 soldiers.

THE ASSOCIATED PRESS

Press freedom

Group criticizes Oman regime

An international press freedom organization has criticized Oman for convicting 20 people on charges of illegal assembly and of insulting the nation's ruler. The cases are part of wider crackdowns against protesters and online activists in the country, which has seen growing calls for more political openness.

THE ASSOCIATED PRESS

Northwest Africa

Islamist's power grows in Mali

A spokesman for an Islamist group in northern Mali says a man's hand has been chopped off as punishment for theft, as hardliners tighten their grip over the vast territory in northwest Africa. Mali's north was overrun by a mix of rebel groups including several allied with al-Qaida following a coup in March.

THE ASSOCIATED PRESS

EMPLOYEE‡ PRICING

IT'S BIGGER THAN EVER

with up to

$14,000*

IN PRICE ADJUSTMENTS

2012 F-150 Platinum Super Crew 4x4 amount shown

PLUS

YOU COULD WIN YOUR FORD‡‡

SHARE OUR PRIDE SHARE OUR PRICE

2012 **F-150** XLT SUPER CAB 4X4 5.0L

Employee Price Adjustment $4,316
Delivery Allowance.....$7,000

Total Eligible Price Adjustments....$11,316

Share our Employee Price

$28,683*

Offer includes $1,600 freight and air tax and all rebates.

Lease For Only $399*@4.99% LAPR

a month for **36** months with **$1,550** down payment.

2013 **EDGE** SEL FWD AUTO

Employee Price Adjustment $2,770
Delivery Allowance.....$1,000

Total Eligible Price Adjustments....$3,770

Share our Employee Price

$32,329*

Offer includes $1,600 freight and air tax and all rebates.

Standard features include:

· 3.5L V6 Engine · 285 Horsepower · 18" Aluminum Wheels
· Heated Front Seats · Reverse Sensing System

2012 F-250 XLT SUPER CAB 4X4 WESTERN EDITION

Employee Price Adjustment $5,485
Delivery Allowance.....$4,000

Total Eligible Price Adjustments....$9,485

Share our Employee Price

$39,614*

Offer includes $1,600 freight and air tax and all rebates.

Western Edition package includes:

· Reverse Camera · Tailgate Step · Sync®• · Foglamps · Black Platform Running Boards · 18" Bright Machined Aluminum Wheels

10.5L/100km **27MPG** HWY***
14.9L/100km **19MPG** CITY***

7.2L/100km **39MPG** HWY***
11.1L/100km **25MPG** CITY***

BEST IN CLASS FUEL ECONOMY**

SO FAR OVER **337955** CANADIANS HAVE SHARED OUR PRIDE AND OUR PRICE SINCE 2005

GET YOUR EMPLOYEE PRICE AND CHANCE TO WIN AT FORD.CA OR YOUR BC FORD STORE TODAY.

Go Further
bcford.ca

SiriusXM††† Available in most new Ford vehicles with 6-month pre-paid subscription

WISE BUYERS READ THE LEGAL COPY: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. Dealer order or transfer may be required as inventory may vary by dealer. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. ‡Ford Employee Pricing ("Employee Pricing") is available from June 14, 2012 to August 31, 2012 (the "Program Period"), on the purchase or lease of most new 2012/2013 Ford vehicles (excluding all chassis cab and cutaway body models, F-150 Raptor, Medium Trucks, Mustang Boss 302, and 2013 Shelby GT500). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any CAW-negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. This offer can be used in conjunction with most retail consumer offers made available by Ford at either the time of factory order or delivery, but not both. Employee Pricing is not combinable with CPA, GPC, CFP, Daily Rental Allowance and A/X/Z/D/F-Plan programs. ‡‡No purchase necessary. For full contest rules, eligible vehicle criteria, and to enter as a Ford owner, visit www.ford.ca/shareourpridecontest (follow the entry path applicable to you, complete all mandatory fields and click on 'submit') or visit your local Ford Dealer for details. Open only to residents of Canada who have reached the age of majority, possess a valid graduated level provincially issued driver's license, and are owners of Ford branded vehicles (excluding fleet customers and all Lincoln and Mercury models). Eligible vehicle criteria includes requirement that it be properly registered in Canada in the contest entrant's name (matching vehicle ownership), and properly registered/plated and insured. Non-Ford owners can enter by mailing an original 100 word essay on "what they like about Ford", with their full name, full mailing address, email, daytime phone number (with area code) to: Vanessa Richard, Pareto Corp., 1 Concorde Gate, Suite 200, Toronto, ON, M3C 4G4. Contest closes at 11:59pm (PST) on the last day of the 2012 Ford Employee Pricing campaign which will be no earlier than August 31, 2012. Limit of 1 entry per person. Up to 8 prizes available to be won in Canada in 3 possible prize categories, each worth up to CAD$50,000. Chances of winning are dependent on the total number of entries received up to each 10,000 interval of unit sales under the Employee Pricing campaign ("Draw Trigger"). Odds of winning decrease as the contest progresses, more entries are made into the contest, and opportunities for Draw Triggers lessen. Skill testing question required. *Purchase a new 2012 Escape XLT I4 FWD with automatic transmission/2012 F-150 XLT Super Cab 4x4 with 5.0L engine/2013 Edge SEL FWD with automatic transmission/2012 F-250 XLT Super Cab 4X4 Western Edition with power seats/2012 F-150 Platinum Super Crew 4x4 for $22,253/$28,683/$32,329/$39,614/$46,313 after Total Eligible Price Adjustment of $5,446/$11,316/$3,770/$9,485/$14,313 (Total Eligible Price Adjustment is a combination of Employee Price Adjustment of $1,946 /$4,316/$2,770/$5,485/$7,186 and delivery allowance of $3,500/$7,000/$1,000/$4,000/$7,000) is deducted. Taxes payable on full amount of purchase price after Total Eligible Price Adjustment has been deducted. Offers include freight and air tax of $1,600 but exclude variable charges of license, fuel fill charge, insurance, dealer PDI (if applicable), registration, PPSA, administration fees and charges, any environmental charges or fees, and all applicable taxes. Delivery Allowances can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Delivery Allowances are not combinable with any fleet consumer incentives. Employee Pricing is not combinable with CPA, GPC, CFP, Daily Rental Allowance and A/X/Z/D/F-Plan programs. ±Until August 31, 2012, lease a new 2012 F-150 XLT Super Cab 4X4 5.0L and get 4.99% lease annual percentage rate (LAPR) financing for up to 36 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest LAPR payment. Lease a vehicle with a value of $39,999 at 4.99% LAPR for up to 36 months with $1,550 down or equivalent trade in, monthly payment is $399, total lease obligation is $15,914 and optional buyout is $16,000. Offer includes Total Price Adjustment of $11,316. Taxes payable on full amount of lease financing price after Total Price Adjustment is deducted. Offer includes freight and air tax of $1,600, but exclude variable charges of license, fuel fill charge, insurance, dealer PDI (if applicable), registration, PPSA, administration fees and charges, any environmental charges or fees, and all applicable taxes. Additional payments required for PPSA, registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Some conditions and mileage restrictions of 60,000 km over 36 months apply. A charge of 16 cents per km over mileage restrictions applies, plus applicable taxes. Delivery Allowances can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Delivery Allowances are not combinable with any fleet consumer incentives. Employee Pricing is not combinable with CPA, GPC, CFP, Daily Rental Allowance and A/X/Z/D/F-Plan programs. ***Estimated fuel consumption ratings for model shown: 2012 Escape 2.5L I4 6-speed Automatic transmission: [10.0L/100km (28MPG) City, 7.1L/100km (40MPG) Hwy / 2013 Edge 3.5L V6 FWD 6-speed Automatic transmission: [11.1L/100km (25MPG) City, 7.2L/100km (39MPG) Hwy / 2012 F-150 4X4 5.0L V8: [14.9L/100km (19MPG) City, 10.5L/100km (27MPG) Hwy]. Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading, vehicle equipment, and driving habits. †When properly equipped. Max. towing of 11,300 lbs with 3.5L EcoBoost and 6.2L 2 valve 4X2 V8 engines. Max. payload of 3,120 lbs with 5.0L Ti-VCT V8 engines. Class is Full-Size Pickups under 8,500 lbs GVWR, non-hybrid. ††Class is Full–Size Pickups under 8,500 lbs GVWR, non-hybrid vs. comparable competitor engines. Max. horsepower of 411 on F-150 6.2L V8 engine. Estimated fuel consumption ratings for the 2012 F-150 4X2 3.7L V6 SST: 12.7L/100km city and 8.9L/100km hwy based on Environment Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ◆◆Projected best in class fuel economy based on competitive data available at the time of testing using Ford drive-cycle tests (in accordance with the guidelines of the Society of Automotive Engineers' Standard J1321) of comparably equipped 2011 Ford vs. 2010 competitive models. Class is Full-Size Pickups over 8,500 lbs. GVWR. ◆Some mobile phones and some digital media players may not be fully compatible – check www.syncmyride.com for a listing of mobile phones, media players, and features supported. Driving while distracted can result in loss of vehicle control, accident and injury. Ford recommends that drivers use caution when using mobile phones, even with voice commands. Only use mobile phones and other devices, even with voice commands, not essential to driving when it is safe to do so. SYNC is optional on most new Ford vehicles. †††©2012 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2012 Ford Motor Company of Canada, Limited. All rights reserved.

Uruguayan plan. Legal market for marijuana could hit opposition

A plan by Uruguay's leaders to turn the government into the nation's marijuana dealer has been presented to Congress, where the idea faces an uncertain fate.

President Jose Mujica's entire Cabinet signed onto the proposed law, which aims to take over an illegal marijuana trafficking business estimated to be worth $30 million to $40 million a year.

The law would have government control marijuana imports, production, sale and distribution, creating a legal market for people to get pot without turning to riskier illegal drugs. The text submitted to Congress on Wednesday declares that the drug war is a failure and that marijuana is only mildly addictive, unlike "cocaine, alcohol, tobacco and psychotropic drugs."

But lawmakers are divided on the idea, even within Mujica's Broad Front coalition of leftist parties and social groups.

Mujica has said he'll push the plan only if it gets at least 60 per cent support in polls. An official in the president's press office, speaking on condition of anonymity according to department policy, said the bill isn't expected to advance quickly. THE ASSOCIATED PRESS

Argentina

'Morgue baby' headed home

Argentina's "morgue baby" is now four months old.

Luz Milagros Veron — "Miracle Light" in English — was flown with her mother Analia Bouter on Thursday to a pediatric hospital closer to her home in provincial Chaco after months in intensive care in Buenos Aires.

Doctors said the baby showed no signs of life when she was born three months premature in April, and quickly sent her to the morgue. She's alive today because her parents insisted on seeing her body to say goodbye. THE ASSOCIATED PRESS

Rude nicknames reflect Mexican cartels' decline

Joaquin "Shorty" Guzman Loera
DAMIAN DOVARGANES/THE ASSOCIATED PRESS

Manuel "Pig" Fernandez Valencia
HANS-MAXIMO MUSIELIK/THE ASSOCIATED PRESS

Baltazar "The Dog Killer" Saucedo Estrada THE ASSOCIATED PRESS

Arturo "The Boss of Bosses" Beltran Leyva THE ASSOCIATED PRESS

More low-brow. This crop of capos doesn't have the mystique of earlier generations of gangsters, drug lords

When "The Worm Eater" and his sidekick "The Rat" were captured, they were allegedly carrying five grenades and about $1 million in cash. "Garbage" was caught extorting money from Mexico City bus drivers, police say. "The Pig" was known for his brutal style of killing rivals. "The Bum" allegedly burned and buried his victims in clandestine pits.

As Mexico's drug violence gets bloodier, with cartels competing to leave ever-bigger piles of slaughtered victims, drug traffickers are being tagged with ever-grittier, low-brow nicknames to reflect their impersonal, almost industrial style of violence.

Gone are the days of high-flying sobriquets such as "The King" (Jesus Zambada Garcia), "The Lord of the Skies" (Amado Carrillo Fuentes) or "The Boss of Bosses" (Arturo Beltran Leyva), all of whom are dead or in prison. Mid-level cartel leaders are now adopting or being baptized with nicknames such as "The Dog Killer." That was Baltazar Saucedo Estrada, an alleged leader of the notoriously bloodthirsty Zetas gang.

Experts say the killings and arrests of top cartel capos have left lesser spawn to run the drug, kidnapping and extortion businesses; that has fueled a cruder approach and a psychopathic, mass-dismemberment style of killing. Instead of offing rivals for turf or cash, many of today's narco-killers, especially among the Zetas, view their ultraviolence as a part of business, designed to shock the public into submission.

"What we're seeing today is a different kind of nickname, that reflects a different way of criminals identifying themselves, and these new forms of violence," said Martin Barron, an expert in criminology at Mexico's National Institute for Penal Sciences. THE ASSOCIATED PRESS

BEST BUY FUTURE SHOP LONDON DRUGS THE MOBILE SHOP Walmart

(1) Bonus gift will vary by store location. See store for full details. Bonus gift available with new activations only. While quantities last. $100 bonus gift available with the BlackBerry Bold 9790, LG Optimus Black, Samsung Galaxy S II X, Apple iPhone (8 GB) and Apple iPhone (16 GB). BlackBerry, RIM, Research In Motion and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. All other trademarks are the property of their respective owners.

koodo shop

Aberdeen Mall
Brentwood Town Centre
Central City Shopping Centre
Coquitlam Centre
Cottonwood Mall
Guildford Town Centre
Hillside Centre
Lougheed Town Centre
Mayfair Shopping Centre
Metropolis at Metrotown
Oakridge Centre
Orchard Park Shopping Centre
Park Royal Shopping Centre
Richmond Centre
Royal City Centre
Scottsdale Centre
Seven Oaks Shopping Centre
Woodgrove Centre

THIS FRIDAY'S JACKPOT IS

$40 MILLION

ESTIMATED

Buy your LOTTO MAX ticket online at PlayNow.com

$10 Token

Enter Code: AUGUSTMET

Go to PlayNow.com for registration details and conditions. Offer valid on new registrations only with Promo Code until August 31, 2012.

Redeem this coupon at PlayNow.com

TAKE IT Lotto TO THE MAX

PLAY NOW COM

bclc

Know your limit, play within it. GameSense

19+

Comedian Stephen Colbert ruffles Wikipedia's feathers

Reaction. Website protects possible U.S. vice-presidential candidates' pages after Stephen Colbert urges viewers to make edits

Wikipedia has protected the pages of possible Republican vice-presidential candidates thanks to meddling by Comedy Central's Stephen Colbert, according to the political and technology website TechPresident.

The Wikipedia page entries of several candidates are now "semi-protected" and revisions can only be made by established users of the free crowd-sourced encyclopedia.

Colbert picked up the item on Fox News stating there was a jump in revisions to Sarah Palin's pages in 2008 prior to her becoming the VP candidate. There was speculation that the same thing might happen this time with the Republican nominee for vice-president.

Lack of action

"It's the August doldrums in American politics at the moment because of the Olympics. Not much else can happen before the convention other than Romney's VP."

Micah Sifry, Head of TechPresident

Colbert urged viewers to go to the pages of Tim Pawlenty, Rob Portman, Paul Ryan, Bobby Jindal, Chris Christie and David Petraeus and make as many edits as possible.

The theory came from a report by Micah Sifry, head of TechPresident. Sifry remembered the odd correlation in updates in Palin's and Joe Biden's Wikipedia pages in 2008 and was interested to see if there would be revisions this time. He posted a story on the theory on his website on Monday.

"I thought what's the harm.... I had no idea it would blow up." TORSTAR NEWS SERVICE

Stephen Colbert of The Colbert Report has drawn the ire of Wikipedia for urging viewers to make as many edits as possible to the info on some Republicans. SAUL LOEB/GETTY IMAGES

Kidnapping. Man pleads guilty to boy's killing

A man accused in the horrific abduction and dismemberment of an eight-year-old boy from a tight-knit Orthodox Jewish community in New York pleaded guilty on Thursday — a deal that will put him behind bars for at least 40 years and avoid a heart-wrenching trial.

District Attorney Charles Hynes made the arrangement in close consultation with the family of the boy, Leiby Kletzky. Levi Aron, a 36-year-old hardware store clerk, made a plea to charges of second-degree murder and kidnapping. He originally had faced a first-degree murder charge.

The family was "eager to see this concluded and (is) grateful to D.A. Hynes," Assemblyman Dov Hikind said in a statement. "The last thing they want is to relive the horror of losing their child."

One of the city's most gruesome crimes in recent memory began with a chance encounter last summer on the streets of Borough Park. The victim got lost on his walk home and asked Aron for help, prosecutors said. THE ASSOCIATED PRESS

Visit **IKEA.ca** for store locations and hours. Or to shop from home, visit our website or call **1-866-866-IKEA**

IKEA®

© Inter IKEA Systems B.V. 2012.

Attendants sit next to a field contaminated with dioxin before a ceremony marking the start of a project to clean up dioxin from the Vietnam War, at a former U.S. military base in Danang on Thursday. MAIKA ELAN/THE ASSOCIATED PRESS

U.S. begins Agent Orange chemical cleanup in Vietnam

The plan. 73,000 cubic metres of soil will be heated to 335 C to break down the dioxin into oxygen, carbon dioxide and other harmless substances

The United States began a landmark project Thursday to clean up a dangerous chemical left from the defoliant Agent Orange — 50 years after American planes first sprayed it on Vietnam's jungles to destroy enemy cover.

Dioxin, which has been linked to cancer, birth defects and other disabilities, will be removed from the site of a former U.S. air base in Danang in central Vietnam.

The effort is seen as a long-overdue step toward removing a thorn in relations between the former foes nearly four decades after the Vietnam War ended.

The $43-million joint project with Vietnam is expected to be completed in four years on the 19-hectare contaminated site, now an active Vietnamese military base near Danang's commercial airport.

The work begins as Vietnam and the U.S. forge closer ties to boost trade and counter China's rising influence in the disputed South China Sea that's believed rich in oil and natural resources. The U.S. says protecting peace and freedom of navigation in the sea is in its national interest. THE ASSOCIATED PRESS

The issue

The U.S. military dumped some 75 million litres of Agent Orange and other herbicides on about a quarter of former South Vietnam between 1962 and 1971, decimating about 2 million hectares of forest — roughly the size of Massachusetts.

- The Agent Orange issue has continued to blight the U.S.-Vietnam relationship because dioxin can linger in the environment for decades, entering the food supply through the fat of fish and other animals.

China scandal

Closely watched murder trial ends

Testimony in the messiest scandal China's Communist leadership has faced in two decades wrapped up within hours Thursday as the wife of disgraced politician Bo Xilai stood accused of luring British businessman and close family associate Neil Heywood to a hotel, getting him drunk and pouring poison into his mouth. Gu Kailai was tried with a household aide. They did not contest the murder charges. A guilty verdict is all but assured and could carry a death sentence. THE ASSOCIATED PRESS

Rain. Philippine capital cleans up after deluge

Thousands of Filipinos shovelled muck and debris from flood-ravaged homes, shops and roads under a shining sun Thursday after nearly two weeks of non-stop rain shut down the capital and forced hundreds of thousands to flee from the deluge.

At least 49 people died and over two million people were affected by Manila's worst flooding since 2009. More than half of the sprawling metropolis of 12 million was submerged at the peak, and schools and offices have been closed for days. THE ASSOCIATED PRESS

Vehicles negotiate around debris from floods in suburban Quezon. TIM ALIPALO/THE ASSOCIATED PRESS

Sears
DISCOUNTS AT THIS LOCATION ONLY
PACIFIC CENTRE MALL 701 Granville St
STORE CLOSING
Back To School Savings!
Everything Must Go!!!
ENTIRE STORE NOW 20% OFF & MORE
Lowest Ticketed Price
30% to 40% OFF Original Ticketed Price
ALL Fine Jewellery, Diamond, Silver, Gold & Gemstones
All Fashion Clothing Back To School Savings! 30% OFF Lowest Ticketed Price
Save On All Craftsman Tools, Major Appliances & Kitchen Electrics All At Discount Prices!
All Shoes Stock Up For Back To School 40% OFF Lowest Ticketed Price
40% OFF Original Ticketed Price
All Mattresses Beautiful Selection!
Plus Take An EXTRA 10% OFF
Store Fixtures, Furniture and Equipment for Sale!
ALL SALES FINAL. OPEN REGULAR STORE HOURS. WE ACCEPT MASTERCARD, VISA, AMERICAN EXPRESS, AND SEARS FINANCIAL™ CREDIT CARDS. WE ACCEPT SEARS GIFT CARDS AND SEARS CASH CARDS. ALL ITEMS AVAILABLE WHILE QUANTITIES LAST. THIS STORE IS EXCLUDED FROM CURRENT SEARS FLYER OFFERS. EXCLUDES COSMETICS, FRAGRANCES AND LICENSED DEPARTMENTS.

Google fined $22.5M for privacy violation

Record penalty. Tech giant will pay up to settle regulatory case with the U.S. Federal Trade Commission

Google headquarters in Mountain View, Calif. THE ASSOCIATED PRESS FILE

Google is paying a $22.5 million US fine to settle the latest regulatory case questioning the Internet search leader's respect for people's privacy and the integrity of its internal controls.

The penalty announced Thursday by the Federal Trade Commission matches the figure reported by The Associated Press and other media outlets last month. It's the most that the FTC has ever fined a company for a civil violation.

The rebuke resolves the FTC's allegations that Google duped millions of web surfers who use Apple's Safari browser.

Google had assured people that it wouldn't monitor their online activities, as long as they didn't change the browser settings to permit the tracking.

Google broke that promise, according to the FTC, by creating a technological loophole that enabled the company's DoubleClick advertising network to shadow unwitting Safari users. That tracking gave DoubleClick a better handle on what kinds of marketing pitches to show them.

The FTC concluded that the contradiction between Google's stealth tracking and its privacy assurances to Safari users violated a vow that the company made in another settlement with the agency in October.

The latest settlement doesn't affect a separate FTC inquiry over whether Google has been abusing its dominant position in Internet search to highlight its own services over rivals and drive up online advertising prices. The settlement also doesn't come with any admission from Google of wrongdoing.

The company has acknowledged that DoubleClick was tracking Safari users, but insists the monitoring wasn't by design.

All Google wanted to do, according to the company, was create a way for Safari users to press on a button to signal they recommended an ad. Google said it didn't realize its tinkering altered Safari's automatic privacy settings in a way that allowed for broader surveillance. THE ASSOCIATED PRESS

Chinese economy on shaky footing?

A shoe shop worker arranges discounted shoes at a shopping mall in central Beijing on Thursday. China's inflation rate fell further in July, giving the government more room to stimulate growth amid mixed signals about whether the world's second-largest economy is recovering from a painful slowdown.

ALEXANDER F. YUAN/THE ASSOCIATED PRESS

Market Minute

DOLLAR 100.81¢ US (+0.27¢)

TSX 11,858.13 (+77.09)

OIL $93.36 US (+1¢)

GOLD $1,620.20 US (+$4.20)

Natural gas: $2.945 US (+1.2¢)
Dow Jones: 13,165.19 (-10.45)

Online security. Facebook launches new public email to report email scams

Facebook has created an email address for people to report scams.

The address is phish@fb.com. Anyone — even those who aren't on Facebook — can use it to report malicious emails that pretend to come from Facebook.

Known as phishing, such emails attempt to get passwords and other information by pretending to come from a legitimate business.

Because many people use the same passwords at banking and other secure websites, someone who gets account information for Facebook can log on elsewhere.

Facebook says scams tend to contain information that's more vague than what's in legitimate emails from the social-networking site.

Facebook says it will report any scams brought to its attention to outside security companies and notify blacklists that Internet companies keep to block malicious websites.

It will also prevent users from posting such links on Facebook.

THE ASSOCIATED PRESS

RESTAURANT FOR SALE

This is an **Italian family restaurant** located in the Caulfeild Village Mall, one of **West Vancouver's** most prestigious residential areas. The Mall serves as the commercial center for this area and has as it's prime tenants Safeway, Liquor Store, Pharmasave, Starbucks, Cobbs, Insurance Office, Medical Clinic, Veterinarian etc. etc.We are located across from Rock Ridge High School which is a source of good commercial activity.

The restaurant **seats 55 plus**, in a tasteful dining room with intimate booth seating, has a popular deli, pizza delivery and a licensed out side dining patio.

We have been in this location for **25 years with one owner**, serving quality food, good service and great value to a steady clientele.

SELLING PRICE $125,000 THE REPLACEMENT VALUE WOULD BE IN EXCESS OF $800,000

The owner is retiring and thus this GREAT OPPORTUNITY for the right person

Pastameli Italian Eatery

LOCATED just off the upper levels Hwy at exit 4 on the way to Horseshoe Bay and Whistler.
Take a drive up and check us out!

PASTAMELI.COM

FOR ADDITIONAL INFORMATION CONTACT BRUCE MELI
E-Mail bmeli@shaw.ca
604-921-8720

NEED MONEY?
✓No credit checks
✓Fast approvals
Call 1 866 499-5629
And get cash now!!
www.mynextpay.com

MoneyProvider.com
$500 Loan and more
Fast, easy and secure

No credit refused
1-877-776-1660
www.moneyprovider.com

EVER FOREX
Offices in Vancouver, Burnaby, Richmond & Surrey
• Foreign Exchange
• Worldwide Money Transfer
• 24*7 Online Trading
Live Rates: everforex.ca • Toll Free: 1 800 699 4816
USA, EUR, GBP, AUD, NZD, JPY, CNY, THB, TWD, MYR, PHP, SGZ, ZAR

Read metro work every Monday and Wednesday for tips and trends in education and employment.
Only in Metro. News worth sharing.

Q2. Wendy's turnaround push starts to take hold

The Wendy's push to transform itself as a higher-end hamburger chain is showing early signs of taking hold.

The Dublin, Ohio-based fast-food company says a key sales figure rose 3.2 per cent in the second quarter, helped by renovated restaurants, new menu items and a new TV ad campaign.

Sales at restaurants open at least 15 months is a key gauge because it strips out the impact of newly opened and closed locations.

Wendy's said the boost was driven by increased spending per visit, which is in line with its long-term goal of enticing customers to pay more for higher-quality food. But executives noted in a conference call with investors that the company still has a long road ahead.

THE ASSOCIATED PRESS

Restaurant makeover

- To cast itself as a more premium fast-food chain, Wendy's is investing heavily to give its restaurants a fresher look.
- CEO Emil Brolick said the renovations and new restaurants — which will cost $80 million US this year — are critical because they "enhance all dimensions of the Wendy's experience."

New leadership

Yahoo CEO mulls shift in direction

Recently hired Yahoo CEO Marissa Mayer may scrap the Internet company's plan to reward its long-tormented shareholders with a multibillion-dollar payout later this year, underscoring the uncertainty accompanying new leadership.

The unexpected twist disclosed in regulatory documents filed Thursday after the stock market closed caused Yahoo shares to drop more than three per cent in extended trading.

THE ASSOCIATED PRESS

Frugal customers eating into sales: Tim Hortons

A server pours a cup of coffee at a Tim Hortons outlet in Toronto.

CHRIS YOUNG/THE CANADIAN PRESS FILE

Fewer coffee breaks?

While profits are still up, popular snack chain may take a hit from flagging consumer confidence

While Tim Hortons' profits and sales continue to improve, Canada's biggest coffee chain says growth may be constrained as frugal consumers — while not prepared to give up their morning java — are cutting back on afternoon snacks.

The chain's 13 per cent improvement in second-quarter earnings may not suggest that Tims is taking a hit from weaker consumer confidence, but it noted that a modest 1.8 per cent increase in Canadian same-store sales reflected "a challenging macro-environment.

Results may have been even better if consumer confidence was stronger, as negative sentiment about the economy has hit companies across the restaurant industry, noted CFO Cynthia Devine.

Devine said that while sales during the morning remain robust, Tims has noticed some softness in sales during the afternoon, a trend that appears to be consistent with a consumer looking to trim spending.

"The consumer, if they've got to cut back a little bit during some of these challenging times, then quite likely it's that snacking day part."

Devine also noted that an unseasonably warm spring may have eaten into afternoon sales.

"You're not coming back in the afternoon for that hot coffee when the climate was what it was."

THE CANADIAN PRESS

Quoted

"When a local economy is impacted, we certainly feel it in our stores."

Tim Hortons CEO Paul House

The Honda 2012 MODEL CLEAROUT

JUST ANNOUNCED!

$500# Gas Card on ALL new 2012 Civic models

Civic Sedan EX-L
FB2F9CKNX

STARTING FROM
$16,485**
INCLUDES FREIGHT AND PDI.

OUR LOWEST INTRODUCTORY SEDAN PRICE IN 15 YEARS

Civic 14
BEST SELLING CAR IN CANADA 14 YEARS IN A ROW

ABBOTSFORD
THE HONDA WAY
604-857-1430 D8292

CHILLIWACK
MURRAY HONDA
604-792-2724 D8441

PORT MOODY/ COQUITLAM
WESTWOOD HONDA
604-461-0633 D5933

WHITE ROCK
WHITE ROCK HONDA
604-536-2111 D6911

LANGLEY
JONKER HONDA
604-530-6281 D8825

MAPLE RIDGE/ PITT MEADOWS
MARV JONES HONDA
604-465-5464 D5108

VANCOUVER
CARTER HONDA
604-736-2821 D7713

VANCOUVER
KINGSWAY HONDA
604-873-3676 D8508

VANCOUVER
VANCOUVER HONDA
604-324-6666 D8185

SURREY
SURREY HONDA
604-583-7421 D10482

RICHMOND
RICHMOND HONDA
604-207-1888 D5597A

BURNABY SOUTH/ NEW WEST
OPENROAD HONDA
604-525-4667 D7825

BURNABY NORTH
HAPPY HONDA
604-294-2111 D5692

NORTH & WEST VANCOUVER
PACIFIC HONDA
604-984-0331 D5583

HONDA

bchonda.com

#$500 gas card offer applies only to retail customer purchase, lease or finance agreements on all new 2012 Civic models. Gas card offer includes HST/GST where applicable. Valid only on purchase, lease or finance agreements concluded at participating Honda retailers. Offer valid from August 1st through August 31st, 2012 at participating Honda retailers. **MSRP is $16,485 including freight and PDI of $1,485 based on a new 2012 Civic Sedan DX MT model FB2E2CEX. Model shown is Civic Sedan EX-L Navi FB2F9CKNX. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. ¢Civic is the #1 selling passenger car in Canada 14 years running based on the December 2011 sales results. Visit www.bchonda.com or see your Honda retailer for full details.

THE NUTS & BOLTS OF LIFE & SPORTS

THE LIST
Mike Benhaim
Metro

1 **What Usain?** Does anyone else think it's awesome that the fastest man in the world's real name is Bolt?

2 **Oslo motion.** A Norwegian ref took our women's soccer team's gold-medal chance and another Norwegian snatched our gold in kayaking. This means war, Norway. Let's see how tough you are when we show up with our trampolines. Yeah. Be afraid ... be very afraid.

3 **Jackpot!** Facebook now offers online gambling in the U.K. Starting with online bingo, they plan to work their way up to slots. The site will simply ask the user to confirm that they are aged 18 or over, which is fair since everyone knows that gamblers never lie.

4 **Sports in space.** The six astronauts living aboard the International Space Station have been taking time from their busy schedules to watch the 2012 Summer Olympics. I'm not even allowed to use Twitter at work.

5 **Just like us.** A study published this week requiring wild hyenas in Kenya to slide open a bolt latch to get a piece of meat showed that only nine out of 62 hyenas succeeded by using their teeth, or flipping the box. This is a huge coup for the science community who spent countless grant dollars to show that if we ever encounter hyenas, we must pray that it's one of the dumb or lazy ones.

6 **Second-chance Chuck.** Charlie Sheen is back with a new show aptly entitled Anger Management. Hey, here's a lesson for the kiddies: Stay away from drugs or you'll end up rich, making movies and TV shows, having frivolous sex with hot actresses and porn stars, and after publicly humiliating yourself and your entire family, be offered another TV series. Now, is that what you really want?

7 **Palin by comparison.** Bristol Palin will take part in the all-star season of Dancing with the Stars. She says, "I figure the press will talk about me either way. So I may as well be having fun with a good group of people." Actually, I'm only talking about her to ask why anyone would be talking about her at all? Anyone?

8 **Funny Lady.** Barbara Streisand is honouring Canada with her presence once again. Well, not so much Canada as those Canadians that can afford to blow $2,000 on one night's entertainment, but hey, thanks Babs.

9 **Snoop Fog.** Here's how it really happened. A few years after converting to Islam, Snoop Dogg takes a spiritual journey to Jamaica (as if there were any other kind). Once there, he converts to Rastafari and decides to retire from hip hop to start producing reggae music. His manager asks: "Are you high?" Snoop says, "No." Manager replies, "Man, you lyin'!" And a new identity, Snoop Lion, is born.

10 **The Entertainer.** We lost a music legend this week. Marvin Hamlisch wrote some of the most recognizable tunes of the last half-century. He also holds the distinction of being the youngest student ever accepted into the Juilliard School, which he started at age seven. He was a rare talent who left us with a repertoire of timeless souvenirs. Thanks Marv.

Follow The Metro List on Twitter @TheMetroList

Lol: Hyenas can't haz pieces of meat, it seems. DAN KITWOOD/GETTY IMAGES

Sorry sight, sacred for science

TODD R. FORSGREN

Bird photography

Shock value inside 'Birds in nets' art

Looking at these birds haplessly caught in nets is bound to ruffle a few feathers. But in truth these creatures are unharmed in what is a research process used by biologists. Todd Forsgren's provocative images are from a series on mist nets, which ornithologists have used for years to measure and record birds.

MWN

Behind the photos

- **Definition.** Mist nets are used by ornithologists for data that cannot be obtained from using binoculars or microphones.

They "function as huge spider webs, catching unsuspecting birds," Forsgren, shown above, says on his website. The scientist carefully removes the bird from the net. The bird is then measured, aged, sexed, and banded with an individually numbered anklet before it is released back into the wild, unharmed.

- **For science.** Forsgren explains the significance, rather than the tragedy, of getting birds tangled in nets. "Most people think the images are tragic if they're not familiar with the mist-netting and bird-banding," he said in an interview with art print website 20x200. "But I hope that they'll come to understand the valuable information that biologists can collect using these techniques."
- **Inspiration.** Forsgren's photographs were inspired by the work of pioneering bird enthusiasts: Painter John James Audubon and ornithologist Roger Tory Peterson. "I spent days studying and trying to emulate Peterson and Audubon as a bird-watching teenager," Forsgren said. "John James Audubon's Birds of America, and Roger Tory Peterson's Field Guide to the Birds of Eastern and Central North America were the first pieces of artwork I loved."
- **On critics.** Despite the value of data from mist nets usage, Forsgren understands there will always be detractors of the technique: "For some viewers, no amount of discussion can convince them that the good this contributes to bird populations justifies an hour or two of stress on individual birds."

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Would a four-day work week encourage you to work harder?

Twitter

@NASA_Nerd
#SinclairForFlagbearer. Congrats to Team #Canada for the bronze win in soccer against France

@Colinkoop
Christine Sinclair for flag bearer, I think so! It's gotta happen. @sincy12 is a national treasure and a Canadian hero! #CaptainFantastic

@PatrickLok
Congrats #canWNT — Diana Matheson, Christine Sinclair and squad inspiring current and future Canadians on the pitch

@DRealJakeRobles
All them glitters ain't gold. Canada may have not won gold in women soccer but won the hearts of everyone. #Olympics #Bronze #History

@Alex_Coutin
So happy canada won bronze in women's soccer! But that should've been the Americans playing france!! #stilrattled

metro
President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **National Sales Director** Peter Bartrem • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson
• **METRO VANCOUVER** #250 - 1190 Homer Street Vancouver, BC V6B 2X6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca
• **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

Jeremy Renner in The Bourne Legacy. SUBMITTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Bourne delivers on action, not on plot

Richard: Mark, why they didn't call this movie Bourne Again, I'll never know. Jason Bourne may not make an appearance, but it feels like a movie we've seen before — the same shaky camera and frenetic action. The only thing that's changed is that while there's a fair amount of CIA superspy gobbledygook, it's surprisingly light on plot. For a movie about the deepest, darkest workings of secret government agencies the story is really rather simple.

Mark: It's just another chase movie, although they try to disguise it with pseudoscientific bafflegab delivered at record speed. The blue pill? The green pill? Are we in the Matrix yet? That having been said, it's a very good chase movie for the first two-thirds, until it descends into very conventional car chases and the like. Superior acting lifts this movie above the run of the mill CIA stuff. Do you think Jeremy Renner was up to the task? Or should we lobby to bring back Matt Damon?

RC: I liked Renner, but I loved Damon in the role. I enjoyed Renner's performance in The Hurt Locker, but I wonder if he has the stuff to carry a movie on his own. He can run, jump and shoot with the best of them, but I was hoping for more charisma. When he's not in motion chasing after a bad guy or wrestling a wolf, I found him kind of flat. I was more on side with him in the beginning when he played Cross like a junkie who needed to score. After that he became a bland Bond wannabe.

MB: Copy that, Richard. But it was nice to see Ed Norton working again, and some of the small tense roles handled so well by the cast of well-chosen character actors. I liked the slow build of the first 30 minutes, I thought the editing and crosscutting was masterful, and the shootout set piece in the old house was so well done I felt I was right there in that house with the actors. But what's with bringing in the hit man at the end of the movie? How many times have we seen that cliché? Or the extended car chase — a non-thrilla in Manila? And don't even get me started on the ending!

RC: The last 30 seconds felt more like a door slamming shut than an ending.

MB: You know what they say: When a door slams shut, a window opens onto a sequel.

Synopsis

Dovetailing the story from The Bourne Ultimatum, the new film begins with Jason Bourne's appearance in Manhattan outing the CIA's Treadstone/Operation Outcome unit. Before a Senate committee can unearth info on the genetic experiments they conducted on their agents, head honcho Eric Byer (Edward Norton) orders all agents neutralized (assassinated). Among the targets is Aaron Cross (Jeremy Renner), a highly skilled operative who requires chemical enhancement to stay in peak killing form.

- Richard: ●●●○○
- Mark: ●●●○○

On the web

Sesame Street in search of new Latino character

Save big on furniture
so your kid can afford to party.
Um, we mean, to study.
Go back to school with IKEA.

Visit **IKEA.ca** for store locations and hours. Or to shop from home, visit our website or call **1-866-866-IKEA**

IKEA®

© Inter IKEA Systems B.V. 2012.

Documentary

Searching for Sugar Man

Director. Malik Bendjelloul

Stars. Rodriguez

Rumours about his demise from shooting himself in the head on-stage, lighting himself on fire and dying in prison trumped recognition of talented American singer/songwriter Rodriguez. He made two albums that flopped stateside but were, unbeknownst to him, colossal hits in South Africa where he was more revered than the Rolling Stones or Elvis. This is strong stuff. **ANNE BRODIE**

Comedy

The Campaign

Director. Jay Roach

Stars. Will Ferrell, Zach Galifianakis

It may be political satire but there isn't a whole lot of effectual social commentary in The Campaign. Instead, Will Ferrell and Zach Galifianakis star as two moronic politicians who relentlessly compete for election votes through everything from sex tape campaign ads to inadvertently punching babies. The inconsistent but engrossing gags only drive any serious political points into the muck. **STEVE GOW**

Comedy

Hope Springs

Director. David Frankel

Stars. Meryl Streep, Tommy Lee Jones, Steve Carell

Streep's Kay, 30 years married and five years untouched, is optimistic that she can save her relationship, despite evidence to the contrary. Her husband Arnold (Jones) has mossed over emotionally and sexually, content to live a cold, separate life. He grudgingly acquiesces to therapy but deflects Dr. Feld's (Carell) advice. The film forgoes histrionics for emotional realism as only these pros can deliver. **ANNE BRODIE**

Billy Crystal. GETTY IMAGES

Many, many Sundays

Billy Crystal. Actor to author book on aging — and might turn it into a stage show

He has lived many, many Sundays. Turning 65 next year doesn't only mean more nap time for Billy Crystal. The actor and comedian is transforming the milestone into a book, and maybe even a stage show.

Crystal has an agreement with Henry Holt and Company for a book that will be part memoir, part meditation — with jokes — about getting older. Crystal said he hoped to have it out around the time the big day arrives, on March 14, 2013.

"There are 77 million of us baby boomers in the country and this book will speak to them and how we look at the world," he said.

The book is currently untitled. "We have a dirty title and a sincere title," he said.

He's considering adapting the book for the stage. Crystal had enormous success with the Tony Award-winning 700 Sundays, his one-man theatre show that paid tribute to his late father with whom Crystal has said he spent 700 Sundays.

Crystal has made a career out of turning his life into comedy. City Slickers was a story of mid-life crisis, and an upcoming film, Parental Guidance, stars Crystal and Bette Midler as grandparents, based on Crystal's experiences with his own grandchildren.

He's also working on a prequel to Monsters Inc. and is a possible candidate for another shot at hosting the Oscars. **THE ASSOCIATED PRESS**

"HILARIOUS AND HEARTFELT."
Peter Travers, Rolling Stone
"A SMART, ROMANTIC COMEDY FOR GROWN-UPS."
Joe Neumaier, DAILY NEWS
A new comedy from the director of "The Devil Wears Prada"
Meryl STREEP Tommy Lee JONES Steve CARELL
Hope Springs
COLUMBIA PICTURES MANDATE PICTURES METRO-GOLDWYN-MAYER PICTURES PRESENT A FILM 360/ESCAPE ARTISTS PRODUCTION A DAVID FRANKEL FILM MERYL STREEP TOMMY LEE JONES STEVE CARELL "HOPE SPRINGS"
MGM
PG SEXUAL SUGGESTIVE SCENES, SEXUAL LANGUAGE
HopeSprings-Movie.ca
COLUMBIA PICTURES
Now Playing Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes
SONY make.believe

COLIN FARRELL KATE BECKINSALE JESSICA BIEL
TOTAL RECALL
IS IT REAL IS IT RECALL
COLUMBIA PICTURES PRESENTS AN ORIGINAL FILM PRODUCTION A FILM BY LEN WISEMAN "TOTAL RECALL" BRYAN CRANSTON JOHN CHO AND BILL NIGHY
PG VIOLENCE, COARSE LANGUAGE
ORIGINAL FILM
WelcomeToRecall.ca
COLUMBIA PICTURES
NOW PLAYING Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes
SONY make.believe

Anna Kendrick won role on her talent, not rep

Role in ParaNorman. Producers had no idea she was one of the stars of Twilight, just liked the way she sounded and acted

NED EHRBAR
scene@metronews.ca

Anna Kendrick assumed she got her part in ParaNorman — as the title character's obnoxious older sister — because of her work in the Twilight series. But that wasn't exactly the case. Luckily, the Oscar-nominated actress knows how to take even the most awkward of compliments.

When you're cast to do a voice for a character some could describe as annoying, how do you take that?
Well, it was funny because actually I had assumed this was the first job offer I'd ever gotten because of Twilight. Because everything else is sort of based on Rocket Science or Up in the Air — and now 50/50 and so on and so forth. This is such a different character that I thought this has to be based on my character in Twilight. I asked them about it, and they said they'd never seen Twilight and they just heard my voice in an interview and thought it would be good, and I was like, "I don't know how to take that at all. Thank you, I think?" You know, I was like playfully offended.

Did you make it up to the Laika studio in Oregon?
All my (voice recording) sessions were in L.A., but I did make a special trip up to Laika just to see the sets, and I saw them when they were being taken apart so I got to kind of walk around in them,

Anna Kendrick has done lots more than just Twilight. GETTY IMAGES

and that was really special. So I did miss seeing something actually filmed, which was disappointing, but all the other actors were jealous that I got to walk through and take pictures, like, inside the set — as a 50-foot woman.

Did you take anything with you, like slip a tree in your pocket or something?
Oh, no. I considered it, but I thought I'd get in trouble. They gave me a mini bust of Courtney, which is hilarious because she's so silly, and to have this really stately bust of her on my bookshelf is great. She's got a lot of ... physicality to work with. It's like she's a force of nature in a moody, volatile, teenage way.

After starting in theatre, you made your move to film with the Camp almost 10 years ago.
That was a really special first experience to have, and I'm really glad that it worked out that way because I think if I'd been plopped into a normal film set, I think I would've been utterly bewildered and terrified. The fact that it was about musical theatre and we were all first-time film actors just made it a really easy environment to ask questions and understand the process of filmmaking, and I think it really made me embrace filmmaking and the physical limitations of filmmaking as a kind of challenge. And I've seen a lot of actors get really frustrated and angry when they realize they can't do what they thought they were going to do because, you know, you're going to be out of frame, dude. I've watched actors become instantly jaded by that, as though this isn't really art. But to me it just felt like it's just a new art form.

And you're singing again in Pitch Perfect this fall.
I never really know what to say about it. It's funny because I geeked out extra hard when we got there and we were

Laika Studios' ParaNorman is a stop-action animated comedy about a lonely little boy who just happens to be able to speak with the dead. HANDOUT

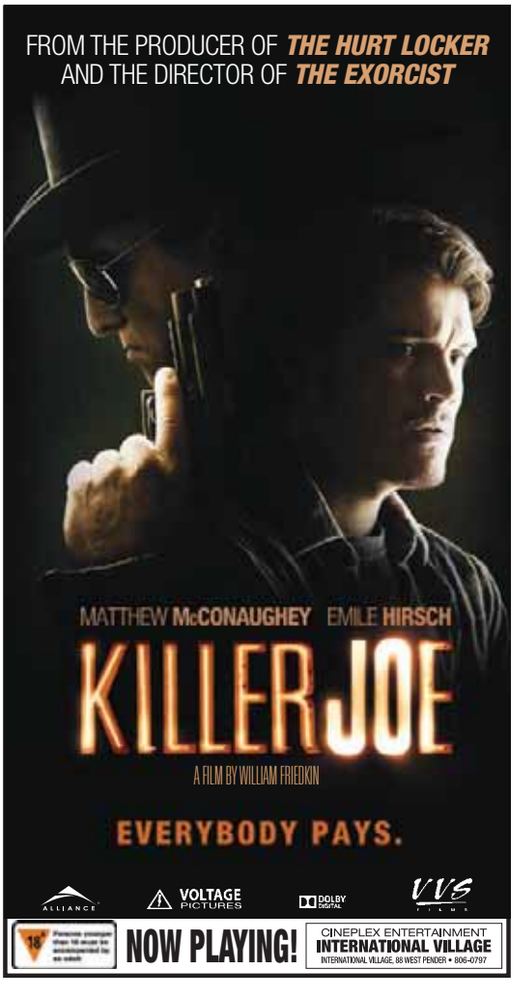
learning all the music. I live for that s—. Once I got there, I was like, "This is the best thing ever!" I was like a pig in mud, just bathing in dorkiness.

Did you find any added pressure when looking for roles after your Oscar nomination?
It's interesting because I absolutely felt that way at first coming off of it. I felt as though I was trying to shape a hypothetical career and make all these kind of moves — like make the "right" moves. And that was just a really silly, stressful way to go about doing it. And once I started just choosing projects based on "Do I want to work with these people?" "Will it be fun to get up in the morning and do it for 12 hours straight" and "Am I excited about it?" it was like, that's exactly how I should be doing this. And I've been having a lot more fun doing that instead of fretting over is this the "right thing to do"? Is this part of the plan?

Quoted

"They said they had never seen Twilight and they just heard my voice in an interview and thought it would be good."

Anna Kendrick. Oscar-nominated actress
Explains why she was surprised she was picked to audition for ParaNorman.



PAUL DANO
ZOE KAZAN
ANTONIO BANDERAS
ANNETTE BENING
STEVE COOGAN
ELLIOTT GOULD
"A magical, MODERN-DAY LOVE STORY, one with razor-sharp edges and a tender heart."
ELLE
"INGENIOUS AND DELIGHTFUL... Zany and sweet."
The New York Times
She's out of his mind.
RUBY SPARKS
FROM THE DIRECTORS OF
LITTLE MISS SUNSHINE
PRODUCED BY ALBERT BERGER & RON YERXA WRITTEN BY ZOE KAZAN DIRECTED BY JONATHAN DAYTON & VALERIE FARIS
MUSIC BY NICK URATA EXECUTIVE PRODUCERS ROBERT GRAF ZOE KAZAN PAUL DANO
PG COARSE LANGUAGE, VIOLENCE, DRUG USE
MakeRubyReal.com
FOXSEARCHLIGHT
NOW PLAYING
FESTIVAL CINEMAS FIFTH AVENUE
CINEPLEX ODEON INT. VILLAGE CINEMAS
Check theatre directory or go to www.tribute.ca for showtimes

THESE PAGES COVER MOVIE START TIMES FROM FRI., AUG. 10 TO THURS., AUG. 16. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Denman Cinemas
1779 Comox

Bernie (PG) Fri-Sun 4:45 Tue-Thu 12:30
Cosmopolis (14A) Fri-Thu 2:30
The Dictator (14A) Fri-Thu 9:15
Madagascar 3: Europe's Most Wanted (G) Fri-Sun 12:30 Mon-Thu 4:45
Men in Black 3 (PG) Fri-Thu 7

Dunbar Theatre
4555 Dunbar Street

The Bourne Legacy (PG) Fri-Sun 1-3:45-7-9:45 Mon-Thu 3:45-7-9:45

Fifth Avenue Cinemas
2110 Burrard Street

Beasts of the Southern Wild (PG) Fri-Thu 4:45-7:30 The Dark Knight Rises (PG) Fri-Thu 3:45-7-10:15
The Intouchables (PG) Fri-Tue 1:45-4:30-6:50-9:10 Wed 1:45-4:30-9:10 Thu 1:45-4:30-6:50-9:10 The Queen of Versailles (G) Fri-Thu 1:30-4-7:10-9:20 Ruby Sparks (PG) Fri-Thu 2-9:40 To Rome With Love (PG) Fri-Thu 1:15-4:15-7:20-9:35

Granville
855 Granville St.

The Best Exotic Marigold Hotel (G) Fri 6:40-9:15 Sat-Sun 4:05-6:40-9:15 Mon-Wed 5:30-8:10 The Hunger Games (PG) Fri 8 Sat-Sun 4:25-8 Mon-Thu 8
Katy Perry: Part of Me (G) Fri 6:30-9:05 Sat-Sun 4:20-6:30-9:05 Mon-Thu 5:40-8:30
Magic Mike (14A) Fri 7-9:35 Sat-Sun 4:15-7-9:35 Mon-Thu 5:50-8:25
Prometheus (14A) Fri 6:50-9:25 Sat-Sun 4:10-6:50-9:25 Mon-Thu 5:35-8:15
Snow White and the Huntsman (PG) Fri 6:35-9:20 Sat-Sun 3:55-6:35-9:20 Mon-Thu 5:25-8:05
Take This Waltz (14A) Fri 6:45-9:30 Sat-Sun 4-6:45-9:30 Mon-Thu 5:45-8:20

Pacific Cinémathèque
1131 Howe Street

Frames of Mind (STC) Wed 7:30
Gods of the Plague (STC) Sun 8:45
Lola Versus (14A) Fri 6:30
Marnie (STC) Sat 6:30
Momma's Man (STC) Wed
Mother Kusters Goes to Heaven (STC) Sun 6:30 Mon 8:40
No Films Showing Today (STC) Tue Thu
Satan's Brew (STC) Fri 8:40 Mon 6:30

Park Theatre
3440 Cambie Street

Hope Springs (PG) Fri 4-7-9:15 Sat-Sun 1:30-4-7-9:15 Mon-Thu 4-7-9:15

Ridge Theatre
3131 Arbutus Street

The Bourne Legacy (PG) Fri 4-7-9:45 Sat-Sun 1-4-7-9:45 Mon-Thu 4-7-9:45

Rio on Broadway
1660 E. Broadway

Magic Mike (14A) Fri 6:45-9 Sun-Wed 7-9:30 No Films Showing Today (STC) Sat Thu Wet Hot American Summer (14A) Fri 11

Scotiabank Theatre Vancouver
900 Burrard St.

The Amazing Spider-Man (PG) Fri-Sun 1:20 Mon 12:55 Tue 1:20 Wed-Thu 12:55
The Amazing Spider-Man 3D (PG) Fri-Sun 4:20-7:30-10:40 Mon 3:55-7:30-10:30 Tue 4:20-7:30-10:40 Wed-Thu 3:55-7:30-10:30
The Bourne Legacy (PG) Fri-Thu 12:45-1-3:40-4:05-6:40-7:10-9:45-10:15 Fri-Sun 1:25-4:30-7:35-10:45 Mon 1:15-4:25-7:30-10:30 Tue 1:25-4:30-7:35-10:45 Wed-Thu 1:15-4:25-7:30-10:30
The Campaign (14A) Fri-Sun 1:15-3:30-5:50-8:10-10:30 Mon 1:05-3:20-5:40-8-10:20 Tue 1:15-3:30-5:50-8:10-10:30 Wed-Thu 1:05-3:20-5:40-8-10:20
The Dark Knight Rises (PG) Fri-Thu 2:10-3-5:45-6:40-9:25-10:20
Singin' in the Rain (G) Wed 7
Total Recall (PG) Fri-Sun 1:10-2-4-4:50-7-7:40-9:50-10:35 Mon 1:10-1:40-4-4:30-7:20-10-10:25 Tue 1:10-2-4-4:50-7-7:40-9:50-10:35 Wed 1:10-1:40-4-4:30-7:20-9:50-10:10 Thu 1:10-1:40-4-4:30-7:20-10-10:25

Esplanade 6
200 West Esplanade

Brave (G) Sat-Sun 1:15
Brave 3D (G) Fri-Tue 3:45-6:50
The Campaign (14A) Fri 3:30-4-7-7:20-9:10-9:30 Sat-Sun 1:10-1:30-3:30-4-7-7:20-9:10-9:30 Mon-Thu 3:30-4-7-7:20-9:10-9:30 The Dark Knight Rises (PG) Fri 3:40-4:45-8-9 Sat-Sun 1-3:40-4:45-8-9 Mon-Thu 3:40-4:45-8-9
Hope Springs (PG) Fri 3:50-7:10-9:40 Sat-Sun 1:20-3:50-7:10-9:40 Mon-Thu 3:50-7:10-9:40 The Odd Life of Timothy Green (G) Wed-Thu 3:45-6:50-9:20
The Watch (18A) Fri-Tue 9:20

Park & Tilford
333 Brooksbank Ave., 604-985-3911

The Amazing Spider-Man (PG) Fri-Thu 1:20
The Amazing Spider-Man 3D (PG) Fri-Thu 4:10-7-10
The Bourne Legacy (PG) Fri-Sat 1-1:30-4:05-4:35-7:10-7:40-10:15-10:40 Sun-Wed 1-1:30-3:55-4:25-6:50-7:20-9:45-10:15 Thu 1:30-3:55-4:25-6:50-7:20-9:45-10:15 Star & Strollers Screening, Thu 1
Diary of a Wimpy Kid: Dog Days (G) Fri-Thu 2:20-4:45-7:15-9:30
Ice Age: Continental Drift (STC) Fri-Thu 2:50 Ice Age: Continental Drift 3D (STC) Fri-Thu 5:10-7:30-9:50
Total Recall (PG) Fri-Sat 1:50-4:40-7:20-10:20 Sun-Thu 1:50-4:40-7:30-10:10

SilverCity Riverport
14211 Entertainment Way

The Amazing Spider-Man (PG) Fri-Sun 1:25 Mon-Thu 1:15
The Amazing Spider-Man 3D (PG) Fri-Sun 4:35-7:40-10:40 Mon-Thu 4:25-7:35-10:45
The Bourne Legacy (PG) Fri-Sun 1-4:05-7:10-10:15 Mon-Thu 12:45-3:55-7-10 Fri-Thu 1:30-4:35-7:40-10:45
Brave (G) Fri-Thu 12:35-3-5:30-7:55-10:20
The Campaign (14A) Fri 1:35-3:50-6:05-8:20-10:35 Sat 11:20-1:35-3:50-6:05-8:20-10:35 Sun-Wed 1:35-3:50-6:05-8:20-10:35 Thu 3:50-6:05-8:20-10:35 Star & Strollers Screening, Thu 1
The Dark Knight Rises (PG) Fri-Sun 2:10-2:45-5:45-6:45-9:20-10:20 Mon-Thu 1:10-2-4:45-5:45-8:30-9:30
The Dark Knight Rises: The IMAX Experience (PG) Fri-Thu 12:20-3:40-7:10-10:30
Diary of a Wimpy Kid: Dog Days (G) Fri-Thu 12:30-2:50-5:15-7:40-10
Ek Tha Tiger (STC) Wed-Thu 12:50-4-7:10-10:15 GF BF (STC) Fri-Thu 12:25-3-5:25-7:55-10:25
Hope Springs (PG) Fri-Thu 2-4:45-7:35-10:05 Ice Age: Continental Drift (STC) Fri-Thu 12:25
Ice Age: Continental Drift 3D (STC) Fri-Thu 2:50-5:15-7:40-10:05
Katy Perry: Part of Me (G) Fri-Sun 1-3:20-5:40 Mon-Tue 1:05-3:25-5:40
Madagascar 3: Europe's Most Wanted (G) Fri-Tue 1:45 Magic Mike (14A) Fri-Sun 8:05-10:40 Mon-Tue 8-10:30
The Odd Life of Timothy Green (G) Wed-Thu 1:40-4:15-7-9:35
Over the Hedge (G) Sat 11
Savages (18A) Fri-Tue 4:35-7:30-10:30
Singin' in the Rain (G) Wed 7
Step Up Revolution 3D (PG) Fri-Sun 12:35-3:05-5:35-8:05-10:35 Mon-Thu 12:40-3:10-5:35-8-10:25
Ted (14A) Fri-Sun 12:30-3:05-5:35-8:10-10:45 Mon-Thu 12:30-3:05-5:35-8:10-10:40
Total Recall (PG) Fri 1:40-2:15-4:30-5:05-7:20-7:55-10:10-10:45 Sat 11:20-1:40-2:15-4:30-5:05-7:20-7:55-10:10-10:45 Sun 1:40-2:15-4:30-5:05-7:20-7:55-10:10-10:45 Mon-Thu 1:10-1:55-4:05-4:55-7-7:45-10-10:40 The Watch (18A) Fri 12:50-3:20-5:50-8:20-10:40 Sat 10:15-12:50-3:20-5:50-8:20-10:40 Sun-Tue 12:50-3:20-5:50-8:20-10:40 Wed 1:30-4:10-10 Thu 12:50-3:20-5:50-8:20-10:40

SilverCity Metropolis
4700 Kingsway Ave.

The Amazing Spider-Man (PG) Fri-Sun 1:15 Mon-Thu 12:50
The Amazing Spider-Man 3D (PG) Fri-Sun 4:20-7:25-10:30 Mon-Thu 4-7:10-10:20
The Bourne Legacy (PG) Fri-Sun 12:40-3:55-7:05-10:15 Mon-Thu 12:45-3:50-6:55-10 Fri-Sun 1:10-4:25-7:35-10:45 Mon-Thu 1:15-4:20-7:25-10:30 The Campaign (14A) Fri 1:35-3:50-6:05-8:20-10:35 Sat 11:20-1:35-3:50-6:05-8:20-10:35 Sun 1:35-3:50-6:05-8:20-10:35 Mon-Thu 1:25-3:40-5:55-8:10-10:25 The Dark Knight Rises (PG) Fri 2:30-6:15-10:05 Sat 11-2:30-6:15-10:05 Sun-Thu 2:30-6:15-10:05 Fri-Thu 2-5:45-9:35 Diary of a Wimpy Kid: Dog Days (G) Fri-Sun 12:30-2:50-5:15-7:45-10:10 Mon-Thu 1:40-4:25-7:05-9:45
Hope Springs (PG) Fri 2:05-4:45-7:20-10 Sat 11:30-2:05-4:45-7:20-10 Sun 2:05-4:45-7:20-10 Mon-Thu 2:05-4:45-7:30-10:10
Ice Age: Continental Drift (STC) Fri-Sun 12:35 Mon-Thu 1:50
Ice Age: Continental Drift 3D (STC) Fri-Sun 3-5:25-7:55-10:25 Mon-Tue 4:40-7:15-9:55 Wed 4:40-9:55 Thu 4:40-7:15-9:55
Over the Hedge (G) Sat 11
Total Recall (PG) Fri 2:10-5-7:50-10:40 Sat 11:10-2:10-5-7:50-10:40 Sun 2:10-5-7:50-10:40 Mon-Tue 1:45-4:30-7:20-10:15 Wed 1:10-4-7-10:15 Thu 1:45-4:30-7:20-10:15

Station Square
220-6200 McKay Ave.

The Amazing Spider-Man (PG) Fri 3:50-6:55-9:55 Sat-Sun 12:40-3:50-6:55-9:55 Mon-Thu 3:50-6:55-9:55
The Best Exotic Marigold Hotel (G) Fri 6:55 Sat-Sun 1-6:55 Mon-Thu 6:55
The Bourne Legacy (PG) Fri 4-7:05-10 Sat-Sun 12:50-4-7:05-10 Mon-Thu 4-7:05-10 Brave (G) Fri 3:45-6:50 Sat-Sun 12:35-3:45-6:50 Mon-Thu 3:45-6:50
The Dark Knight Rises (PG) Fri 4:15-8 Sat-Sun 12:30-4:15-8 Mon-Thu 4:15-8
Magic Mike (14A) Fri-Thu 4:10-9:50
Marvel's the Avengers (PG) Fri-Thu 9:25
Step Up Revolution (PG) Fri 4:05-7:10-9:35 Sat-Sun 12:55-4:05-7:10-9:35 Mon-Thu 4:05-7:10-9:35
Ted (14A) Fri 3:55-7-9:30 Sat-Sun 12:45-3:55-7-9:30 Mon-Thu 3:55-7-9:30

SilverCity Coquitlam
170 Schoolhouse Street

The Amazing Spider-Man (PG) Fri-Thu 1:20 The Amazing Spider-Man 3D (PG) Fri-Thu 4:25-7:30-10:35
The Bourne Legacy (PG) Fri-Thu 12:40-3:45-6:50-9:55 Fri-Sun 1-4:10-7:20-10:25 Mon 4-7:10-10:15 Tue 1-4:10-7:20-10:25 Wed-Thu 4-7:10-10:15 Fri-Thu 1:30-4:35-7:40-10:45
Brave (G) Fri-Thu 12:35-3-5:25-7:50
The Campaign (14A) Fri 1:20-3:40-6-8:15-10:30 Sat 11:05-1:20-3:40-6-8:15-10:30 Sun-Tue 1:20-3:40-6-8:15-10:30 Wed 3:40-6-8:15-10:30 Thu 1:20-3:40-6-8:15-10:30 Fri-Sun 1:45-4:50-7:40-10 Mon 4:50-7:30-9:55 Tue 1:45-4:50-7:40-10 Wed-Thu 4:50-7:30-9:55 Star & Strollers Screening, Wed 1
The Dark Knight Rises (PG) Fri 1:10-2:30-4:45-6:45-8:30-10:20 Sat 11-1:10-2:30-4:45-6:45-8:30-10:20 Sun-Thu 1:10-2:30-4:45-6:45-8:30-10:20 Fri-Sun 3:20-7-10:40 Mon 3:15-6:50-10:30 Tue 3:20-7-10:40 Wed-Thu 3:15-6:50-10:30
Deranged (PG) Fri-Tue 4:20-7:05-9:40
Diary of a Wimpy Kid: Dog Days (G) Fri-Thu 12:30-2:50-5:10-7:35-10
Hope Springs (PG) Fri 2-4:40-7:20-9:55 Sat 11:15-2-4:40-7:20-9:55 Sun-Thu 2-4:40-7:20-9:55 Fri-Sun 12:45-3:50-6:40-9:30 Mon 3:45-6:35-9:30 Tue 12:45-3:50-6:40-9:30 Wed-Thu 3:45-6:35-9:30
Ice Age: Continental Drift (STC) Fri-Thu 12:30
Ice Age: Continental Drift 3D (STC) Fri-Thu 2:45-5:05-7:25-9:45
Madagascar 3: Europe's Most Wanted (G) Fri 1:45 Sat 11:20-1:45 Sun-Tue 1:45
Magic Mike (14A) Fri-Thu 10:15
The Odd Life of Timothy Green (G) Wed-Thu 1:40-4:15-7-9:35
Over the Hedge (G) Sat 11
Singin' in the Rain (G) Wed 7
Ted (14A) Fri-Sun 12:25-2:55-5:30-8:05-10:45 Mon 12:30-3-5:30-8:05-10:40 Tue 12:25-2:55-5:30-8:05-10:45 Wed-Thu 12:30-3-5:30-8:05-10:40
Total Recall (PG) Fri 1-1:50-4-4:50-7-7:45-9:50-10:35 Sat 11:10-1-1:50-4-4:50-7-7:45-9:50-10:35 Sun-Thu 1-1:50-4-4:50-7-7:45-9:50-10:35 Fri-Sun 1:20-4:30-8-10:55 Mon 4:30-7:50-10:45 Tue 1:20-4:30-8-10:55 Wed-Thu 4:30-7:50-10:45
The Watch (18A) Fri-Sun 12:50-3:20-5:50-8:20-10:50 Mon 12:50-3:15-5:45-8:15-10:45 Tue 12:50-3:20-5:50-8:20-10:50 Wed 12:50-3:15-9:45 Thu 12:50-3:15-5:45-8:15-10:45

Clova
5732-176th St., Surrey

Brave (G) Fri-Thu 3:25
The Dark Knight Rises (PG) Fri-Thu 7
Ice Age: Continental Drift (STC) Fri-Thu 1:30

Hollywood 3 Cinema
7125-138th Street, Surrey

Madagascar 3: Europe's Most Wanted 3D (G) Fri-Thu 12:45-2:45-6:45
Magic Mike (14A) Fri-Thu 4:30
Marvel's the Avengers (PG) Fri-Thu 3:40-6:30 Marvel's the Avengers 3D (PG) Fri-Thu 8:50 Step Up Revolution (PG) Fri-Thu 1:30-9:25
Step Up Revolution 3D (PG) Fri-Thu 4:45
Ted (14A) Fri-Thu 2-6:55-9:15

Strawberry Hill Grande
12161-72nd Ave, Surrey

The Amazing Spider-Man (PG) Fri-Thu 1:30 The Amazing Spider-Man 3D (PG) Fri-Thu 4:40-7:45-10:45
The Bourne Legacy (PG) Fri-Sun 1:30-4:35-7:40-10:45 Mon 1:05-4:10-7:15-10:15 Tue 1:30-4:35-7:40-10:45 Wed-Thu 1:05-4:10-7:15-10:15
The Campaign (14A) Fri-Sun 1:35-3:50-6:05-8:20-10:35 Mon 1:35-3:50-6:05-8:20-10:20 Tue 1:35-3:50-6:05-8:20-10:35 Wed 3:50-6:05-8:20-10:20 Thu 1:35-3:50-6:05-8:20-10:20 Star & Strollers Screening, Wed 1 Carry on Jatta (G) Fri-Thu 12:20-3:30-6:40-10 The Dark Knight Rises (PG) Fri-Thu 3:10-6:45-10:20 Fri-Thu 2:10-5:45-9:20
Diary of a Wimpy Kid: Dog Days (G) Fri-Sun 12:30-2:50-5:15-7:40-10:10 Mon 12:40-3:10-5:35-8-10:20 Tue 12:30-2:50-5:15-7:40-10:10 Wed-Thu 12:40-3:10-5:35-8-10:20
Ek Tha Tiger (STC) Wed-Thu 12:45-4-7:05-10:05 Hope Springs (PG) Fri-Thu 2-4:45-7:30-10
Ice Age: Continental Drift (STC) Fri-Sun 12:25 Mon 12:30 Tue 12:25 Wed-Thu 12:30
Ice Age: Continental Drift 3D (STC) Fri-Thu 2:50-5:20-7:55
Kyaa Super Kool Hain Hum (PG) Fri-Tue 12:45-4-7:05-10:05
Over the Hedge (G) Sat 11
Sirphire (STC) Fri-Sun 12-3-6-9 Mon 12:30-3:30-6:30-9:30 Tue 12-3-6-9 Wed-Thu 12:30-3:30-6:30-9:30
Total Recall (PG) Fri-Sun 2:20-5:10-8-10:50 Mon 2-4:50-7:40-10:30 Tue 2:20-5:10-8-10:50 Wed-Thu 2-4:50-7:40-10:30
The Watch (18A) Fri-Thu 10:25

Studio 12 Guildford
15051-101st Ave, Surrey

The Amazing Spider-Man (PG) , Fri-Sun 12:15 , Tue 12:15 , Wed-Thu 3:20-6:30-9:35 The Amazing Spider-Man 3D (PG) , Fri-Tue 3:20-6:30-9:35
The Bourne Legacy (PG) , , Fri-Sun 12:35-3:40-6:50-10:05 , , Mon 3:40-6:50-10:05 , , Tue 12:35-3:40-6:50-10:05 , , Wed-Thu 3:40-6:50-10:05
The Campaign (14A) , , Fri-Sun 1-4-7:20-9:55 , , Mon 4-7:20-9:55 , , Tue 1-4-7:20-9:55 , , Wed-Thu 4-7:20-9:55
Carry on Jatta (G) , Fri-Sun 1:10-4:25-7:45 , Mon 4:25-7:45 , Tue 1:10-4:25-7:45 , Wed-Thu 4:25-7:45 The Dark Knight Rises (PG) , Fri-Sun 12:20-12:50-3:15-3:50-6:15-8-9:25 , Mon 3:15-3:50-6:15-8-9:25 , Tue 12:20-12:50-3:15-3:50-6:15-8-9:25 , Wed 3:15-3:50-6:15-8-9:25 , Thu 3:50-6:15-9:25
Diary of a Wimpy Kid: Dog Days (G) , Fri-Sun 12:40-3:25-6:20-9:15 , Mon 3:25-6:20-9:15 , Tue 12:40-3:25-6:20-9:15 , Wed-Thu 3:25-6:20-9:15
Ek Tha Tiger (STC) , Wed-Thu 3:30-6:40-9:45 Hope Springs (PG) , Fri-Sun 1:20-4:20-7:15-9:45 , Mon 4:20-7:15-9:45 , Tue 1:20-4:20-7:15-9:45 , Wed-Thu 4:20-7:15-9:45 Ice Age: Continental Drift (STC) , Fri-Tue 4:30 , Wed-Thu 4:05
Ice Age: Continental Drift 3D (STC) , Fri-Sun 12:25-7-9:20 , Mon 7-9:20 , Tue 12:25-7-9:20 The Odd Life of Timothy Green (G) , Wed-Thu 4:30-7-9:30
Pseudo: Blood of Our Own (14A) , Thu 7
Ted (14A) , Fri-Sun 1:05-4:05-7:30-10:15 , Mon 4:05-7:30-10:15 , Tue 1:05-4:05-7:30-10:15 , Wed-Thu 7:30-10:15
Total Recall (PG) , , Fri-Sun 1:25-4:10-7:10-10:10 , Mon 4:10-7:10-10:10 , Tue 1:25-4:10-7:10-10:10 , Wed-Thu 4:10-7:10-10:10
The Watch (18A) , Fri-Sun 1:15-3:45-6:40-9:30 , Mon 3:45-6:40-9:30 , Tue 1:15-3:45-6:40-9:30

Rialto, 1732-152nd Street, White Rock

Hope Springs (PG) Fri 7-9 Sat-Sun 2-7-9 Mon-Thu 7-9 Magic Mike (14A) Fri 7:10-9:10 Sat-Sun 2:10-7:10-9:10 Mon-Thu 7:10-9:10

Criterion 4 White Rock
2381 King George Highway

The Bourne Legacy (PG) Fri-Sun 2-7-9:35 Mon-Thu 7-9:35
The Campaign (14A) Fri-Sun 2:30-7:30-9:25 Mon-Thu 7:30-9:25
Diary of a Wimpy Kid: Dog Days (G) Fri-Sun 2:20-7:20-9:15 Mon-Thu 7:20-9:15
Total Recall (PG) Fri-Sun 2:10-7:10-9:30 Mon-Thu 7:10-9:30

Colossus Langley
20090-91A Ave, Langley

The Amazing Spider-Man (PG) Fri-Thu 12:45 The Amazing Spider-Man 3D (PG) Fri-Thu 4-7:20-10:25
The Bourne Legacy (PG) Fri-Thu 1-4:05-7:10-10:15 Fri-Thu 1:30-4:35-7:40-10:45
Brave (G) Fri-Thu 12
Brave 3D (G) Fri-Thu 2:30-5-7:45-10:20
The Campaign (14A) Fri-Tue 12:55-1:35-3:10-3:50-5:25-6:05-7:40-8:20-9:55-10:35 Wed 12:40-1:35-3:50-5:25-6:05-7:40-8:20-9:55-10:35 Thu 12:55-1:35-3:10-3:50-5:25-6:05-7:40-8:20-9:55-10:35 Star & Strollers Screening, Wed 3
The Dark Knight Rises (PG) Fri-Thu 2-6-10 Fri-Thu 1-5-9
The Dark Knight Rises: The IMAX Experience (PG) Fri-Thu 12-3:30-7-10:30
Diary of a Wimpy Kid: Dog Days (G) Fri-Thu 12:30-2:50-5:15-7:35-10:10
Hope Springs (PG) Fri-Thu 2-4:45-7:30-10
Ice Age: Continental Drift (STC) Fri-Thu 12:45 Ice Age: Continental Drift 3D (STC) Fri-Thu 3-5:25-7:55-10:20
Madagascar 3: Europe's Most Wanted (G) Fri-Tue 12:15 Magic Mike (14A) Fri-Tue 12:05-2:40-5:20-8:05-10:40 Wed 1:05-3:55-10:40 Thu 12:05-2:40-5:20-8:05-10:40
The Odd Life of Timothy Green (G) Wed-Thu 1:40-4:15-7-9:35
Over the Hedge (G) Sat 11
Savages (18A) Fri-Thu 1:25-4:25-7:30-10:30
Singin' in the Rain (G) Wed 7
Step Up Revolution (PG) Fri-Tue 3:10-5:40-8:10-10:40 Ted (14A) Fri-Thu 1:30-4:30-7:25-10:05 Total Recall (PG) Fri-Thu 1:40-2:20-4:30-5:10-7:20-8-10:10-10:45
The Watch (18A) Fri-Thu 12:50-3:20-5:50-8:20-10:45

Twilight Drive-In
260th Street & Fraser Highway, Langley

The Bourne Legacy (PG) Fri-Thu 9
Savages (18A) Fri-Sat 1:30
Ted (14A) Fri-Thu 11:30

TIME'S RUNNING OUT.

THE YEAR'S BIGGEST SAVINGS!

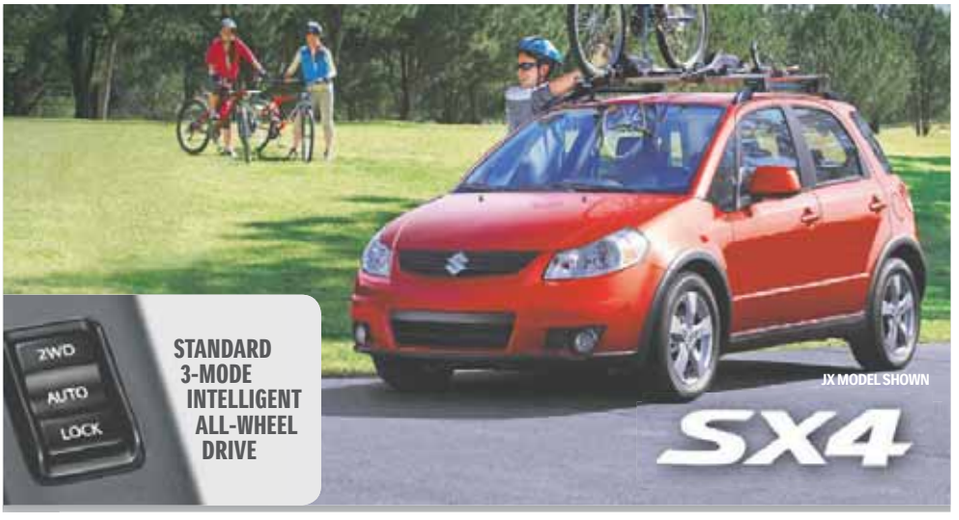
UP TO

$5,000 OFF!

DRIVE TO DECIDE

aeroplan

Purchase a new vehicle at Orca Bay Suzuki and earn 10,000 Miles!*



2012 SX4 JA iAWD CROSSOVER

WAS ~~$22,544~~

NOW $18,544*

*INCLUDES $4,000 FACTORY TO DEALER CREDIT
FREIGHT, DEALER FEES

ONLY 2 LEFT

2011 SX4 JLX

$21,995

Cash & Carry

2012 GRAND VITARA URBAN 4WD

WAS ~~$28,944~~

NOW $23,944*

*INCLUDES $5,000 FACTORY TO DEALER CREDIT
FREIGHT, DEALER FEES

ONLY 1 LEFT

2011 GRAND VITARA GV

$24,995

Cash & Carry

WAS ~~$17,244~~

NOW $13,244*

2012 SX4 JE SEDAN

*INCLUDES $4,000 FACTORY TO DEALER CREDIT
FREIGHT, DEALER FEES

WAS ~~$29,844~~

NOW $25,844*

2012 KIZASHI S iAWD

*INCLUDES $4,000 FACTORY TO DEALER CREDIT
FREIGHT, DEALER FEES

www.orcabaysuzuki.ca • www.langleysuzuki.ca

THE ALL NEW ORCA BAY

8100 - 2850 Shaughnessy St.,
Port Coquitlam

歡迎來電諮詢王先生

604-464-3330

DL#30882

OPEN 7 DAYS A WEEK

20115 Fraser Hwy.,
Langley

604-534-3331

DL# 31061

SUZUKI Way of Life!

CONSUMERS SHOULD READ THE FOLLOWING: *All offers and Selling Price include Delivery & Destination ($1,550 for Kizashi/$1,450 for SX4/$1,650 for Grand Vitara models), Dealer Administration Fee ($299), PPSA up to $72 (when financing), applicable taxes, license, registration, insurance and down payment. Vehicles may not be exactly as shown. These offers cannot be combined with any other offers and are subject to change without notice. The cash credit offer of $4000 on 2012 Kizashi S iAWD, $5000 on 2012 Grand Vitara, $4000 on 2012 SX4 JA iAWD & $4000 on 2012 SX4 JE sedan cannot be combined with any other offer. Dealers may sell for less. See participating dealers for details. Vehicle images shown may include optional upgrades. Limited time Cash Savings are available on a new 2012 Kizashi S iAWD Model 6B233C2 (Selling Price $25,844), 2012 SX4 Crossover JA iAWD with manual transmission Model H3NB2G2 (Selling Price $18,544), 2012 Grand Vitara Urban 4WD with automatic transmission Model L2NB5U2 (Selling Price $23,944), and a SX4 Sedan JE MT Model S3LB1G2 (Selling Price $13,244). Dealer trade or order from manufacturer may be required. Offer valid until August 31, 2012. ®Aeroplan is a registered trademark of Aeroplan Canada Inc. *Aeroplan offer cannot be combined with any other offer or promotion.

You Could
WIN A PAIR OF TICKETS
to the next VANCOUVER WHITECAPS FC home match on Wednesday August 15!

VANCOUVER WHITECAPS FC

club metro .com

To register and for full contest details visit clubmetro.com

FCR Foreign Credential Recognition Loan Project

Are you:

- An Internationally Trained Professional wishing to return to your field of work in Canada?
- A Canadian Citizen or Permanent resident residing in BC?
- A recipient of foreign credentials or designations?
- Lacking affordable financial support to cover:
  - Tuition fees for short-term training
  - Professional Association Fees
  - Qualification Assessment
  - Examination Fees

We can HELP!

We offer a competitive low-interest loan ranging from $1,500 to $15,000! Contact us to learn more about this great opportunity.

#238- 8131 Westminster Hwy,
Richmond, BC V6X 1A7
604-232-1100
fcrloaninfo@success.bc.ca

S.U.C.C.E.S.S. Employment Services

Canada Funded in part by the Government of Canada's Pan-Canadian Innovations Initiative

LET THE SUMMER GAMES BEGIN

VANCOUVER'S FAVOURITE COMEDY IMPROV SHOWS

ENCORE! Musical Improv Series • Wed 7:30PM
Improv Test Kitchen • Wed 9:15PM
SUMMER TheatreSports® • Thu 7:30PM
Ultimate Improv • Thu 9:15PM
SUMMER TheatreSports® • Fri/Sat 8 &10PM
Scared Scriptless • Fri/Sat 11:45PM

VANCOUVER THEATRESPORTS LEAGUE

Tickets starting at $10

LAUGH RESPONSIBLY
ALWAYS LAUGH IN A SAFE & APPROPRIATE ENVIRONMENT

Show info : www.vtsl.com

straight | Granville Island | City of VANCOUVER | Boomtime

TheatreSports is ™ & © Keith Johnstone. Used under license.

Sylvester Stallone (centre) managed to overcome initial reluctance by Dolph Lundgren (far right) to be in The Expendables 2 by customizing his role. HANDOUT

Stallone lures Lundgren back for Expendables 2

Character written specifically for him.
Veteran action star sees a lot of himself and his own past in his expanded role

NED EHRBAR
scene@metronews.ca

It's no secret that '80s action film star Dolph Lundgren also has a degree in chemical engineering and gave up a Fullbright scholarship to MIT to become a bodyguard for Grace Jones and eventually an actor. By complete coincidence, in The Expendables 2 we learn that his mercenary character, Gunnar, gave up studying chemical engineering at MIT to become a bouncer at a club and shack up with an exotic girlfriend. How convenient.

Whose idea was it to make your character's backstory your own backstory?
That was (Sylvester) Stallone. I had reservations about the original script on the second (movie). My character had been so fun to play in the first one. That was the reason I did the movie, and it felt like everyone seemed happy with it. Then in the second one, my character was just like a regular guy in the back with the rest of them, like, "Hey, can I throw a grenade? Can I kill someone, please?" And I didn't like that. I didn't want to make the picture — actually, I did turn it down. So then Stallone kind of came to me and said, "I'm going to think of something," and he came up with a couple of ideas. This was one.

Did you have a say in exactly how much his story matches yours?
It was all in there. I was a bouncer, and it had to do with Grace (Jones) — he fell in love with some girl who dances at a disco, which is kind of like Grace and the whole thing, right? Look, Sly made a career out of making his whole life into movies and it worked for him, so I did a little bit for me, I guess, and I guess it worked pretty well.

Was it common for you guys to slip in Stallone impressions on set when he wasn't around?
Yeah, and the Arnold (Schwarzenegger) one, too. "I'll be back" (laughs). I was at Comic-Con with them, and you're sitting at the panel with Arnold and Stallone, and you just don't say a word because what are you going to do? These guys are so famous that they're like almost beyond famous. Anybody can do their voice, everybody knows them in the whole world — in the fricking jungles of Malaysia, even.

When you're bringing in all these new characters, beefing up the cast, is there a worry that you're going to get crowded it out?
Yes, I think it weighs on you incredibly. Part of the filmmakers' and the writers' task is how do you give 10 co-stars enough screen time for them not to get upset or feel like they're getting lost — or for the audience to get their dose of Chuck (Norris) or whoever they want to see, Dolph Lundgren or Terry Crews or Stallone — well, Stallone gets a lot of screen time (laughs).

How have things changed for you since the first Expendables?
Well, it's changed in many ways. It's strange, because I think back on my life, and you have certain years you remember, like when I moved from Sweden to Australia. I remember when Rocky 4 came out, that was a big year. Then I had the year I got married. And then in 2010, Expendables came out, I got divorced, I moved back to L.A., I met my current girlfriend, I did this Eurovision Song Contest thing in Sweden where the Swedes instead of thinking I was this idiot who went to America and became famous and hates Sweden and basically was something to make fun of, they started accepting me and treating me well. So Expendables was part of that.

Quoted

"Sly made a career out of making his whole life into movies and it worked for him."

Dolph Lundgren. Expendables 2 actor.
Explains how Sylvester Stallone convinced him to do a sequel.

Time to heal

Grieving Stallone stays home

The cast of The Expendables 2 say they're giving Sylvester Stallone space after the death of his son last month.

Stallone's 36-year-old son Sage died on July 13 in his Los Angeles home — a day after Stallone was joined by Arnold Schwarzenegger and other Expendables stars at Comic-Con in San Diego.

"Something like that is so severe. You can't really do anything. I sent him a handwritten note. I contributed to a charity for his kid," said Dolph Lundgren, one of the stars of the film, which opens Aug. 17.

"He knows we're thinking about him," Lundgren said at a recent media event for the film. "He knows us. He knows our prayers go out to him. But what are you going to do? I have two kids. And all you can do is hug your kids and go thank God it didn't happen to you."

Stallone has not made any public appearances since the death. His publicist said in a statement that the star was "devastated and grief-stricken."

THE ASSOCIATED PRESS

Winning?

Canadians finally get a taste of Sheen's Anger

The Olympics are all about dedication and discipline, and what says dedication and discipline like Charlie Sheen?

OK, so Sunday likely marks the last time the manic actor will be associated with the Olympics, as his heavily promoted new series Anger Management makes its Canadian premiere immediately following the London Games' closing.

Loosely inspired by the Jack Nicholson movie with the same title, the show also features Selma Blair and Brett Butler in recurring roles. CTV

Charlie Sheen stars in the new show Anger Management. HANDOUT

Punk on Punk'd

Bieber's Punk'd episode gets a second run

Canadian teen-pop sensation Justin Bieber is known as quite the little prankster, but you don't need to take my word for it.

On Saturday, MTV Canada is re-airing the episode of Punk'd hosted by the Stratford, Ont., native. Among Bieber's escapades, he tricks Taylor Swift into thinking she ruined a couple's wedding by setting a boat on fire.

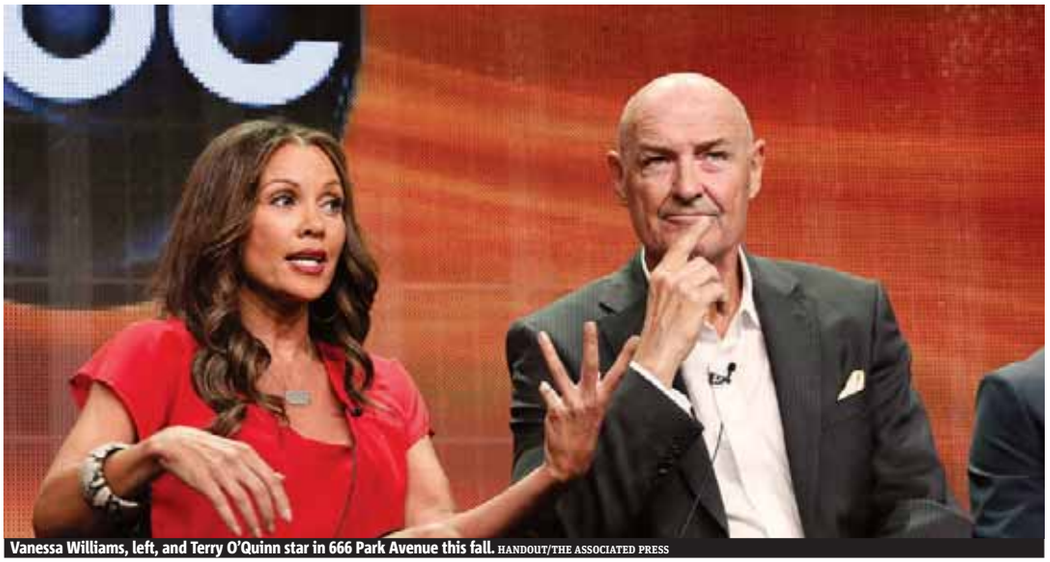
And he double-crosses Miley Cyrus, who believes she's punking Bieber when it's actually the other way around. MTV

Don't Panic

See Stewart before Twilight

Brooding Twilight star Kristen Stewart has been in the news for the wrong reasons lately, after her affair with a married director made worldwide headlines.

But loyal fans of the 22-year-old can revisit a simpler time in her life on Friday with the David Fincher thriller Panic Room, in which a pre-teen Stewart starred alongside Jodie Foster as a mother-daughter duo imprisoned in their own house by three criminals. W NETWORK



Vanessa Williams, left, and Terry O'Quinn star in 666 Park Avenue this fall. HANDOUT/THE ASSOCIATED PRESS

New shows, stars wait for other shoe to drop

Fresh fall lineup. Casts and execs hold their breath as the new season approaches and the axe hangs over everyone's head

It's the moment before the moment of truth.

The new fall series are in the wings, just days or weeks from bursting into view and discovering their fate.

Their stars, producers and network bosses are full of anticipation and resolve.

That's what the recent Television Critics Association powwow was all about: Casts and execs parading before the nation's TV reporters to get them stoked.

Granted, many of the stars who hawked their show with such conviction were relying on blind faith. Most were still a few days from resuming production.

Some hadn't even seen any upcoming scripts.

Their only firsthand knowledge was based on the series pilot they shot months ago.

The painful truth is, the shows the stars came plugging at TCA will most likely be gone a year from now, when some of the same actors could be right back here promoting their next series — those actors, that is, who are lucky enough to land another series so quickly.

Consider Laura Benanti from the upcoming NBC comedy Go On, who a year earlier sat here on the dais in the Beverly Hilton Hotel's grand ballroom as part of the ensemble of NBC's The Playboy Club — which was axed last fall after airing just three weeks.

Alongside her was Go On co-star Matthew Perry, who last season was at TCA plugging his ABC sitcom Mr. Sunshine.

Terry O'Quinn, who scored belated TV stardom on Lost, is now headlining as a devilish landlord on ABC's spooky thriller 666 Park Avenue, and he takes nothing for granted.

"I feel very uncertain, not terribly well-balanced," he said with a wan smile.

"And having done this for a living for this long, that's a fairly normal state. I hope the show succeeds, but I've become pretty philosophical about the numerous failures that one suffers in this business."

THE ASSOCIATED PRESS

JESSE LABELLE
Jesse Labelle's new album
TWO
featuring the hit single
Heartbreak Coverup
AVAILABLE EVERYWHERE
AUGUST 7
ATLANTIS
PARADISE ISLAND, BAHAMAS
TOYWATCH
YOU COULD
WIN!
2 flights and 2 nights at Atlantis, Paradise Island
2 tickets to see an intimate concert from Jesse Labelle.
Prize package including a $250 shopping spree at Bluenotes, a watch from ToyWatch, and more!
VISIT
clubmetro.com
TO ENTER
No purchase necessary. Terms and conditions apply. For full contest details and terms and conditions, visit clubmetro.com

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Jay-Z and Beyoncé

Jay-Z, Beyoncé top power couple financial list

Forbes magazine has yet another list for measuring celebrity wealth, and this time it's the Highest Paid Celebrity Couples.

Topping the list are Beyoncé and Jay-Z, with an estimated combined income last year of $80 million.

Tom Brady and Gisele Bundchen, who topped the list last year, come in at No. 2 with $42 million, while David and Victoria Beckham sit at No. 3 with $54 million.

Brad Pitt and Angelina Jolie, who hold the fourth spot, earned $45 million last year.

Brad Pitt and Angelina Jolie

A 'pre-wedding' gift worth $370K

Brad Pitt is apparently making the most of his engagement to Angelina Jolie. The actor reportedly purchased a $370,000 Patek Philippe watch for Jolie as a lavish "pre-wedding present," according to the Sun. "It chimes like Big Ben and is constructed by hand," a source says of the watch, which took two months to put together. "He went to Geneva to pick it up, and it's believed he'll present it to Ange as a pre-wedding gift."

TomKat keeping it civil for benefit of daughter Suri

While their divorce came suddenly, Katie Holmes and Tom Cruise have reportedly kept things from getting too bitter, establishing a "civilized routine" as they share custody of 6-year-old daughter Suri, according to People magazine.

The exes "are talking," a source says. "They are both going to do what's best for Suri."

That includes sending her to private school in New York City in the fall "to have that sort of stability and consistency in her life," another source says.

Katie Holmes and Tom Cruise

The Word

THE WORD
Monica Weymouth
scene@metronews.ca

A delayed X Files romance?

Earlier this week, Gillian Anderson parted ways with her longtime boyfriend and father of her two sons, Mark Griffiths.

She's not exactly a to-death-do-we-part type of girl — she's previously married and divorced twice — but rumors are swirling that there are special circumstances to this split.

According to gossip blog Celebrity Dirty Laundry, the actress is dating her former X Files costar, the recently officially single David Duchovny.

Sources tell the site they "have been in a serious relationship for some time now," and that Anderson and her children have already moved in with Duchovny in Los Angeles.

Before you X Files fans get too excited, a word from Duchovny's rep: "It is not true," he says in a terse statement.

The thing is, we should probably believe him. But on behalf of all the Scully and Mulder goldfish couples out there, we're not giving up hope just yet.

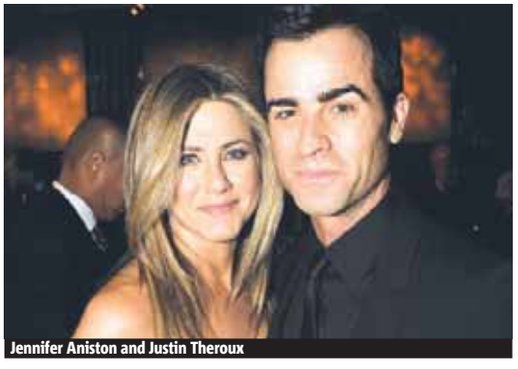
Robert Pattinson

Pattinson opens line of communication — in the form of drunk-dialing

Robert Pattinson has reportedly started reaching out to estranged girlfriend Kristen Stewart — but not in the healthiest of ways.

"He's been drinking like crazy," a source tells In Touch magazine. "He's been drunk-dialing Kristen." Pattinson had reportedly been giving Stewart the silent treatment in the wake of revelations of her infidelity, but apparently now he's looking to talk — sort of.

"Rob had been avoiding her calls, but now they're talking — well, they're barely talking," the source says. "There's a lot of dead silence on the phone because there's not a lot to talk about."



Jennifer Aniston and Justin Theroux

Aniston rep denies couple is calling it quits

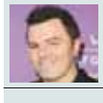
Despite a report in Star magazine that Jennifer Aniston and Justin Theroux had called it quits after a year and a half of dating, the couple is reportedly still very much together, according to Wonderwall. "It's once again just another fabrication to sell magazines and has no relationship to reality," a rep for Aniston says. In fact, while Aniston's been shooting a new movie in North Carolina, Theroux has reportedly been spending time with her closest friends, grabbing dinner in New York with Courteney Cox and Laura Dern.

Twitter

@AnnaKendrick47
Every Olympics some poor reporter has to take a "gymnastics lesson." How drunk do you think they get just to face going into work that day?

@CarrieFFisher
Please let's move to a brighter and funnier future with Dumb and Dumber TWO!!

@mradamscott
Of all Olympic events, the balance beam seems super easy.



@SethMacFarlane
So, we're all still totally fired up about that Kony thing, right?

This recipe serves four. SHAPE.COM

Give them a delicious reason to say 'Opa!'

Pan-Sautéed Salmon Over Mediterranean Vegetables. This healthy recipe is inspired by some popular Greek flavours

The ancient Greek physician Hippocrates stated, "Let thy food be thy medicine and thy medicine be thy food".

Hippocrates, the father of modern medicine, used spices and herbs from the Greek countryside for his medical healing.

Greeks have been cooking on the open grill for thousands of years. They are famous for both their grilled vegetables and their grilled fish. Grilling is also one of the healthiest ways of cooking food.

Main ingredients of Greek cuisine are olive oil, vegetables and herbs, grains and bread, wine, fish, and various meats. Also important are olives, feta cheese, eggplant, courgette (zucchini), and yogurt. Greek desserts are characterized by nuts and honey.

This heart-healthy Mediterranean recipe helps you get your vegetables in, along with providing a nice amount of fibre and omega-3s.

1. Heat 1/2 teaspoon of oil in a small non-stick skillet over low heat. Add prosciutto. Sauté for 5 minutes, or until crispy. Stir in garlic; turn off heat.

2. Heat 2 teaspoons oil in a large nonstick skillet over medium-high heat. Add onion and mushrooms and sauté for 8-10 minutes, or until golden. Stir in tomatoes and cook for 3 minutes. Add spinach and basil and cook for 3 more minutes. Stir in prosciutto-garlic mixture. Cover; keep warm. Season salmon fillets with salt and pepper.

3. Heat remaining 1/2 teaspoon of oil in the same skillet used to cook prosciutto over medium heat. Add salmon, skin-side down. Cook, covered, for 10-12 minutes or until fish flakes easily. Use a spatula to loosen fish from its skin, which will stick to skillet.

4. Divide vegetables among 4 plates, top with salmon and serve immediately.

TASTE OF THE DANFORTH/SHAPE.COM

Ingredients

Start to finish: 30 minutes

- 3 olive oil, divided
- 2 prosciutto, diced
- 3 fresh garlic, minced
- 1 1/2 red onion, chopped
- 10 button mushrooms, stems removed, caps thinly-sliced
- 4 plum tomatoes, cored and diced
- 4 (packed) spinach leaves, chopped
- 1 fresh basil leaves, torn
- 4 4-oz salmon fillets, about 1-inch thick
- Salt and freshly ground black pepper to taste

Liquid Assets

Greece in a wine glass

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

When it comes to undiscovered wine countries, Greece is the word.

While you could make a decent argument for China and somewhere obscure in South America or Eastern Europe, the Greeks are often credited for getting the wine industry rolling by being the first to ferment grape juice a few centuries ago.

Problem is, Greek wines come with more baggage than a family holiday with the Kardashian sisters.

Though the good stuff is Mediterranean in style, I'm betting the only wine you've ever tried from Greece is the polarizing, pine-resonated Retsina — which has a taste that can only be acquired after copious shots of Ouzo.

As if freaky flavours aren't enough of a problem, the old adage "It's all Greek to me" certainly applies to most of the country's wine labels. Even if you can pronounce a word with five vowels, you would still need a UN translator to understand what it means.

Selection varies dramatically across the country so it's hard to recommend a go-to wine. Look for one made by one of its better producers (Boutari or D. Kourtakis) and with one of its endogenous classic grapes — agiorgitiko for red and moschofilero for white.

"Opa!"

LIFE

On the Web

Cajun-style potato chips? How about crab seasoning? The U.S. is a land of many chip varieties

Save big on furniture
so your kid can afford to party.
Um, we mean, to study.
Go back to school with IKEA.

Visit **IKEA.ca** for store locations and hours. Or to shop from home, visit our website or call **1-866-866-IKEA**

IKEA®

© Inter IKEA Systems B.V. 2012.

This recipe serves four. THE CANADIAN PRESS H/O

Gluten-free tartlets celebrate end of local strawberry season

Local strawberries star in these sweet and creamy tartlets with liqueur that happen to be gluten-free.

1. Heat oven to 190 C (375 F).

2. In a food processor, pulse together walnuts, butter, maple syrup and brown sugar until crumbly. Divide mixture among four 10-cm (4-inch) non-stick tart shell moulds, pressing evenly into bases.

3. Bake for 13 to 15 minutes until fragrant and golden brown. Let cool and remove from moulds.

4. In a medium bowl, combine strawberries with liqueur; spoon 50 ml (1/4 cup) into the base of each tart.

5. Pipe or spoon 50 ml (1/4 cup) of the whipped cream onto each tart and top with large strawberries. Serve immediately.

THE CANADIAN PRESS/ CALIFORNIA WALNUTS, WALNUTINFO.COM

Ingredients

- 375 ml (1 1/2 cups) walnut pieces
- 30 ml (2 tbsp) butter, softened
- 15 ml (1 tbsp) maple syrup
- 15 ml (1 tbsp) brown sugar
- 250 ml (1 cup) diced strawberries
- 30 ml (2 tbsp) Grand Marnier liqueur
- 125 ml (1/2 cup) whipping cream, whipped
- 4 large strawberries, for garnish

If you can't stand the heat, It's time to ditch your old oven.

From August 1 to August 31

save up to $250*

when you purchase a freestanding range with the revolutionary new AquaLift™ Self-Clean Technology.

See sales associate for details.

AquaLift™ Self-Clean Technology. Self-cleaning made simple.

Less Heat

Your kitchen wasn't designed to double as a sauna. That's why, unlike conventional ovens that can reach temperatures of up to 425°C, the exclusive new **AquaLift™ Self-Clean Technology** will clean your oven at only 93°C.

Less Time

AquaLift™ Self-Clean Technology will release the tough, baked-on foods and debris in your oven in under an hour, so you don't need to clear your schedule on days that you clean it.

No Odour

AquaLift™ Self-Clean Technology does the dirty work, without the dirty smell. Because you shouldn't have to evacuate your house when you set your oven to "clean."

*$250 savings offer valid only on purchase of the following qualifying Whirlpool® models: YWFE540H0A, YWFE710H0A, WFG540H0A, WFG710H0A, WFG720H0A. Receive $200 on the purchase of the following qualifying Maytag® models: YMER8775AS, YMER8880A, MGR8775A, MGR8880A, YMR8890AS, YMFI910H0AS only. Offer valid on qualifying Whirlpool® and Maytag® appliances purchased from a participating authorized Canadian dealer from August 1 to August 31, 2012. Offer cannot be combined with any other offer. All models may not be available at all dealers. No substitute models qualify. This offer is not available to dealers, builders or contractors. Dealer prices may vary. Dealer alone has the sole discretion to set retail prices. ®/™Used under license in Canada. ©2012 All rights reserved.

Strawberry Sauce. Serve it over ice cream, cake or savoury eats like pork

This recipe makes 25 ml (1 cup) of sauce. THE CANADIAN PRESS H/O

How great would the fresh taste of summer be in the dead of winter? Simply prepare this easy strawberry sauce, then come the cold season you can thaw.

Of course it's perfect for serving over ice cream, yogurt or a simple cake. There is even a savoury version that's ideal with pork or chicken.

1. In a food processor, puree berries, sugar, water and lemon juice until smooth.

2. Turn into a medium saucepan. Simmer over medium heat, stirring occasionally, until sugar is completely dissolved and sauce is slightly translucent, about 3 minutes. Let cool; freeze in an airtight container. **THE CANADIAN PRESS/ FOODLAND ONTARIO**

Ingredients

- 500 ml (2 cups) sliced locally grown strawberries
- 45 ml (3 tbsp) granulated sugar
- 30 ml (2 tbsp) water
- 10 ml (2 tsp) lemon juice

Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events courtesy of Notable.ca.
To get even more info on these Notable happenings make sure to check out notable.ca/nationwide/metro/august10

NOTABLE NOW
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

Now Open: Sol Sun Belt Cookery

550 DENMAN STREET

Located in Coal Harbour (previously home to Crime Lab) this spot is the latest creation courtesy of culinary whiz kids Gord Martin (Bin 941) and Abdel Elatouabi of Bravo Bistro. Sol will offer patrons a menu steeped with variety; look for Moroccan, Spanish and Mediterranean dishes on the well-priced menu. A well-priced wine, cocktail list, live DJ and waterfront patio make this the perfect addition to the area.

KnowShow

AUGUST 9 – 11

Get in the know for upcoming fall/winter trends and uncover new lifestyle brands at one of the Canada's largest premiere spots for fashion finds. This is where most of the retail buying gets done – and it's open to the public during specified hours this time around. Event takes place at the Vancouver Convention Centre located at 1055 Canada Place. For details visit: knowshow.ca.

Kits Fest 2012

AUGUST 10 - 12 AT KITSILANO BEACH

Back for another year, this summer festival is one of Vancouver's best seasonal celebrations, knitting together healthy living, sports and competition throughout three days. Participate or be a spectator of various competitive sports tournaments including basketball, tennis and volleyball and take in the newly-added "beach tennis" tournament too. Worth noting: yoga on the beach "Sweat-Fest" by Lululemon, free music, Baseline Bistro, entertainment and more. Visit: kitsfest.com for full details.

Burnaby Blues + Roots Festival

AUGUST 11 AT DEER LAKE PARK

This weekend marks the return of the 13th Burnaby Blues + Roots Festival at the beautiful outdoor setting of Deer Lake Park. Concert-goers can cruise between several stages and take in acts such as the Indigo Girls, Jimmie Vaughan, Meshell Ndegeocello and more. Visit various artisan exhibits, enjoy a variety of food and more. For info visit: burnabybluesfestival.com.

TD Canada Trust Vancouver Chinatown Festival

AUGUST 11 - 12

This weekend, head to Keefer and Columbia Street and enjoy one of our city's most vibrant multicultural festivals. With more than 60,000 attendees last year alone, this year's will be no exception. There is a Day Market, Historical & Food Tasting tour, live cultural performances, a talent show and more.

Recently Open: Rio Brazilian Steak House

689 DENMAN STREET

Located at the corner of Alberni and Denman Sreet in the West End, Rio features a large selection of traditional Brazilian dishes and cuts suited to any and all carnivorous cravings. It's open-concept, modern design creates an inviting atmosphere for diners with a spacious patio helping add to that. Pair your choice cut with items from a carefully-created regional menu. For details and to view menu visit: riobrazilian-steakhouse.ca.

Cattle Café 牛仔餐廳
HONG KONG STYLE CAFÉ REDEFINED
• Creative menu inspired by recipes from around the world
• Best value meals with quality ingredients
• Featuring Laksa, fish soup noodle, bubble tea drink, golden bubble waffles, Teppanyaki...
Edmonds: 7348 Kingsway, Burnaby Tel: 604.636.1123
Metrotown: 4883 Kingsway, Burnaby Tel: 604.430.8686
Circle Square: 3510 Kingsway, Vancouver Tel: 604.638.8990
Richmond: 1020 - 8580 Alexandra Rd., Richmond Tel: 604.276.2800
Open Hour: 11am -1am | www.cattlecafe.ca
10% OFF*
Any Teppanyaki order.
One coupon per order. Available at Edmonds location only
Expires Sep 9, 2012
* Conditions apply
Cattle Hot Pot Restaurant 牛仔火鍋
Richmond: 1150 - 8391 Alexandra Rd., Tel: 604.248.4345
Open Hour: 5pm - 12am | www.cattlehotpot.com

Visit **IKEA.ca** for store locations and hours. Or to shop from home, visit our website or call **1-866-866-IKEA**

IKEA®

© Inter IKEA Systems B.V. 2012.

SPORTS 4

NHL

Bettman sets countdown for player lockout

Gary Bettman says the NHL will lock out its players if a new collective bargaining agreement can't be reached by Sept. 15.

The NHL commissioner delivered that news to the NHL Players' Association during a bargaining session on Thursday.

Donald Fehr, the NHLPA's executive director, had said repeatedly that they could agree to proceed with a new season even if a new agreement wasn't in place when the current one expires.

However, that's not something Bettman and the NHL's owners are interested in pursuing.

Fehr is expected to deliver a counter-proposal to the league in Toronto next week.

THE ASSOCIATED PRESS

"Time is getting short and the owners are not prepared to operate under this collective bargaining agreement for another season."

NHL commissioner Gary Bettman

NBA

Lakers to land Howard in trade involving four teams

The Los Angeles Lakers have a deal in place to acquire Dwight Howard from Orlando in a four-team, eight-player trade also involving Denver and Philadelphia, and the NBA has scheduled a conference call Friday with the four general managers to finish the deal, according to multiple reports.

Philadelphia would get Andrew Bynum from Los Angeles and Jason Rchardson from Orlando, while Denver would get Andre Iguodala from the 76ers.

Orlando would receive Arron Afflalo and Al Harrington from Denver, Nikola Vucevic and Moe Harkless from Philadelphia, and lottery-protected first-round picks from each of the three teams. THE ASSOCIATED PRESS

Blue Jays just can't shake off struggles in Tampa Bay

MLB. Rays finish off decisive sweep of injury-ravaged Toronto club

Matt Moore pitched up to the lofty recent standards set by the Tampa Bay pitching staff. And when the Rays added some hits and runs, that made things look easy.

Moore threw six sharp innings, Jose Lobaton drove in three runs and the Rays beat the Toronto Blue Jays 7-1 Thursday for a three-game sweep.

"Our staff and our entire lineup right now, we're playing well," Moore said after winning in the finale of a six-game homestand. "It's a very good time for us in this clubhouse, and there's a lot of looking forward to going on the road right now."

Moore (9-7) gave up one run and two hits, retiring 14 straight batters during one stretch. He won his third straight start, striking out six and walking two.

That kind of pitching has become routine for the Rays, who have allowed more than one run in only six of their last 19 games.

Hitting has been another matter. The Rays took the AL's worst batting average (.230) and lowest scoring output (441 runs) into the game, but Evan Longoria drove in two runs and had three hits.

Jeff Keppinger also had three of Tampa Bay's 13 hits. The Rays got seven runs after scoring only nine in the first five games of the homestand.

Longoria, who missed 85 games with a partially torn hamstring, came inches short of his first home run since April. His RBI double in the eighth inning was close enough for the umpire crew to review before determining it had bounced off a rail and back into play.

THE ASSOCIATED PRESS

Thursday's game

Rays	Blue Jays
7	1

By the numbers

16

Tampa Bay has won 16 straight series against Toronto at Tropicana Field. The Rays have won six of eight games overall while the Blue Jays have lost 15 of their last 19.

Adeiny Hechavarria, left, and Edwin Encarnacion stretch to catch an infield fly on Thursday in St. Petersburg, Fla. AL MESSERSCHMIDT/GETTY IMAGES

Injury

Lawrie taking his turn on DL

The Toronto Blue Jays have placed third baseman Brett Lawrie on the 15-day disabled list.

Lawrie — who has a possible rib-cage injury — is on the DL retroactive to Aug. 4.

On Wednesday, Lawrie missed his fourth consecutive game because of a rib cage injury.

Lawrie had an MRI exam Tuesday night that showed some oblique inflammation.

THE CANADIAN PRESS

Brett Lawrie GETTY IMAGES FILE

TURNING UP THE TURNOVERS

Lions defence looking like class of CFL; former all-star placekicker turns up at Roughrider camp; and the Bombers' first-quarter shortcomings in line with headache season

CFL EXTRA POINTS
Dan Toth
vancouver@metronews.ca

B.C. Lions: The Lions continue adding to the argument that they possess the CFL's best defence. Last week's defensive shutout of the Toronto Argos, with flashy performances from newcomers Byron Parker and Lin-J Shell, just re-enforced their status as the CFL's nastiest D. B.C. forced four turnovers and didn't allow a touchdown for the second straight game.

Calgary Stampeders: Stampeders head coach John Hufnagel must appreciate having a little extra time to devise a game plan. The Stamps entered Thursday night's game in Hamilton sporting a 5-0 record when returning from the bye week.

Saskatchewan Roughriders: We posed the question a couple of weeks ago about the future of former all-star placekicker Sandro DeAngelis, who had seemingly been booted from the collective conscience of CFL teams.

His appearance this week in Roughriders camp reinforces the notion that teams are willing to provide second and third chances for players of his calibre. The former most outstanding Canadian of the 2008 Grey Cup has bounced from Calgary to Hamilton and then Montreal, but could find a home in Regina where he is reunited with former Calgary coaches Corey Chamblin and Craig Dickenson.

Winnipeg Blue Bombers: It's been well-documented that the hapless Bombers are faced with endless headaches this season, from a new stadium that wasn't completed on time, to another maddening injury to star QB Buck Pierce. But worst of all is an inability to get ready for the start of games, and that has to rest with head coach Paul LaPolice.

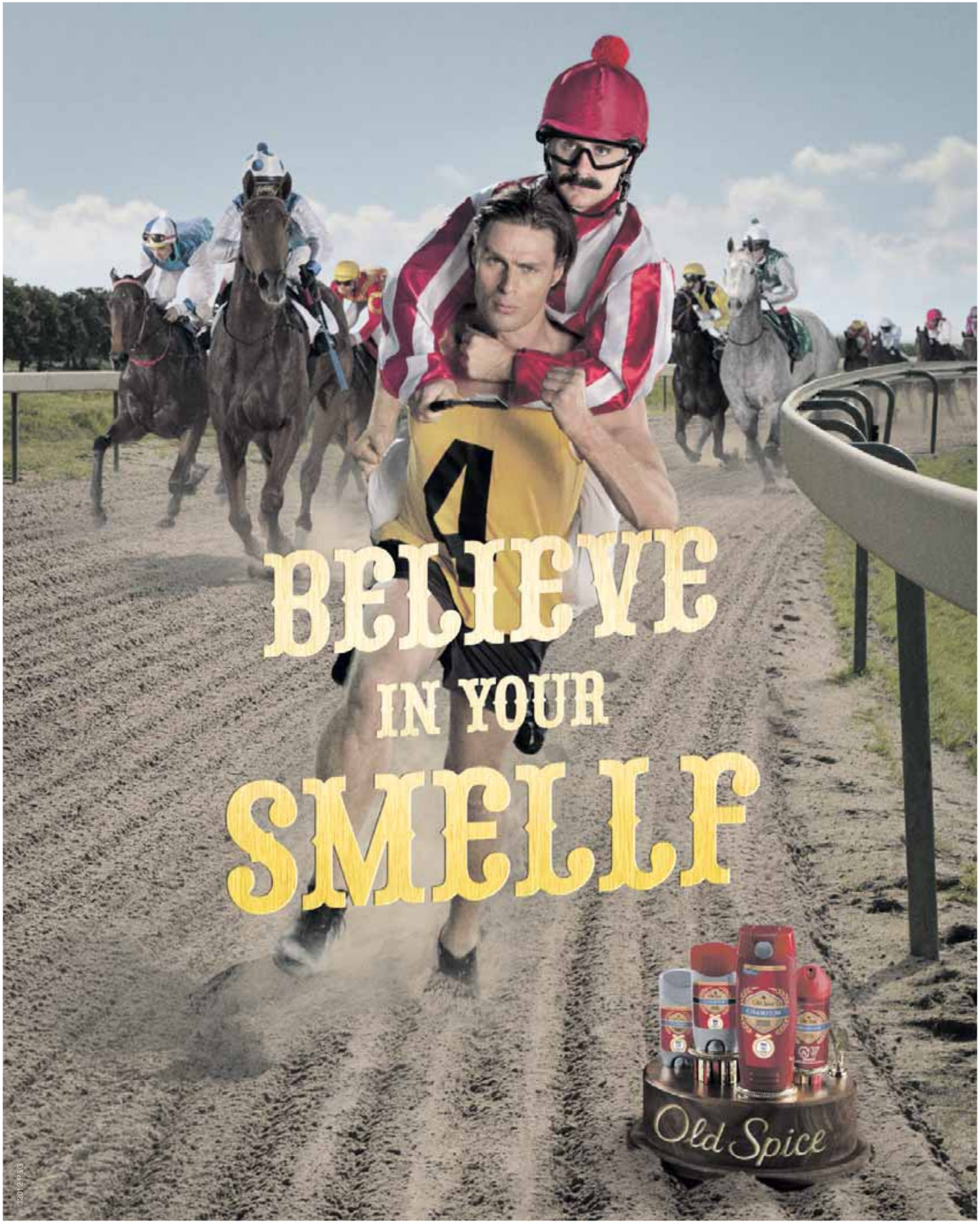
The Bombers have been outscored 47-7 in first quarters this season and have yet to record a touchdown in the first 15 minutes.

Montreal Alouettes: It's hard not to focus on aging QB Anthony Calvillo when assessing the merits of the Alouettes, but the play of running back Brandon Whitaker is also worth noting.

Whitaker won his second CFL offensive player-of-the-week award with a season-high 115 yards on 18 carries in a win over Winnipeg. You could argue he is the league's most talented and versatile back.

Mobile sports

Zsofia Balazs once saw a fish eat another fish while she swam an open-water race. Richard Weinberger spent much of a river race in Mexico wondering where the crocodiles were lurking. Canada's marathon swimmers at the Olympics both admit their sport's wild environments can make them feel uneasy. Scan the code for the story.


BELIEVE
IN YOUR
SMELLF
Old Spice
©2012 P&G

DON'T MISS A BEAT

VANCOUVER WHITECAPS FC

MATCH TICKETS
AVAILABLE FROM
$20*
whitecapsfc.com/tickets

VS
REAL SALT LAKE
TOMORROW, 4 P.M.
BC PLACE
MATCH NIGHT SPONSORS:
Purolator MEDRAY MRI MR. LUBE Chevron

VS
FC DALLAS
WED. AUGUST 15, 7 P.M.
BC PLACE
MATCH NIGHT SPONSORS:
AIR CANADA

MLS

*Plus applicable taxes and fees

Usain Bolt celebrates winning gold in the men's 200-metre final on Thursday in London. STU FORSTER/GETTY IMAGES

Bolt supports his claim of 'living legend'

Track-and-field. Jamaican speedster repeats as 200-metre champion while his country sweeps medals

Usain Bolt backed up his billing as a "living legend" by winning the Olympic 200 metres and becoming the first athlete to repeat as double Olympic sprint champion.

"Bask in my glory," Bolt boasted. "I've got nothing left to prove."

Undaunted by the first world record of the Olympic track meet run by 800-metre winner David Rudisha less than an hour before the 200 final, Bolt was not about to be upstaged by anyone.

He dominated his favourite event almost from the starting gun and had enough of a lead to slow down at the line, bring his left index finger to his mouth and signal a "ssssshhh" that was broadcast around the globe.

It should certainly silence the critics who claimed he was out of form ahead of the Olympics after losses to Yohan Blake at the Jamaican trials.

"That was for all the people that doubted me," Bolt said. "I was just telling them, 'You can stop talking now because I am a legend.'"

But he didn't stand a chance of hushing the 80,000-capacity crowd at the Olympic Stadium, which went wild as Bolt delivered on his promise of winning when it counts most.

They knew they were witness to something unique.

"I've done something that no one has done before, which is defend my double title," Bolt said. "Back-to-back for me, I would say I'm the greatest."

His 19.32-second winning time was just .02 seconds outside his winning mark at the Beijing Olympics.

Just like Sunday's victory in the 100, his junior training partner Blake stayed closest, and Warren Weir made it a full Jamaican medal sweep before Wallace Spearmon of the United States crossed in fourth place.

Bolt kissed the track twice before striking his trademark "To the World" pose, pointing both his index fingers upward to show what he had achieved.

He can still make it 6-for-6 at two Olympics if he leads his nation to victory in the relay.

"It's all about the 4x100 now," Bolt said, "to have some fun and go out there and do our best."

THE ASSOCIATED PRESS

Quoted

"The guy is just on another planet right now."

Wallace Spearmon, of the U.S., on Usain Bolt

Crossing the finish line

19.32

Bolt's winning time in the 200-metre final — just .02 seconds slower than his winning mark at the Beijing Olympics

Tory Nyhaug. Canadian just misses making Olympic BMX semifinals

Canadian Tory Nyhaug, who sacrificed his spleen for his sport just two months ago, missed out on the semi-finals of the rough-and-tumble sport of Olympic BMX racing by a single point Thursday.

The 20-year-old from Coquitlam won his fifth and final run to finish with 19 points. But Latvian Rihards Veide finished right behind him to push his total to 20 points and become the fourth and last rider out of their eight-man heat to advance.

"I have no regrets and I fought right till the end. I have to be proud of myself."

Nyhaug finished third, seventh, sixth, third and first in his five runs, while the Latvian was sixth, fourth, third, fourth and second.

The 32-man field was divided into four heats of eight riders apiece for the quarter-finals, held under a burning sun. Four riders from each group eventually moved on.

Between heats, a DJ played music for the crowd and talked up the "redonkulous" riders.

BMX (from bicycle motocross) made its Olympic debut four years ago in Beijing. THE CANADIAN PRESS

An emotional Christine Sinclair, left, celebrates with teammates after Canada won the bronze medal Thursday at the London Olympics. STEVE RUSSELL/TORSTAR NEWS SERVICE

Canadians cap off amazing turnaround

Women's soccer. Team captures Olympic bronze one year after crashing out of the World Cup

John Herdman has a picture of Christine Sinclair in his home office in Vancouver from last summer's World Cup. Canada's captain has her head in her hands, her face twisted in anger and despair.

When Herdman took over as coach of the Canadian women's soccer team last fall, he promised his players he would use that photo as his motivation.

"I'll never see a player of that quality in that state after a tournament," Herdman says he told them. "It's great to see Christine smiling, you know?"

The Canadians will be smiling for a long time to come after capturing a bronze medal with a 1-0 win over France at the London Summer Games on Thursday — the first time a Canadian soccer team has ever climbed an Olympic podium, and a remarkable turnaround for a squad that only a year ago was in tatters after its disastrous World Cup performance.

"Christine had the quote that's been inspiring us all: 'You can't be great until you've achieved great things.' Getting the medal today was that great thing," Herdman said.

Just when the game appeared headed for extra time — which would have been bad news for the gassed Canadians — 28-year-old Diana Matheson pounced on Canada's lone scoring chance, running onto a deflection off a French defender from a Sophie Schmidt shot, firing a low hard ball past French goalkeeper Sarah Bouhaddi.

Rhian Wilkinson tossed the Oakville, Ont., native — all five-feet of her — over her shoulder like a sack of flour in celebration.

"I have no idea what happened. I can't remember it," Matheson said. "I think the ball came down the left and I was in the right place at the right time. The ball was right there, the net was basically open, it definitely was in slow motion."

The bronze marks the country's first Summer Games medal in a traditional team sport since a silver in men's basketball in 1936.

It was also the redemption the Canadians had been dreaming of after hitting what they say was "rock bottom" at the World Cup. They went winless, mathematically eliminated in a 4-0 thrashing by the same France squad they beat Thursday at City of Coventry Stadium.

THE CANADIAN PRESS

Record goal tally

Christine Sinclair set the women's Olympic record for tournament goals scored with six, including a hat trick in the semifinals.

Quoted

"It felt like a dream. It feels unreal right now."

Midfielder Diana Matheson on scoring the bronze-medal-clinching goal for Canada

United States' Abby Wambach celebrates against Japan Thursday in London. THE ASSOCIATED PRESS

U.S. gets revenge against Japan

The U.S. women's soccer team won its third straight Olympic gold medal Thursday, beating Japan 2-1 in a rematch of last year's World Cup final and avenging the most painful loss in its history.

Carli Lloyd scored early in both halves, Hope Solo and dived to make saves, and the entire roster found the redemption it had been seeking since that penalty-kick shootout loss in Germany last summer.

Yuki Ogimi answered for Japan in the 63rd minute

Before 80,203 at Wembley Stadium, a record crowd for a women's soccer game at the Olympics, the teams put on a back-and-forth, don't-turn-your-head showcase, proving again that these are the two premier teams in the world. Women's soccer is still in its formative stages in Britain, but the match proved more than worthy for the hallowed grounds of the beautiful game.

The U.S. team has won four of the five Olympic titles since women's soccer was introduced at the 1996 Atlanta Games, settling for mere silver at the 2000 Games in Sydney.

THE ASSOCIATED PRESS

Verbeek settles for second silver with a smile

Canadian freestyle wrestler Tonya Verbeek had been in this situation before.

She wrestled for gold in her Olympic debut at the 2004 Games in Athens and was devastated when she came up short. While Verbeek settled for second place again in London, rarely has a silver medallist seemed so happy after a loss.

"I promised myself that leading in to this Olympics, that I'm going to give my everything and the result will take care of itself," Verbeek said. "You have to embrace that."

She seemed at peace as she walked to the mat for Thursday's final against Olympic champion Saori Yoshida, who has simply dominated the 55-kilogram division over the last decade.

Verbeek looked around the packed ExCeL London North Arena 2 venue as the crowd buzzed with excitement. This would be her final Olympic bout and win or lose, she was going to take in the moment.

Quoted

"I really did feel good out there, I was enjoying it. I was soaking it all up. The stadium was incredible"

Tonya Verbeek on her final Olympic bout

Yoshida had the backing of the pro-Japanese crowd and there was a roar when she scored a three-point takedown in the first round. She outscored Verbeek again in the second round to win her third straight Olympic title.

It was Canada's second women's freestyle wrestling medal of the Games after B.C.'s Carol Huynh won bronze in the 48-kilo division on Wednesday.

Verbeek has yet to beat Yoshida in nine career meetings. The 29-year-old Japanese star has won the world title at 55 kilos nine of the last 10 years.

THE CANADIAN PRESS

Tonya Verbeek, right, competes against Saori Yoshida for the gold medal in 55-kg women's freestyle wrestling in London. PAUL SANCYA/THE ASSOCIATED PRESS

Diving

Benfeito flubs her 'most stable' dive

It's a moment that Meaghan Benfeito says will haunt her forever.

After finishing second in the semifinals, the Montreal native flubbed her first dive in the final of the women's 10-metre platform event at the London Olympics on Thursday.

She was never able to recover from the miss and ended up finishing 11th.

"It's going to be awhile before I get over it because it's a dive I'm capable of doing extremely well," said Benfeito, who scored a dismal 49.5 on her forward 3 1/2 somersault.

"It's my most stable dive, my best, the one in which I have the most confidence. That's why it hurts. In practice, before the final, I was doing it well. I was ready to dive — maybe a bit too much, I think." THE CANADIAN PRESS

Meaghan Benfeito reacts Thursday in the women's 10-metre platform final. THE CANADIAN PRESS

Mark de Jonge savours Olympic trip after injury

Kayaker. Broke middle finger just three weeks ahead of Canadian Olympic trials at Lake Lanier, Ga.

Not many of us exercise with an 80-pound dumbbell. Even fewer drop one on their finger and still make it to the Olympics. Perhaps only Mark de Jonge can lay claim to both.

Restored to health, the muscular 28-year-old from Halifax opens his Olympic campaign on Friday in the K-1 200-metre heats.

His Olympic dream seemed over in mid-April when he broke the middle finger of his left hand. He was doing a dumbbell bench press on one side when he lost his balance.

"It was kind of a freak accident," he said. "I've done (that exercise) so many times before."

He put his hand down on the ground for balance, having to throw the weight away to do so. Unfortunately it did not go as far as he had planned.

One side of the dumbbell hit the ground. The other smashed his hand.

Quoted

"It made me wake up every day thinking 'OK, I need to do everything that I can to get faster today.' And that's kind of stayed with me on the water now too."

Canadian kayaker Mark de Jonge

The good news was that it was a small break and the bone wasn't displaced.

But at the time — the accident during a training camp in Indian Harbour Beach, Fla. — he feared missing out on London.

He remembers waiting for the X-rays fervently hoping his hand was just bruised.

"The doctor just came in and bluntly said 'Yup, you won't be paddling for six to eight weeks.' I just sank down into the chair. But I had a whole bunch of people looking after me.... Just knowing that there was so many people that were the best at what they do, all behind me, gave me a lot of confidence going through that."

THE CANADIAN PRESS

Halifax's Mark de Jonge. JEFF HARPER/FOR METRO IN HALIFAX

Taking the battle to the air

Brazil's Diogo Silva, right, fights Iran's Mohammad Bagheri Motamed during their semifinal round match in men's 68-kg taekwondo competition on Thursday. Silva won the match but lost to Terrence Jennings of the U.S. for the bronze medal later in the day.

NG HAN GUAN/THE ASSOCIATED PRESS

Equestrian

Officials stand by decision to DQ Canadian rider

The head of equestrian's world governing body is defending the decision to disqualify a Canadian rider's horse at the London Olympics.

Tiffany Foster's horse Victor was found to have hypersensitivity in his left front leg due to a small scratch shortly before Sunday's team competition.

While Canadian officials have argued Victor was fit to compete, FEI secretary general Ingmar De Vos said he believes disqualification was the right decision.

"Disqualification of an athlete will always spark speculation, but in the case of Tiffany Foster's horse Victor the protocol established very clearly that this was an obvious case of hypersensitivity," De Vos said in a statement Thursday.

"This was a unanimous decision, supported by four highly qualified veterinarians who specialize in testing for hypersensitivity using a system that has been monitoring FEI competitions since 2005."

Canada's appeal of the decision was denied and a devastated Foster was knocked out of the London Games, enraging her teammates.

THE CANADIAN PRESS

3 to watch this weekend

Synchronized swimming

Canada will look to nudge its way onto the podium in the team synchronized swimming competition. The Canadians were fourth after Thursday's technical routine.
Time: 7 a.m., Friday
Channel: Sportsnet

Men's 4x100-metre relay

Usain Bolt has left Jamaican teammate Yohan Blake to settle for silver in the 100- and 200-metre sprints. Now the pair will team up in the 4x100 relay to try to cement Jamaica's status as the fastest country in the world.
Time: 1 p.m., Saturday
Channel: CTV

Men's basketball

It's a battle for world supremacy. The U.S., Argentina, Russia or Spain will take home gold. Suffice it to say, if it's not LeBron James and the rest of his NBA-stacked team, it will be a huge disappointment in the States.
Time: 3 a.m. (bronze), 7 a.m. (gold), Sunday.
Channel: CTV

Day 13 results

MEDAL STANDINGS

238 of 302 total medal events

Nation	G	S	B	Tot
United States	39	25	26	90
China	37	24	19	80
Russia	12	21	23	56
Britain	25	13	14	52
Germany	10	16	11	37
Japan	5	14	14	33
France	8	9	12	29
Australia	6	13	10	29
South Korea	12	7	6	25
Italy	7	6	6	19
Netherlands	5	5	6	16
Canada	**1**	**5**	**10**	**16**
Hungary	8	4	3	15
Spain	2	7	2	11
Brazil	2	2	7	11
Belarus	3	3	4	10
New Zealand	3	2	5	10
Ukraine	3	1	6	10
Kazakhstan	6	0	3	9
Iran	4	4	1	9
Jamaica	3	3	3	9
Romania	2	5	2	9
Denmark	2	4	3	9
Poland	2	1	6	9
Cuba	3	3	2	8
Czech Republic	2	3	3	8
Kenya	2	2	3	7
Sweden	1	3	3	7
Colombia	0	3	3	6
North Korea	4	0	1	5
South Africa	3	1	1	5
Mexico	0	3	2	5
Azerbaijan	0	2	3	5
Croatia	2	1	1	4
Ethiopia	2	0	2	4
Slovenia	1	1	2	4
India	0	1	3	4
Slovakia	0	1	3	4
Switzerland	2	1	0	3
Georgia	1	1	1	3
Norway	1	1	1	3
Armenia	0	1	2	3
Belgium	0	1	2	3
Mongolia	0	1	2	3
Dominican Republic	1	1	0	2
Ireland	1	0	1	2
Lithuania	1	0	1	2
Turkey	1	0	1	2
Egypt	0	2	0	2
Estonia	0	1	1	2
Indonesia	0	1	1	2
Malaysia	0	1	1	2
Serbia	0	1	1	2
Taiwan	0	1	1	2
Thailand	0	1	1	2

WHAT CANADA DID

Thursday at the 2012 London Olympics

ATHLETICS

Men's decathlon — Damian Warner set a personal best score of 8,442 points to finish fifth overall in the event — five points out of fourth place.
Women's 800 — Jessica Smith, North Vancouver, B.C., failed to advanced after placing 22nd overall in the semifinals (2:01.90).
Women's javelin — Elizabeth Gleadle, Vancouver, was 12th in the final with a best throw of 58.78 metres.

CANOE/KAYAK

Women's kayak singles 500 — Emilie Fournel, Lachine, Que., finished sixth in the B-final with a time of 1:56.058.

CYCLING

Men's BMX — Tory Nyhaug of Coquitlam, B.C., finished fifth in his quarter-final heat and failed to advance.

DIVING

Women's 10-metre platform — Roseline Filion, Laval, Que., finished 10th in the final with a score of 349.10 points; Meaghan Benfito, Montreal, was 11th (345.15).

GYMNASTICS (RHYTHMIC)

Team — Canada (Katrina Cameron, Mississauga, Ont.; Rose Cossar, Anastasiya Muntyanu and Anjelika Reznik, all Toronto; Alexandra Landry, Ajax, Ont.; and Kelsey Titmarsh, Thornhill, Ont.) are 12th following the first rotation of qualifying with 24.050 points.

SOCCER

Women — Canada won the bronze medal with a 1-0 victory over France. Midfielder Diana Matheson of Oakville, Ont., scored the game's lone goal over a minute into injury time to secure the Canadians spot on the podium.

SWIMMING

Women's 10-kilometre marathon — Zsofia Balazs, Toronto, finished 18th with a time of 2:01:17.8.

SYNCHRONIZED SWIMMING

Team — Canada (Marie-Pier Boudreau Gagnon, Riviere-du-Loup, Que.; Jo-Annie Fortin, Montreal; Chloe Isaac, Brossard, Que.; Stephanie Leclair, Gatineau, Que.; Tracy Little, Pointe-Claire, Que.; Elise Marcotte, Quebec City; Karine Thomas, Gatineau, Que.; Valerie Welsh, Saint-Nicolas, Que.; and Stephanie Durocher, Repentigny, Que.), finished in fourth in the event with a score of 94.400.

WRESTLING

Women's 55-kilogram freestyle — Tonya Verbeek, Thorold, Ont., won a silver medal after losing to Japan's Saori Yoshida 3-0, 2-0, (points) in the gold-medal match.
Women's 72-kg freestyle — Leah Callahan, Calgary, was eliminated after losing in the quarter-finals to Burmaa Ochirbat of Mongolia, 3-0, 5-0 (points).

SOCCER

WOMEN

BRONZE MEDAL MATCH
Thursday, Aug. 9
At Coventry, England
Canada 1, France 0
GOLD MEDAL MATCH
Thursday, Aug. 9
At Wembley, England
United States 2, Japan 1

CANADA 1, FRANCE 0

Canada	**0**	**1**	**—1**
France	**0**	**0**	**—0**

First Half—None.
Second Half—1, Canada, D.Matheson, 90+2.
Yellow Cards—C.Abily, France, 90.
Red Cards—None.
Referee—Jenny Palmqvist, Sweden. **Assistant Referees**—Anna Nystrom, Sweden; Helen Karo, Sweden. **Fourth Official**—Quetzalli Alvarado, Mexico.

MEN

BRONZE MEDAL MATCH
Friday, Aug. 10
At Cardiff, Wales
Japan vs. South Korea, 2:45 p.m.
GOLD MEDAL MATCH
Saturday, Aug. 11
At Wembley, England
Mexico vs. Brazil, 10 a.m.

BASKETBALL

WOMEN

Thursday, Aug. 9
SEMIFINALS
United States 86, Australia 73
France 81, Russia 64
BRONZE MEDAL GAME
Saturday, Aug. 11
Australia vs. Russia, Noon
GOLD MEDAL GAME
United States vs. France, 4 p.m.

MEN

Friday, Aug. 10
Semifinals
Russia vs. Spain, Noon
Argentina vs. United States, 4 p.m.
Sunday, Aug. 12
Bronze Medal, 6 a.m.
Gold Medal, 10 a.m.

Mercedes-Benz
Wheel Alignment Special

Special Includes:

- A complete all-inclusive four wheel alignment on your Mercedes-Benz, to ensure your vehicle is as prepared as you are for the road ahead.

Starting from $199*

Mercedes-Benz

Mercedes-Benz Service and Parts Locations

Inquiries 604-331-BENZ (2369) | mbvancouver.ca

Mercedes-Benz Vancouver
1395 W. Broadway, Vancouver

Mercedes-Benz Boundary
1325 Boundary Road, Vancouver

Mercedes-Benz Richmond
13466 Verdun Place, Richmond

Mercedes-Benz North Shore
1375 Marine Drive, North Vancovuer

*Taxes extra. Offer valid until August 31, 2012 only from Mercedes-Benz Vancouver Area Retail Corporate Stores.

Horoscopes

♈ Aries
March 21 - April 20
Today, you will be even more daring and adventurous than you usually are. Trust that fate is on your side (it is) and that if you take the occasional calculated risk, it is more likely than not to pay off.

♉ Taurus
April 21 - May 21
Try not to make life too complicated, especially on the home front where loved ones will happily go along with your plans so long as they feel they are a part of them. If they're not, why not?

♊ Gemini
May 22 - June 21
You should find it easier to be more outgoing and expressive now that both the Sun and Mercury, your ruler, are moving in your favour. Your social life is about to get even busier and you will profit from new friendships.

♋ Cancer
June 22 - July 23
Life has been quite exhausting of late and you could do with a rest. So take one. It does not matter that other people think you should be running here, there and everywhere. Tell them to get lost.

♌ Leo
July 24 - Aug. 23
Your mind is now clear enough to see that whatever successes you have in the future will come from the decisions and the efforts you make today, tomorrow and over the next few weeks. So get moving.

♍ Virgo
Aug. 24 - Sept. 23
You may be eager to push ahead with certain ideas but the planets urge you to slow down a bit. You cannot possibly do all the things you would like to do, so be selective. Difficult choices are called for.

♎ Libra
Sept. 24 - Oct. 23
With the Sun moving through the area of your chart that governs friendships, you will see how necessary it is to forge alliances with like-minded people. Together you can do something special.

♏ Scorpio
Oct. 24 - Nov. 22
Certain people are taking you for granted and it's got to stop. That applies especially to your work and career where it seems you are not getting the recognition you deserve. Do something to get yourself noticed today.

♐ Sagittarius
Nov. 23 - Dec. 21
The Sun's move through one of the more outspoken areas of your chart means you'll let everyone know what you think about what's going on in the world. Some will be offended but all will admire your willingness to speak out.

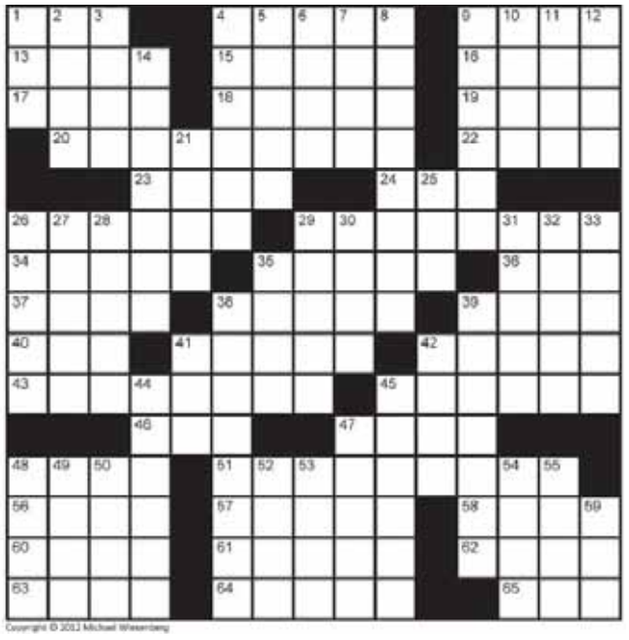
♑ Capricorn
Dec. 22 - Jan. 20
The Sun in Leo at this time of year helps you to look inside yourself and focus on issues you usually prefer to ignore. Don't be afraid to face your demons — chances are they don't really exist.

♒ Aquarius
Jan. 21 - Feb. 19
Cosmic activity in your opposite sign will help you see things not only from your point of view but also from the point of view of others. Their worldview is not so very different to your own.

♓ Pisces
Feb. 20 - March 20
Listen to what your body is telling you today and if it tells you to slow down or not do so much, don't be a fool and ignore it. It's important that you keep physically and mentally fit. SALLY BROMPTON

Crossword: Geography

BY MICHAEL WIESENBERG



Across
1. Bon ___: witticism
4. 24-hour cable news channel
9. Seep
13. BC's Moody or Ontario's Arthur (cities)
15. "Don't try to be ___": "Stay out of it or you'll get hurt" (2 wds.)
16. Odin's eldest
17. "Scat!"
18. Clothing size indicator
19. Chisel or hammer
20. Ontario Shakespeare Festival home
22. "Alas!" (2 wds.)
23. Brief memorial column
24. Day's coolest temperature
26. 12-step-program support group
29. BC's fruit-producing valley
34. God
35. "What ___ About You": The Romantics hit (2 wds.)
36. Dashboard distance gauge, shortly
37. "The Biggest Little City in the World"
38. Confuse
39. Car top
40. Bill from 1-Down
41. Iron alloy
42. Mystery or romance
43. BC ski resort
45. "Wait ___ what happens": "Be patient" (2 wds.)
46. "___ Lazy River" (2 wds.)
47. (Just) slightly (2 wds.)
48. Exit or entrance
51. Part of NWT
56. Mideast ruler
57. *Survivor* group
58. Great Lake
60. Daily Planet reporter Lois
61. "What a piece of work ___!": *Hamlet* (2 wds.)
62. Knocks
63. Black
64. Expenses
65. Tupolev Tu-144, for one

Down
1. Canadian pols
2. ___ and aahs
3. Slow gait
4. Movie critic/historian Leonard
5. Arrow part
6. Mount from which Moses viewed the Promised Land (BONE anagram)
7. Uncle Remus character ___ Rabbit
8. NE Alberta city named for nearby body of (chilly) water (2 wds.)
9. Parliament's home
10. "Don't look now, but..." (2 wds.)
11. Camcorder feature
12. Mystery's ___ Stanley Gardner
14. Canada's largest city
21. "It's ___!": birth announcement (2 wds.)
25. Single
26. "Call it ___": there's no winner (2 wds.)
27. Parasite
28. "___ a stinker?": Bugs Bunny line (2 wds.)
29. "___ and wiser"
30. Murder
31. Gangland thugs
32. Worship
33. "Payment not required" (2 wds.)
35. ___ fixe: obsession
38. East Coast ocean
39. Alberta's third-largest municipality (2 wds.)
41. Oil or gas additive
42. Chew a bone
44. BC's second-largest city by population
45. Greek capital
47. Ready to hit the baseball (2 wds.)
48. Bagels and lox seller
49. Muscat's state
50. Pig sound
52. Approximately (2 wds.)
53. Brinks
54. Ladies of Spain: abbr.
55. What cabbies and waiters live on
59. 9-Down time

Copyright © 2012 Michael Wiesenberg

Yesterday's crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	7		4		3		6	
2			5		1			9
	8			9			2	
		6				3		
4	1						5	6
		8				7		
	3			6			1	
6			9		8			7
	4		3		2		8	

Yesterday's Sudoku

6	1	2	4	8	5	7	9	3
3	9	5	2	1	7	8	4	6
7	4	8	3	9	6	1	2	5
8	3	4	7	5	9	6	1	2
1	2	7	8	6	3	4	5	9
9	5	6	1	2	4	3	8	7
2	7	3	5	4	8	9	6	1
4	6	1	9	7	2	5	3	8
5	8	9	6	3	1	2	7	4

Today 23°/15° Sunny
Saturday 23°/16° Sunny
Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2012

FLIGHT CENTRE Unbeatable
Las Vegas Air + 3 Nights
$342 from
incl $219 base + $123 taxes & fees
INCLUDES accom on the Strip.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex: Vancouver. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. BC REG: #HO2790

Times Telecom & Bell Mobility Present...
The 2012 Times Telecom & Bell Mobility
SUMMER NIGHT MARKET IN RICHMOND
Voted one of the TOP NIGHT MARKETS IN THE WORLD!
Featuring Jeff Laing this weekend at the Summer Night Market & Times Telecom Idols!
Tons of prizes from Pepsi, Dandi Pak, Church's Chicken, Capilano Bridge and much more every night! Admission is always free!
For more info, check out SummerNightMarketcom.
FREE ADMISSION!
Check out SummerNightMarket.com or call 604.278.8000 for Vendor and Sponsorship information.
12631 VULCAN WAY

WagJag.com

DEAL OF THE DAY!

GET DEALS ON YOUR PHONE: Made for iPhone

Multiple Offers

THE HOCKEY NEWS: TWO OPTIONS
OPTION 1: $23 FOR A 1-YEAR SUBSCRIPTION TO THE HOCKEY NEWS | OPTION 2: $6 FOR A 4-ISSUE SUBSCRIPTION TO THE HOCKEY NEWS FULLY LOADED

Regular Price: $53

You Save: $30

Discount:
57%

REJUVENATION CENTRE: TWO OPTIONS
OPTION 1: $29 FOR 1 ACUPUNCTURE SESSION
OPTION 2: $69 FOR 3 ACUPUNCTURE SESSIONS

$59 FOR AN APP BUILDING COURSE FOR ANDROID AND IPHONE FROM ECAREERS
(A $478 VALUE)

$39 FOR A 14-HOUR ONLINE DIGITAL PHOTOGRAPHY OR ADOBE CERTIFICATION COURSE FROM PHOTO ART STUDIO
(A $450 VALUE)

WagJag Grocers

$12 FOR A PACK OF PAMPERS SPLASHERS DIAPERS PLUS A $10 WELL.CA GIFT CARD
(A $26.99 VALUE) - SHIPPING INCLUDED

Brought to you by: Well.ca

Visit: WagJag.com

Follow us on: facebook.com/wagjag @wagjagvancouver

Hurry to WagJag.com to purchase local deals before time runs out.

The price you

At Flight Centre our pricing has nothing to hide.
All advertised prices include all taxes and fees!

FLIGHT CENTRE® *Unbeatable*

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free.†

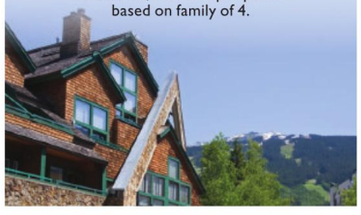
Airfares

Las Vegas
from **$172***
incl $104 base + $68 taxes & fees

Los Angeles	from $366 incl $258 base + $108 taxes & fees
San Francisco	from $381 incl $258 base + $123 taxes & fees
San Diego	from $465 incl $338 base + $127 taxes & fees
Puerto Vallarta	from $479 incl $139 base + $340 taxes & fees
Miami	from $495 incl $358 base + $137 taxes & fees
Toronto	from $506 incl $269 base + $237 taxes & fees
Chicago	from $512 incl $379 base + $133 taxes & fees
Honolulu	from $557 incl $429 base + $128 taxes & fees
Montreal	from $619 incl $444 base + $175 taxes & fees
London	from $723 incl $149 base + $574 taxes & fees
Amsterdam	from $790 incl $299 base + $491 taxes & fees
Costa Rica	from $808 incl $499 base + $309 taxes & fees
Frankfurt	from $847 incl $289 base + $558 taxes & fees
Hong Kong	from $929 incl $620 base + $309 taxes & fees
Bangkok	from $1069 incl $622 base + $447 taxes & fees
Tokyo	from $1239 incl $519 base + $720 taxes & fees
Auckland	from $1343 incl $608 base + $735 taxes & fees
Sydney	from $1369 incl $445 base + $924 taxes & fees

Local Vacations

Whistler Family Special
3 Nights 4-Star
from **$86**◊
taxes & fees included



INCLUDES Whistler Village accom with fully equipped kitchenette. **ADD** tree trek canopy walk from $44. Price per person based on family of 4.

Victoria Family Special
2 Nights — from $109◊ taxes & fees included
INCLUDES Inner Harbour accom. **UPGRADE** to 4-star accom from $8 per night. Price per person based on family of 4. **BOOK** this package based on double occupancy from $232.

Tofino 2 Nights — from $153 taxes & fees included
INCLUDES accom on the peninsula.

Harrison Hot Springs
2 Nights — from $173 taxes & fees included
INCLUDES central accom.

Osoyoos 3 Nights 4-Star — from $222 taxes & fees included
INCLUDES 1-bedroom suite accom in South Okanagan.

Sunshine Coast 2 Nights — from $249 taxes & fees included
INCLUDES accom at the Best of B.C. Wilderness Resort award winner.

Kelowna 2 Nights 4-Star — from $288 taxes & fees included
INCLUDES lakefront accom.
ADD Summerhill Winery tour from $11.

Europe

Munich & Frankfurt
Oktoberfest, Air + 7 Nights
from **$1733**
incl $1059 base + $674 taxes & fees
INCLUDES all airfare, 3 nights Munich accom close to public transportation, 4 nights Frankfurt accom close to Gallus Quarter.

Amsterdam
Air + First 2 Nights — from $899 incl $408 base + $491 taxes & fees
INCLUDES central accom near Rembrandtsplein.

London Air + 6 Nights — from $1153 incl $578 base + $575 taxes & fees
INCLUDES Russell Square accom.
ADD London Eye ticket from $33.

United Kingdom
Air + 7 Nights + Car — from $1374 incl $799 base + $575 taxes & fees
INCLUDES car rental to explore England, Scotland, Wales with hotel & inn accom.

USA

Las Vegas Air + 3 Nights
from **$342**
incl $219 base + $123 taxes & fees
INCLUDES accom on the Strip.

Orange County
Air + 3 Nights 4-Star — from $601 incl $479 base + $122 taxes & fees
INCLUDES accom on Huntington Beach.
ADD Hollywood city pass from $66.

Palm Springs
Air + 3 Nights 4-Star — from $612 incl $469 base + $143 taxes & fees
INCLUDES downtown accom near restaurants and shopping.

San Francisco Air + 3 Nights — from $662 incl $498 base + $164 taxes & fees
INCLUDES Union Square accom. **UPGRADE** to 4-star accom from $66 per night. **ADD** Golden Gate Bay cruise from $20.

San Diego Air + 3 Nights — from $748 incl $594 base + $154 taxes & fees
INCLUDES business district accom and airport transfers. **UPGRADE** to 4-star from $52 per night. **ADD** zoo admission from $50.

Napa Valley
Air + 3 Nights + Car — from $763 incl $650 base + $113 taxes & fees
INCLUDES accom in wine country and 3-day car rental with unlimited mileage. **UPGRADE** to 4-star accom from $53 per night. **ADD** Grgich Hills winery tour from $166.

Chicago Air + 3 Nights 4-Star — from $818 incl $689 base + $129 taxes & fees
INCLUDES central accom. **ADD** land and lake tour from $85.

Theme Park Vacations

Anaheim
Family Special, Air + 4 Nights
from **$305**◊
incl $231 base + $74 taxes & fees
INCLUDES accom near theme parks. Price per person based on family of 4. **ADD** *Disneyland* Resort 3-day 1-Park Per Day Ticket from $222/adult, $207/child (ages 3-9). **BOOK** this package based on double occupancy from $536.

Orlando Family Special
Air + 7 Nights — from $699◊ incl $563 base + $136 taxes & fees
INCLUDES central accom with free transportation to major attractions. Price per person based on family of 4. **ADD** Universal 2-Day Base Ticket $131/adult, $120/child (ages 3-9). **BOOK** this package based on double occupancy from $785.

Hawaii

Kauai Air + 7 Nights
from **$1078**
incl $949 base + $129 taxes & fees
INCLUDES accom on Kauai's Coconut Coast near boutiques and restaurants.

Oahu & Maui
Air + 7 Nights — from $1099 incl $959 base + $140 taxes & fees
INCLUDES 4 nights Honolulu accom in the heart of Waikiki, inter-island flight and 3 nights Maui condo accom in Kihei.

Oahu & Kona
Air + 7 Nights — from $1139 incl $999 base + $140 taxes & fees
INCLUDES 4 nights Honolulu accom in the heart of Waikiki, inter-island flight and 3 nights Kona accom on the Kohala Coast.

Kauai & Hawaii Island
Air + 7 Nights — from $1229 incl $1085 base + $144 taxes & fees
INCLUDES 4 nights accom Kauai's Coconut Coast, inter-island flight and 3 nights Kona accom on the Kohala Coast.

The HAWAIIAN ISLANDS

Cruise & Stays

Seattle
1 Night + 1-Night Cruise
from **$280**
incl $218 base + $62 taxes & fees
INCLUDES bus transfer to Seattle, 4-star central accom and cruise sailing from Seattle to Vancouver.

Las Vegas
Air + 3 Nights + 2-Night Cruise — from $668 incl $559 base + taxes & fees $109
INCLUDES 2-night cruise sailing Vancouver to San Francisco, all airfare and 3 nights Vegas accom on the Strip. **UPGRADE** to balcony stateroom and 4-star accom from $29 per night

Panama Canal
Air + 3 Nights + 19-Night Cruise — from $1869 incl $1455 base + $414 taxes & fees
INCLUDES 19-night cruise sailing from Vancouver to Fort Lauderdale visiting Victoria, San Diego, Puerto Vallarta (Mexico), Huatulco (Mexico), Puerto Chiapas (Mexico), Puerto Quetzal (Guatemala), Corinto (Nicaragua), Balboa (Panama), Cruising Panama Canal, Cristobal (Panama) and Oranjestad (Aruba), 3 nights Fort Lauderdale accom and return airfare. **UPGRADE** to 4-star accom and oceanview stateroom from $46 per night.

1 877 583 5444
850 Travel Experts across Canada.

flightcentre.ca
More great deals online!

Visit us in store.
170 stores across Canada.

Join our Insider Club for hot deals. Text **YVR** to **131 600**

*Conditions apply. Ex: Vancouver. *Ex: Bellingham. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price per person based on quad occupancy (2 adults & 2 children ages 2-17). †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #H02790*